

WACO, TEXAS

COURSE SYLLABUS AND INSTRUCTOR PLAN

FUNDAMENTAL OF COSMETOLOGY CSME 1405.01

Rosie Tull

An Equal Opportunity Institution

Fall 2019

Course Description:

CSME 1405 – Fundamentals of Cosmetology: A course in the basic fundamentals of Cosmetology. Topics include safety and sanitation, service preparation, manicure, facial, chemical services, shampoo, haircut, wet styling and comb out. Topics also include general anatomy and physiology.

The topics covered in this course are the history and career opportunities of Cosmetologists, life skills, professional image, communication, and infection control: principles and practices. Semester Hours 4 (2 lec/8 lab)

Prerequisites and/or Corequisites:

- A. Reading Assessment 809 or higher No remediation required
- B. High School Diploma or GED
- C. Meet all college entrance requirements

Course Notes and Instructor Recommendations:

- Most lab assignments require hands-on participation. The assignments can vary depending on the course. Students who register for Cosmetology courses should be prepared to physically engage in all practical assignments. Physical expectations include, but are not limited to:
- Standing for long periods of time
- Exposure to chemical vapors
- Sitting on a low stool to perform pedicures
- Ability to perform all practical skill requirements while gaining state mandated clock hours.
- Theory workbooks are due *prior* to each chapter test. Student will receive a grade of 100 if workbook is 100% complete and a zero will be given if in-complete. If workbook is not turned in prior to test, a grade of 50 will be given if 100% complete and turned in prior to next theory class.
- When servicing clients, student's appearance must be professional. Hair must be styled neatly and makeup must be worn (for female students). This will be considered part of your uniform requirements.
- Students are expected to participate in lecture/theory class. *Working on homework, workbooks, or other assignments during theory is unacceptable.* Points will be deducted from student's professionalism grade.
- All students are responsible for their own actions. A reflection of student's professionalism will be evaluated on the department approved Performance Standard

Form. This is 15% of student's overall grade. A copy of the Performance Standard Form will be issued to each student on the first class day.

- <u>Phones must be kept out of sight or in your lockers</u> unless you have specific permission. <u>No charging of cell phones in the lab or classroom is allowed</u>. Points will be deducted from your Performance Standard grade.
- No phones will be allowed during any test. If a student has a phone out for any reason they will receive a grade of 0% on that test. Keep your phone in your locker or on instructor's desk during tests.
- No fidgets allowed in class.

General Course and Instructor Information

| Title: | Fundamentals of Cosmetology |
|------------------|-----------------------------|
| Course Number: | CSME 1405 |
| Contact Hours: | 160 Hours per Semester |
| Semester Hours: | 4 |
| Lecture Hours: | 2 |
| Lab Hours: | 8 |
| Instructor Name: | Rosie Tull |
| MCC Email: | <u>rtull@mclennan.edu</u> |
| Office Phone: | (254) 299 8705 |
| Office Location: | CSC B4 |
| Office Hours | 7:30am or 4:00pm |

Required Text & Materials:

| 1 each | Bundle Milady ISBN 978130578112 Consisting of: |
|------------|--|
| 1 each | Milady's Standard Textbook of Cosmetology 13 th edition |
| 1 each | Milady Standard Cosmetology Exam Review 13 th edition |
| 1 each | Milady's Online Licensing Preparation 13 th edition |
| 1 each | Milady's Theory Book 13 th edition |
| Title: | Cosmetology Laws and Rules Book |
| Edition: | Latest Edition |
| Publisher: | Texas Department of Licensing and Regulations |

Cosmetology Kit Required Uniform Misc. Supplies – A list will be provided the first day of class which will include a due date. MCC Bookstore Website: http://www.mclennan.edu/bookstore/

Student Support/Resources:

MCC provides a variety of services to support student success in the classroom and in your academic pursuits to include counseling, tutors, technology help desk, advising, financial aid, etc. A listing of these and the many other services available to our students is available at http://www.mclennan.edu/campus-resource-guide/

College personnel recognize that food, housing, and transportation are essential for student success. If you are having trouble securing these resources, we encourage you to contact a success coach by calling (254) 299-8226. Students can visit the Completion Center Monday-Friday from 8:00 a.m.-5:00 p.m. to meet with a success coach and receive additional resources and support to help reach academic and personal goals. Paulanne's Pantry (MCC's food pantry) is open 12:00 p.m.-1:00 p.m., Monday-Friday, without an appointment. The Completion Center and pantry are located on the Second Floor of the Student Services Center (SSC).

Minimum Technical Skills:

Students should have basic computer skills, knowledge of word processing software, and a basic understanding of how to use search engines and common web browsers.

Backup Plan for Technology:

In the event MCC's technology systems are down, you will be contacted/notified through your MCC student email address. Please note that all assignments and activities will be due on the date specified in the Instructor Plan, unless otherwise noted by the instructor.

* <u>Click Here for the Minimum System Requirements to Utilize MCC's D2L|Brightspace</u>

(www.mclennan.edu/center-for-teaching-and-learning/teaching-commons/requirements) Click on the link above for information on the minimum system requirements needed to reliably access your courses in MCC's D2L|Brightspace learning management system.

Methods of Teaching and Learning:

The instructor will use lecture, labs, practical skills, computer assignments, videos, role playing, clinic labs, and class demonstrations to present the material. Periodic guest speakers and/or field trips may be scheduled during this course.

Each task will be assigned a maximum point value. The performance of each student will be evaluated against that maximum value and a percentage will be assigned. More detail on this grading process is provided later in the syllabus.

Course Objectives and/or Competencies:

End-of-Course Outcomes:

Identify fundamental concepts related to skills required by the Texas Department of Licensing and Regulation (TDLR); demonstrate basic required skills by TDLR standards.

Upon successful completion of CSME 1405, the student will be able to:

- 1. Describe appearance enhancements, how it relates to cosmetology and how trends are influenced by the history of cosmetology.
- 2. Describe the advancements made in cosmetology during the 19th, 20th, and early 21st century.
- 3. List the career opportunities available to a licensed beauty practitioner.
- 4. List the principles that contribute to personal and professional success.
- 5. Create a mission statement.
- 6. Explain how to set long and short term goals.
- 7. Discuss the most effective ways to manage time.
- 8. Describe good study habits.
- 9. Define ethics.
- 10. List the characteristics of a health, positive attitude.
- 11. Understand the importance of professional hygiene and name four good hygiene habits.
- 12. Explain the concept of dressing for success.
- 13. Demonstrate an understanding of ergonomic principles and ergonomically correct posture, movements, and principles.
- 14. Take practical steps for effectively communicating in the workplace and list the golden rules of human relations.
- 15. Explain the definition of effective communication.
- 16. Conduct a successful client consultation.
- 17. Adequately manage tardy clients, schedule mix-ups, and unhappy clients.
- 18. Build open lines of communication with co-workers.
- 19. List the 16 categories of information required on Safety Data Sheets and understand state laws and rules and the difference between them.
- 20. List the types and classifications of bacteria.
- 21. Define hepatitis and Human Immunodeficiency Virus (HIV) and explain how they are transmitted. Define blood borne pathogens and explain how they are transmitted.
- 22. Explain the difference between cleaning, disinfecting, and sterilizing.
- 23. List the types of disinfectants and the steps to using them properly.
- 24. Define Standard Precautions.
- 25. List your responsibilities as a salon professional.
- 26. Describe how to safely clean and disinfect salon tools and implements.

- 27. Define and explain the importance of anatomy & physiology to the cosmetology profession.
- 28. Describe cells, their structure, and their reproduction.
- 29. Define tissue and identify the four types of tissues found in the body.
- 30. Name the eleven main body systems and explain their basic functions.

Course Outline or Schedule:

The following is a TENTATIVE schedule. Circumstances may cause the schedule to be modified. These learning activities are designed to lead the student to the successful acquisition of the student learning outcomes.

WEEKLY COURSE CALENDAR

| Day 1: | Orientation, S | tudent Handbook, and Syllabus |
|-----------|----------------|---|
| Week 1: | Chapter 1 | History and Career Opportunities |
| | Chapter 2 | Life Skills |
| Week 2: | Chapter 3 | Your Professional Image |
| | Chapter 4 | Communicating for Success |
| Week 3&4: | Chapter 5 | Infection Control: Principles and Practices |
| Week 5: | Chapter 6 | General Anatomy & Physiology |
| Week 6: | Chapter 9 | Nail Structure and Growth |
| | Chapter 10 | Nail Disorders and Diseases |
| Week 7: | Chapter 11 | Properties of the Hair and Scalp |
| Week 8: | Chapter 15 | Scalp Care, Shampooing, and Conditioning |
| Week 9: | Spring Break | |
| Week 10: | Chapter 16 | Haircutting |
| Week 11: | Chapter 17 | Hairstyling |
| Week 12: | Chapter 20 | Chemical Texture Services |
| Week 13: | Chapter 25 | Manicuring |
| | Chapter 26 | Pedicuring |
| Week 14: | Chapter 23 | Facials |
| Week 15: | Review for Fi | nal Exam |
| Week 16: | Final Exam | |

Special Materials:

- 1. Supplies and materials to perform all skills requirements in this course.
- 2. Textbooks, loose leaf notebook paper for assignments / test.
- Blue or Black ink only.
 Points will be deducted from the assignment if guidelines are not followed. You may have supplies of your choice for note taking.
- 4. Sharpies (Fine point): black, and silver or gold.

5. Miscellaneous supply list

Course Grading Information:

Evaluation/Grading

Student learning outcomes will be measured by the instructor. The final course grade will be based on the following grading percentages:

| Total Percent | | | 100 | Percent |
|---------------|-----------------|--------------------------------|-----|---------|
| 3 | Professionalism | Performances Standard Form | 15 | Percent |
| 2 | Skills | Practicum Skill Test | 25 | Percent |
| 1 | Theory | Test Grades, Quizzes, Projects | 60 | Percent |

Grade Scale

| Letter Grade | Α | В | С | F | | | | |
|---------------------|------------------------------|---|---------|-------------|--|--|--|--|
| Total Points | Total Points 100 – 90 | | 79 - 70 | 69 or below | | | | |

W-----<u>WITHDREW</u>- This grade is given for an instructor or student-initiated course withdrawal through the 60 percent point in the semester or term. After the 60 day point, an instructor may authorize a course withdrawal and assign a W if passing work was being accomplished or an F (NC-Non completion for a student enrolled in a developmental class) if the student was failing work. In extenuating circumstances, the instructor may assign a W to a student who is not passing through the last regular class day of a semester or term. No credit for the course will be given.

I-----**<u>INCOMPLETE</u>**- This grade is given when a course in incomplete because of student's absences caused by illness or other reasons acceptable to the Instructor. To be eligible for this grade, the student must have essentially completed the course. The work remaining should be of such a nature as to not require class attendance. If the work is not made up within the following long semester, the I will be changed to an F **and the course must be repeated if credit is to be given**.

Late Work, Attendance, and Make Up Work Policies:

Students will be permitted to make up class work and assignments missed, with documentation, due to absences caused by:

(a) Authorized participation in official college functions.

- (b) Personal illness with documentation
- (c) Illness or a death in the immediate family.
- (d) Observance of a religious holy day

Student, whether present or absent, is responsible for all assignments presented or assigned. All students are accountable for all assignments in the determination of course grade. The instructor has the prerogative of determining whether a student may make up work missed due to absences for other reasons.

Assignments missed due to emergency absences (out of student's control) may be made up upon students return to class.

Assignments missed due to non-emergency absences may be made up during scheduled time with class instructor.

Ethics

Student found to be guilty of academic dishonest are subject to college policy as found in MCC Handbook Guide.

In addition, in this program, students are subject to the following discipline in our policies and guidelines.

Courtesy & Respect

Students should demonstrate courtesy and respect to all instructors, guests, and fellow learners. While honest discussion and debate of topics is expected and encouraged, such interactions should not involve aggressive, derogatory, or hostile behaviors (verbal or otherwise). The instructor reserves the right to act to protect the decorum of the learning environment and the image of MCC.

Student Behavioral Expectations or Conduct Policy:

In general, students are expected to maintain classroom decorum that includes <u>respect for</u> <u>other students and the instructor</u>, prompt and regular attendance, and an attitude that <u>seeks to take full advantage of the education opportunity</u>. The Highlander Guide describes the rights, privileges, and obligations of students affiliated with MCC.

MCC Academic Integrity Statement:

The Center for Academic Integrity defines academic integrity as "a commitment, even in the face of adversity, to five fundamental values: honesty, trust, fairness, respect, and responsibility. From these values flow principles of behavior that enable academic communities to translate ideals into action." Individual faculty members determine their class policies and behavioral expectations for students. Students who commit violations of academic integrity should expect serious consequences. For further information about student responsibilities and rights, please consult the McLennan website and the Highland Student Guide.

MCC Attendance

Regular and punctual attendance is expected of all students, and each instructor will maintain a complete record of attendance for the entire length of each course, including online and hybrid courses. Students will be counted absent from class meetings missed, beginning with the first official day of classes. Students, whether present or absent, are responsible for all material presented or assigned for a course and will be held accountable for such materials in the determination of course grades.

Please refer to the Student Highlander Guide for the complete policy.

Highlander Guide for the complete policy.

The Highlander Guide recognizes that the Cosmetology Department has a unique attendance policy, which has be can be found in the MCC Homepage, Department, COSM<

* Click Here for the MCC Academic Integrity Statement

(www.mclennan.edu/academic-integrity)

The link above will provide you with information about academic integrity, dishonesty, and cheating.

* Click Here for the MCC Attendance/Absences Policy

(www.mclennan.edu/highlander-guide/policies)

Click on the link above for the college policies on attendance and absences. Your instructor may have guidelines specific to this course.

Accommodations/ADA Statement

Any student who is a qualified individual with a disability may request reasonable accommodations to assist with providing equal access to educational opportunities. Students should contact the Accommodations Coordinator as soon as possible to provide documentation and make necessary arrangements. Once that process is completed, appropriate verification will be provided to the student and instructor. Please note that instructors are not required to provide classroom accommodations to students until appropriate verification has been provided by the Accommodations Coordinator. Instructors should not provide accommodations unless approved by the Accommodations Coordinator. For additional information, please visit mclennan.edu/disability.

Students with questions or who require assistance with disabilities involving physical, classroom, or testing accommodations should contact:

disabilities@mclennan.edu 254-299-8122 Room 319, Student Services Center

* Click Here for more information about Title IX

(www.mclennan.edu/titleix)

We care about your safety, and value an environment where students and instructors can successfully teach and learn together. If you or someone you know experiences unwelcomed behavior, we are here to help. Individuals who would like to report an incident of sexual misconduct are encouraged to immediately contact the Title IX Coordinator at <u>titleix@mclennan.edu</u> or by calling Dr. Drew Canham (Vice President for Student Success) at 299-8645. Individuals also may contact the MCC Police Department at 299-8911 or the MCC Student Counseling Center at MCC by calling 299-8210. The MCC Student Counseling Center is a confidential resource for students.

McLennan's Title IX webpage (<u>http://www.mclennan.edu/titleix/</u>) contains more information about definitions, reporting, confidentiality, resources, and what to do if you or someone you know is a victim of sexual misconduct, gender-based violence or the crimes of rape, acquaintance rape, sexual assault, sexual harassment, stalking, dating violence or domestic violence.

* You will need to access each link separately through your Web browser (for example: Internet Explorer, Mozilla, Chrome, or Safari) to print each link's information.

COSMETOLOGY PROGRAM

ASSESSMENT MATRIX

Fundamentals of Cosmetology CSME 1405.01

| ST | UDENT LEARNING OUTCOMES | SCANS | 1405 | 1451 | 1443 | 1431 | 1453 | 2401 | 2439 | 2237 | 1447 | 2443 | 2441 | Chapter Test | Demo of |
|----|--|--------------------|------|------|------|------|------|------|------|------|------|------|------|-----------------|----------------------|
| 1 | Explain the differences between sanitation, disinfection, sterilization and the universal precautions that are your responsibility as a salon professional. | 1,2,3,4,5, 7 | X | X | X | X | X | X | X | X | X | X | X | X | Skills |
| 2 | Demonstrate proper shampooing and conditioning procedures. | 1,2,4,5 | | X | | X | | | | | | | | Х | х |
| 3 | Demonstrate the mastery of haircutting with the razor and clipper tool. | 1,2,3,4 ,7 | | X | | | | | | Х | | | | X | X |
| 4 | Demonstrate basic roller setting, finger waving, braids, pincurl, blowdrying, thermal straightening, and curling. | 1,2,3,4,5, 7 | X | X | Х | | X | | X | | | | | Х | Х |
| 5 | Demonstrate basic permanent wave wrapping. | 1,2,3,4,5 | Х | | Х | Х | Х | | | | | | | | Х |
| 6 | Demonstrate basic and conditioning oil manicures incorporating all safety, sanitation and disinfection requirements. | 1,2,4,5 | Х | | Х | Х | | | | | | | | Х | Х |
| 7 | Identify, describe and define cells and tissue of the human body. Explain the 10 body systems and their functions | 1,2,4,5 | | х | | | х | | | | | | | х | |
| 8 | Demonstrate and explain the physical and chemical actions of cold waves, relaxers and curl- reformation services and their chemical used. | 1,2,3,4,5,7 | X | | | | X | | | | | | | Х | Х |
| 9 | Identify color theory, list four basic categories of color and demonstrate the application of each and explain each effects on the hair. Explain the action of hair lighteners, demonstrate application techniques and explain the effects and action on the hair. | 1,2,3,4,7 | | | | | | X | | | | | | X | x |
| 10 | Students will be able to discuss the essentials of preparing for licensure and employment. | 1,2,4,5,6,7 8 | | | | | | | | | | х | | x | |
| 11 | Students will obtain skills in resume' writing and be able to complete and effective interview. | 1,2,3,4,5,6 7,8 | | | | | | | | | | х | | х | |
| 12 | Students will be able to list beginning a small business and be able to explain the importance of keeping accurate business records. | 1,2,3,4,5,6 7,8 | | | | | | | | | | X | | х | |
| | STUDENT LEARNING OUTCOMES | SCANS | 1405 | 1451 | 1443 | 1431 | 1453 | 2401 | 2439 | 2237 | 1447 | 2443 | 2441 | Chapter Test | Demo Of Skills |

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| 13 | Students will be able to describe the structure/composition of the skin and will be able to list the functions of the skin. | 1,4,5 | | | | | X | | X | |
|----|---|-------------|--|--|--|--|---|---|---|---|
| 14 | Students will be able to explain the difference between organic and inorganic chemistry and discuss different forms of matter, elements, compounds, and mixtures. | 1,2,4,5,7 | | | | | x | | х | |
| 15 | Students will be able to demonstrate the procedure for a basic facial and able to describe the different types of products used in facial in treatments and understand basic types of electrical equipment for facial treatments. | 1,2,4,5,7 | | | | | x | | x | x |
| | Students will be able to define relating to skin disorders. They will be able to list and describe various skin types and conditions. | | | | | | | | | |
| 17 | Students will be able to demonstrate a basic make-up application and will be able to discuss cosmetic color theory. | 1,2,4,5,7 | | | | | х | | x | х |
| 18 | Students will be able to demonstrate written competencies, and practical skills that are mandated by Texas Department of Licensing and Regulations and PSI for the state licensure examination. | 1,2,3,4,5,8 | | | | | | х | Х | x |