

# OSA Mental Health - Peer Recovery Specialist

2023-2024

### McLENNAN COMMUNITY COLLEGE

### **Degree Description**

This award offers specific coursework leading to recognition as a Peer Support Specialist. It includes courses to build both general counseling skills and applicable knowledge in substance abuse and recovery.

Summer-1 Session	Hours
DAAC 1317 Basic Counseling Skills	3 hours
DAAC 1304 Pharmacology of Addiction	3 hours
DAAC 1319 Substance-Related & Addictive Disorders	3 hours
DAAC 2307 Addicted Family Intervention	3 hours
	12 hours

Total hours: 12 hours

# **Course Descriptions**

### DAAC 1317 Basic Counseling Skills

An overview and application of the basic counseling skills. Semester Hours 3 (3 lec)

### DAAC 1304 Pharmacology of Addiction

Emphasizes pharmacological effects of addiction, tolerance, dependence, cross addiction, drug interaction, withdrawal, and recovery. Describes the psychological and physiological effects of substance use and behaviors. Semester Hours 3 (3 lec)

#### DAAC 1319 Substance-Related & Addictive Disorders

An overview of causes and consequences of substance-related and addictive disorders, the major drug classifications, and the counselor's code of ethics. Semester Hours 3 (3 lec)

#### **DAAC 2307 Addicted Family Intervention**

Examination of family systems focusing on the effects of addiction and recovery. Semester Hours 3 (3 lec)