

# OSA Mental Health - Peer Recovery Specialist McLENNAN COMMUNITY COLLEGE

2022-2023

## **Degree Description**

This award offers specific coursework leading to recognition as a Peer Support Specialist. It includes courses to build both general counseling skills and applicable knowledge in substance abuse and recovery.

Summer-1 Session	Hours
DAAC 1317 Basic Counseling Skills	3 hours
DAAC 1304 Pharmacology of Addiction	3 hours
DAAC 1319 Substance-Related & Addictive Disorders	3 hours
DAAC 2307 Addicted Family Intervention	3 hours
	12 hours

Total hours: 12 hours

## **Course Descriptions**

#### **DAAC 1317 Basic Counseling Skills**

An overview and application of the basic counseling skills. Semester Hours 3 (3 lec)

### **DAAC 1304 Pharmacology of Addiction**

Emphasizes pharmacological effects of addiction, tolerance, dependence, cross addiction, drug interaction, withdrawal, and recovery. Describes the psychological and physiological effects of substance use and behaviors. Semester Hours 3 (3 lec)

#### **DAAC 1319 Substance-Related & Addictive Disorders**

An overview of causes and consequences of substance-related and addictive disorders, the major drug classifications, and the counselor's code of ethics. Semester Hours 3 (3 lec)

#### **DAAC 2307 Addicted Family Intervention**

Examination of family systems focusing on the effects of addiction and recovery. Semester Hours 3 (3 lec)