

Certificate of Completion Mental Health/Youth Counseling

McLENNAN COMMUNITY COLLEGE

2023-2024

Degree Description

Successful completion of this program opens doors to employment or a better position in social welfare, governmental and community service agencies. Graduates can make significant contributions wherever people are employed to help others with social- and mental health-related situations.

This specialty emphasizes course work needed for employees or future employees in children/adolescent facilities. The curriculum addresses the needs and skills of persons in daily work with children/adolescents with emotional problems.

A grade of C or better is required for all mental health courses for graduation.

Marketable Skills

- 1. Understand basic concepts of populations cared for in the mental health field.
- 2. Differentiate among various disorders in DSM-5. (CT)
- 3. Apply the rapeutic techniques with clients seeking and receiving $% \left(1\right) =\left(1\right) \left(1\right)$

mental health services. (COM)

- 4. Demonstrate professional and ethical behaviors of mental health workers. (SR, PR)
- 5. Refer clients to appropriate community resources. (TW)

Semester I	Hours
SCWK 1321 Orientation to Social Service	3 hours
DAAC 1304 Pharmacology of Addiction	3 hours
DAAC 1317 Basic Counseling Skills	3 hours
SCWK 1303 Ethics for Social Service Professionals	3 hours
CMSW 1309 Problems of Children and Adolescents	3 hours
	15 hours

Semester II	Hours
PMHS 1291 Special Topics in Psychiatric/Mental Health Services	2 hours
CMSW 1353 Family Intervention Strategies	3 hours
CMSW 1323 The Exceptional Person	3 hours
SCWK 2307 Human Behavior and Social Environment	3 hours
DAAC 2330 Multicultural Counseling	3 hours
	14 hours

Summer Semester	Hours
SCWK 2301 Assessment and Case Management	3 hours
PMHS 1267 Practicum - Psychiatric/Mental Health Services Tech	2 hours
	5 hours

Total hours: 34 hours

Course Descriptions

SCWK 1321 Orientation to Social Service

Introduction to the basic concepts, information, and practices within the field of social services. Topics include the historical development of social services, populations served by social service workers, and review of current treatment and/or services. Semester Hours 3 (3 lec)

DAAC 1304 Pharmacology of Addiction

Emphasizes pharmacological effects of addiction, tolerance, dependence, cross addiction, drug interaction, withdrawal, and recovery. Describes the psychological and physiological effects of substance use and behaviors. Semester Hours 3 (3 lec)

DAAC 1317 Basic Counseling Skills

An overview and application of the basic counseling skills. Semester Hours 3 (3 lec)

SCWK 1303 Ethics for Social Service Professionals

Ethical considerations based on social and human services standards. Includes comparison of ethical codes, confidentiality, dual relationships, guidelines for web counseling, ethical considerations dealing with broadcast media, diversity, and multiculturalism. Semester Hours 3 (3 lec)

CMSW 1309 Problems of Children and Adolescents

Examine common problems and evaluate effective prevention and intervention models of at-risk children and youth. Topics include: social, family, educational systems impact, juvenile delinquency, teen sexuality, mental health including addictive behaviors to promote wellness. Semester Hours 3 (3 lec)

PMHS 1291 Special Topics in Psychiatric/Mental Health Services

Topics address recently identified current events, skills, knowledge, and/or attitudes and behaviors pertinent to the technology or occupation and relevant to the professional development of the student. This course was designed to be repeated multiple times to improve student proficiency. The student will participate in an orientation to the Mental Health program and practicum classes. Activities will be conducted and assignments will be made during orientation. Semester Hours 2 (2 lec/1 lab)

CMSW 1353 Family Intervention Strategies

Study of family dynamics and current intervention strategies. Semester Hours 3 (3 lec)

CMSW 1323 The Exceptional Person

Study of physical, intellectual, and learning disabilities, sensory deficits, and the exceptionally gifted individual throughout the lifespan. Includes educational approaches and an introduction to the continuum of service delivery systems for various disabilities and conditions. Semester Hours 3 (3 lec)

SCWK 2307 Human Behavior and Social Environment

Comprehensive analysis of human behavior and the social environment. Semester Hours 3 (3 lec)

DAAC 2330 Multicultural Counseling

An examination of the multicultural counseling theories and characteristics of diverse populations. Semester Hours 3 (3 lec/0 lab)

SCWK 2301 Assessment and Case Management

Exploration of procedures To identify and evaluate an individual's and/or family's strengths, weaknesses, problems, and needs in order to develop an effective plan of action. Topics include oral and written communications essential for screening, assessment, and case management to determine the need for prevention, intervention, and/or referral. Semester Hours: 3 (3 lec)

PMHS 1267 Practicum - Psychiatric/Mental Health Services Tech

Practical, general workplace training supported by an individualized learning plan developed by the employer, college, and student. This course was designed to be repeated multiple times to improve student proficiency. Prerequisite: PMHS 1291 Semester Hours 2 (15 lab)