

# Certificate of Completion Mental Health

2023-2024

## McLENNAN COMMUNITY COLLEGE

## **Degree Description**

Successful completion of this program opens doors to employment or a better position in social welfare, governmental and community service agencies. Graduates can make significant contributions wherever people are employed to help others with social- and mental health-related situations.

A grade of C or better is required for all mental health courses for graduation.

Marketable Skills

1. Understand basic concepts of populations cared for in the mental health field.

2. Demonstrate professional and ethical behaviors of mental health workers.

3. Refer clients to appropriate community resources.

Semester I	Hours
SCWK 1321 Orientation to Social Service	3 hours
DAAC 1304 Pharmacology of Addiction	3 hours
DAAC 1317 Basic Counseling Skills	3 hours
SCWK 1303 Ethics for Social Service Professionals	3 hours
CMSW 1309 Problems of Children and Adolescents	3 hours
	15 hours

Semester II	Hours
PMHS 1291 Special Topics in Psychiatric/Mental Health Services	2 hours
CMSW 1353 Family Intervention Strategies OR DAAC 2307 Addicted Family Intervention	3 hours
GERS 1301 Introduction to Gerontology	3 hours
CMSW 1323 The Exceptional Person OR SCWK 2307 Human Behavior and Social Environment	3 hours
DAAC 2330 Multicultural Counseling	3 hours
	14 hours

Summer Semester	Hours
SCWK 2301 Assessment and Case Management	3 hours
PMHS 1267 Practicum - Psychiatric/Mental Health Services Tech	2 hours
	5 hours

Total hours: 34 hours

# **Course Descriptions**

## SCWK 1321 Orientation to Social Service

Introduction to the basic concepts, information, and practices within the field of social services. Topics include the historical development of social services, populations served by social service workers, and review of current treatment and/or services. Semester Hours 3 (3 lec)

#### **DAAC 1304 Pharmacology of Addiction**

Emphasizes pharmacological effects of addiction, tolerance, dependence, cross addiction, drug interaction, withdrawal, and recovery. Describes the psychological and physiological effects of substance use and behaviors. Semester Hours 3 (3 lec)

### DAAC 1317 Basic Counseling Skills

An overview and application of the basic counseling skills. Semester Hours 3 (3 lec)

#### SCWK 1303 Ethics for Social Service Professionals

Ethical considerations based on social and human services standards. Includes comparison of ethical codes, confidentiality, dual relationships, guidelines for web counseling, ethical considerations dealing with broadcast media, diversity, and multiculturalism. Semester Hours 3 (3 lec)

#### **CMSW 1309 Problems of Children and Adolescents**

Examine common problems and evaluate effective prevention and intervention models of at-risk children and youth. Topics include: social, family, educational systems impact, juvenile delinquency, teen sexuality, mental health including addictive behaviors to promote wellness. Semester Hours 3 (3 lec)

### PMHS 1291 Special Topics in Psychiatric/Mental Health Services

Topics address recently identified current events, skills, knowledge, and/or attitudes and behaviors pertinent to the technology or occupation and relevant to the professional development of the student. This course was designed to be repeated multiple times to improve student proficiency. The student will participate in an orientation to the Mental Health program and practicum classes. Activities will be conducted and assignments will be made during orientation. Semester Hours 2 (2 lec/1 lab)

#### **CMSW 1353 Family Intervention Strategies**

Study of family dynamics and current intervention strategies. Semester Hours 3 (3 lec)

#### **DAAC 2307 Addicted Family Intervention**

Examination of family systems focusing on the effects of addiction and recovery. Semester Hours 3 (3 lec)

### **GERS 1301 Introduction to Gerontology**

Overview of the social, psychological, and biological changes that accompany aging. Focuses on the implications of these changes for the individual, as well as for the larger society. Semester Hours 3 (3 lec)

### **CMSW 1323 The Exceptional Person**

Study of physical, intellectual, and learning disabilities, sensory deficits, and the exceptionally gifted individual throughout the lifespan. Includes educational approaches and an introduction to the continuum of service delivery systems for various disabilities and conditions. Semester Hours 3 (3 lec)

### SCWK 2307 Human Behavior and Social Environment

Comprehensive analysis of human behavior and the social environment. Semester Hours 3 (3 lec)

### **DAAC 2330 Multicultural Counseling**

An examination of the multicultural counseling theories and characteristics of diverse populations. Semester Hours 3 (3 lec/0 lab)

#### SCWK 2301 Assessment and Case Management

Exploration of procedures To identify and evaluate an individual's and/or family's strengths, weaknesses, problems, and needs in order to develop an effective plan of action. Topics include oral and written communications essential for screening, assessment, and case management to determine the need for prevention, intervention, and/or referral. Semester Hours: 3 (3 lec)

#### PMHS 1267 Practicum - Psychiatric/Mental Health Services Tech

Practical, general workplace training supported by an individualized learning plan developed by the employer, college, and student. This course was designed to be repeated multiple times to improve student proficiency. Prerequisite: PMHS 1291 Semester Hours 2 (15 lab)