

McLennan

C O M M U N I T Y

COLLEGE

WACO, TEXAS

INSTRUCTOR PLAN

ABNORMAL SYCHOLOGY

2320_01

Dr. Deborah Brock

This is a 16-week Blended Course

COVID 19 Notice:

McLennan Community College is committed to providing you with every resource you need to reach your academic goals. We are also concerned for your safety. We are working through COVID-19 guidelines to make sure we offer a safe environment for you and our faculty. This will include smaller class sizes to manage social distancing and proper cleaning techniques. You will have the advantage of a physical classroom experience but may also need to work part of the time online as we adjust to limited classroom capacity. This will also allow us the flexibility to move online if so, directed by federal, state and/or local COVID 19 guidelines. Faculty and staff are preparing now to ensure that you have the best experience in the midst of these uncertain times.

Course Description:

This course introduces the psychological, biological and socio-cultural factors involved in the development, diagnosis and treatment of psychological disorders. It includes a review of the historical understanding of abnormal behavior and the development of modern diagnostic systems. It includes discussion of psychological research and practice as it relates to mental health and psychological functioning, as well as legal and ethical issues. (Psyc. 2320 is included in the Psychology Field of Study.) Prerequisite: Psych. 2301 with a grade of c or better. Semester Hours: 3 (3 lec.)

Prerequisites: Completion of 2301 General Psychology with a grade of a C or better.

Course Notes and Instructor Recommendations:

Reading chapters in preparing for class , exams and class symposiums. Since this course will be presented from a clinical perspective, assessment, and diagnosis will be the primary focal point of this course. Treatment will be addressed on a limited basis.

Communicating with Dr. Brock:

It is best to email me. Please include **your name** and **what course** you are in within the context of your email as I do not always recognize the email address.

Please note I have an ancient flip-phone, so I am unwilling to cope with the hassle of making text replies. I can receive, just not send.

I will respond by email, so once you have a db. reply to your email.

Instructor Information:

Instructor Name: Dr. Brock

MCC E-mail: dbrock@mclennan.edu

Office Phone Number: 254-288-8933 or cell 254-723-3182 text or voicemail. I will reply to texts with db. to indicate receipt of your text. You will need to check your email for my response.

Office Location: MAC 328

Office/Teacher Conference Hours:

On campus: M:10:30-11 am, & 12:30-1 PM Tues: 12: 15-12: 45 2: 30-3 P

By cell: M-F 10 to 5

Other Instruction Information:

Required Text & Materials:

Title: Abnormal Psychology

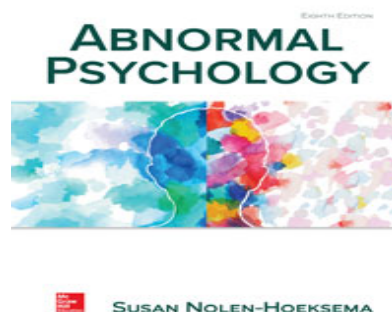
Author: **Susan Nolen-Hoeksema**

Edition: 8 the ed.

Publisher: McGraw-Hill Higher Ed.

ISBN: **9781260426083 for Connect**

Access Card



MCC Bookstore Website: <http://www.mclennan.edu/bookstore/>

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Student Support/Resources:

MCC provides a variety of services to support student success in the classroom and in your academic pursuits to include counseling, tutors, technology help desk, advising, financial aid, etc. A listing of these and the many other services available to our students is available at <http://www.mclennan.edu/campus-resource-guide/>

College personnel recognize that food, housing, and transportation are essential for student success. If you are having trouble securing these resources, we encourage you to contact a success coach by calling (254) 299-8226. Students can visit the Completion Center Monday-Friday from 8:00 a.m.-5:00 p.m. to meet with a success coach and receive additional resources and support to help reach academic and personal goals. Paulanne's Pantry (MCC's food pantry) is open 12:00 p.m.-1:00 p.m., Monday-Friday, without an appointment. The Completion Center and pantry are located on the Second Floor of the Student Services Center (SSC).

MCC Foundation Emergency Grant Fund

Unanticipated expenses, such as car repairs, medical bills, housing, or job loss can affect us all. Should an unexpected expense arise, the MCC Foundation has an emergency grant fund that may be able to assist you. Please go to <https://www.mclennan.edu/foundation/scholarships-and-resources/emergencygrant.html> to find out more about the emergency grant. The application can be found [here](https://www.mclennan.edu/foundation/docs/Emergency_Grant_Application.pdf) (https://www.mclennan.edu/foundation/docs/Emergency_Grant_Application.pdf).

Minimum Technical Skills:

Students should have basic computer skills, knowledge of word processing software, and a basic understanding of how to use search engines and common web browsers.

Backup Plan for Technology:

In the event MCC's technology systems are down, you will be contacted/notified through your MCC student email address. Please note that all assignments and activities will be due on the date specified in the Instructor Plan, unless otherwise noted by the instructor.

*** [Click Here for the Minimum System Requirements to Utilize MCC's D2L|Brightspace](https://www.mclennan.edu/center-for-teaching-and-learning/Faculty%20and%20Staff%20Commons/requirements.html)**
(<https://www.mclennan.edu/center-for-teaching-and-learning/Faculty%20and%20Staff%20Commons/requirements.html>)

Click on the link above for information on the minimum system requirements needed to reliably access your courses in MCC's D2L|Brightspace learning management system.

Email Policy:

McLennan Community College would like to remind you of the policy (<http://www.mclennan.edu/employees/policy-manual/docs/E-XXXI-B.pdf>) regarding college email. All students, faculty, and staff are encouraged to use their McLennan email addresses when conducting college business.

A student's McLennan email address is the preferred email address that college employees should use for official college information or business. Students are expected to read and, if needed, respond in a timely manner to college emails.

Instructional Uses of Email:

Faculty members can determine classroom use of email or electronic communications. Faculty should expect and encourage students to check the college email on a regular basis. Faculty should inform students in the course syllabus if another communication method is to be used and of any special or unusual expectations for electronic communications.

If a faculty member prefers not to communicate by email with her/his students, it should be reflected in the course syllabus and information should be provided for the preferred form of communication.

Email on Mobile Devices:

The College recommends that you set up your mobile device to receive McLennan emails.

Forwarding Emails:

You may forward the emails that come to your McLennan address to alternate email addresses; however, the College will not be held responsible for emails forwarded to an alternate address that may become lost or placed in junk or spam filters.

Methods of Teaching and Learning:

Face-face lectures, zoom lectures, zoom group discussions, videos, Chapter reading assignments, exams, case presentations,

Core Objectives for Social & Behavioral Sciences: Courses in this category focus on the application of empirical and scientific methods that contribute to the understanding of what makes us human. Courses involve the exploration of behaviors and interactions among individuals, groups, institutions, and events, examining their impact on the individual, society, and culture.

- **Critical Thinking (CT)** -- to include creative thinking, innovation, inquiry, and analysis, evaluation and synthesis of information
- **Communications Skill (COM)** -- to include effective written, oral, and visual communication.
- **Empirical & Quantitative Skills (EQS)** -- to include applications of scientific and mathematical concepts.
- **Social Responsibility (SR)** -- to include intercultural competency, civic knowledge, and the ability to engage effectively in regional, national, and global

Learning Outcomes: Upon successful completion of this course, students will be able to:

1. Describe some of the prominent perspectives and approaches used in the study of abnormal psychology. (CT, COM, EQS, SR.) Taught through lectures, assigned reading, and class discussions Assessed by objective exams, written assignment, and/or class projects.
2. Use terminology unique to the study of psychology. (CT, COM, EQS, SR.) Taught through lectures, assigned reading, and class discussions Assessed by objective exams, written assignment, and/or class projects.
3. Describe accepted approaches and standards in psychological assessment and evaluation of abnormal human behavior (CT, COM, EQS, SR). Taught through lectures, assigned reading, and class discussions Assessed by objective exams, written assignment, and/or class projects.
4. Identify factors in physiological and psychological processes involved in abnormal human behavior. (CT, COM, EQS, SR.) Taught through lectures, assigned reading, and class discussions Assessed by objective exams, written assignment, and/or class projects.
5. Describe the historical influences and early schools of thought that shaped the field of abnormal psychology. (CT, COM, EQS, SR) Taught through lectures, assigned reading, and class discussions Assessed by objective exams, written assignment, and/or class projects.
6. Identify various research methods and their characteristics used in the scientific study of abnormal psychology. (CT, COM, EQS, SR) Taught through lectures, assigned reading, and class discussions Assessed by objective exams, written assignment, and/or class projects.

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Course Outline or Schedule: THIS IS A VERY TENUOUS SCHEDULE. Changes will be put in the Announcements of Brightspace.

Mondays will be Face-Face classes with Zoom and Wednesday will be Zoom only classes.

Please note the exceptions. After Thanksgiving, no Face-to-face classes

UNIT ONE Week 1	Aug. 24	Orientation Ch 1 Abnormality IN CLASS	
ZOOM	Aug 26	Ch. 2 Theories and Treatment ZOOM	<i>SB Reading Ch. 1 & 2 Due Sun 9/6</i>
Week 2	Aug 31	Ch 3 Diagnosing & Assessment IN CLASS	
ZOOM	Sept 2	Ch 3 Diagnosing & Assessment ZOOM	<i>SB Reading Ch. 3 Due Sun 9/6</i>
Week 3	Labor Day 9/7	HOLIDAY	
	Sept. 9	Ch 9 Personality DO IN CLASS	<i>SB Reading Ch. 9: Due Sun 9/13</i>
Week 4	Sept. 14	Ch. 9 Personality DO IN CLASS	
ZOOM	Sept. 16	CASE STUDIES ZOOM	
Week 5: ONLINE	Sept. 21	EXAM 1 OVER CH. 1,2,3 & 9 <i>DUE @ 1 PM</i>	
UNIT TWO	Sept. 23	Ch. 5 Anxiety Disorder IN CLASS	
Week 6	Sept. 28	Ch. 5 Anxiety Disorders IN CLASS	<i>SB Reading Ch. 5 & 6 Due Sun. 10/4</i>
ZOOM	Sept. 30	Ch. 6 Somatic Disorders ZOOM	<i>SB Reading Ch. 5 & 6 Due Sun. 10/4</i>
Week 7	Oct 5	Ch. 7 Mood DO IN CLASS	
ZOOM	Oct 7	Ch. 7 Mood DO ZOOM	<i>SB Reading Ch. 7 Due Sun 10/11</i>
Week 8	Oct. 12	Ch. 8 Psychotic DO IN CLASS	
ZOOM	Oct. 14	Ch. 8 Psychotic DO ZOOM	<i>SB Reading Ch. 8: Due Sun 10/18</i>
Week 9: TBA	Oct. 19	CASE STUDIES ZOOM	
ONLINE	Oct. 21	EXAM #2 WED. OVER CH. 5 6,7& 8 <i>DUE @ 1 PM</i>	
UNIT THREE Week 10	Oct 26	Ch. 10 Neurological DO IN CLASS	
ZOOM	Oct 28	Ch. 10 Neurological DO ZOOM	<i>SB Reading Ch. 10: Video: Tourette's</i>

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Week 11	Nov 2	Ch 11 Disruptive DO IN CLASS	Student Papers/Presentation of Case Study are due
ZOOM	Nov 4	Ch 11 Disruptive DO ZOOM	<i>SB Reading Ch. 10 & 11: Due Sun 11/8</i>
Week 12	Nov 9	Ch. 13 Sexual Disorders IN CLASS	
ZOOM	Nov 11	Ch 13 Sexual Disorders ZOOM	<i>SB Reading Ch. 13 Due Sun 11/15</i>
Week 13: ONLINE	Nov 16	CASE STUDIES ZOOM	
	Nov 18	EXAM 3 OVER CH. 10,11,13 DUE @ 1 PM	
UNIT FOUR Week 14	Nov 23	Ch. 14 Substance Abuse DO IN CLASS	<i>SB reading for Ch. 14 Due Sun. 11/29</i>
Week 15 ZOOM	Nov 30	Ch. 16 Ethics & Mental Laws ZOOM	<i>SB Reading Ch. 16: Due Sun 11/29</i>
ZOOM	Dec 2	Ch. 16 Ethics ZOOM	
Online: Week 16	Dec 7	FINAL: DUE @ 1 PM IT IS COMPREHENSIVE	All chapters covered 75 % from exams 1,2,& 3 + 25% from Ch. 14 and 16.

Course Grading Information:

Grades are determined by a student's average on the following weighted percentages:

20% 10/11 SB Reading Assignment each valued @ 100pts:

10% Case Presentation Paper valued @ 100 pts:

70% Exams: 3 on-line exams and final valued @ 100 pts each

100 %

ADA exams. These are specially designed for students with learning accommodations only and are password protected

Online Exam: You will have only 1 opportunity to take the 75-80-question exam. The use of cell phones for this task is not recommended. There is no resetting the exam. There is no taking the exam late. If you do not prepare you will find it very difficult to complete the exam . You are operating under the honor code in taking these exams.

SB Reading Assignments must be completed by the due date.

Class Participation: Students will present questions and comments during class and during the symposia cases will be discussed. Students are expected to be active participants by presenting their thoughts and opinions on topics and cases. Absences on the symposia days will result in a deduction of points.

Case Presentation: Students will sign up on a discussion board for a celebrity figure they wish to present as a case study. The case study will include demographics, psycho-social history, symptoms, conclusions. The conclusions should include a diagnosis and rationale for making the diagnosis based on the evidence provided in the history. The paper will be submitted through Brightspace: Assignments.

Exams: Students will take 3 exams and final. Exams are comprised of multiple choice, fill-in the blank, matching and short essay questions. The final will be comprehensive.

If you miss an exam, you must plan to make the exam up **WITH IN 2 days** (extensions may be granted by the instructor) from the date of the exam. Taking an exam late allows for extra study time, which is not fair to those students who took the exam as scheduled. Because of the absence, **you will not be eligible for any additional points, such as curve or bonus points that most of the class may have received.** Make-up exams may also be essay and short-answer exams please meet with the instructor to discuss the specifics of your situation.

Plagiarism and Cheating: Plagiarism is the unacknowledged borrowing of information, wording, organization, or ideas. Whether the original source is public (e.g., a newspaper, book, journal article, the Web) or private (e.g. a classmate's paper), **you need to acknowledge the original source of the information in some fashion.** For exact wording or paraphrasing, you may treat the text as a quotation and place it within quotation marks. Failure to give credit to other sources, will result in a deduction of points and possibly a zero for the assignment.

In the case of cheating during test or unauthorized collaboration on a writing project, the instructor reserves the right to give the student a "zero" for the test of assignment. During exams students should keep their work covered.

Late Work, Attendance, and Make Up Work Policies:

Attendance: Attendance is taken by the instructor for both Face-face classes and Zoom classes. A record of attendance is available on Brightspace

Late Work, No late work accepted

Make-Up: There is no make-up work

Extra credit: Extra credit is provided by dropping 2 of your lowest SB reading scores.

Student Behavioral Expectations or Conduct Policy:

YOU MUST WEAR A MASK TO CLASS. NO MASK, NO CLASS

Do not come to class if you are ill with anything.

Students are expected to maintain classroom decorum that includes respect for other students and the instructor, prompt and regular attendance, and an attitude that seeks to take full advantage of this educational opportunity. In other words, a student is expected to sit up, take notes, and speak to other students and instructor in a respectful tone of voice. Disagreements may arise in the discussion of topics, but students are expected to maintain a professional comportment.

Cell phone policy: Please mute your phones during class. Cell phone use is not permitted in class. Use of your cell phone during class will result in your dismissal from class.

Computers: You may use your laptop, notebook or tablet to take class notes. Any use of these items in any other way during class is unacceptable and may result in a dismissal from class.

* **[Click Here for the MCC Academic Integrity Statement](http://www.mclennan.edu/academic-integrity)**

(www.mclennan.edu/academic-integrity)

The link above will provide you with information about academic integrity, dishonesty, and cheating.

* **[Click Here for the MCC Attendance/Absences Policy](https://www.mclennan.edu/highlander-guide/policies.html)**

(<https://www.mclennan.edu/highlander-guide/policies.html>)

Click on the link above for the college policies on attendance and absences. Your instructor may have guidelines specific to this course.

Accommodations/ADA Statement

Any student who is a qualified individual with a disability may request reasonable accommodations to assist with providing equal access to educational opportunities. Students should contact the Accommodations Coordinator as soon as possible to provide documentation and make necessary arrangements. Once that process is completed, appropriate verification will be provided to the student and instructor. Please note that instructors are not required to provide

classroom accommodations to students until appropriate verification has been provided by the Accommodations Coordinator. Instructors should not provide accommodations unless approved by the Accommodations Coordinator. For additional information, please visit mclennan.edu/disability.

Students with questions or who require assistance with disabilities involving physical, classroom, or testing accommodations should contact:

disabilities@mclennan.edu

254-299-8122

Room 319, Student Services Center

[Click Here for more information about Title IX](#)

www.mclennan.edu/titleix

We care about your safety, and value an environment where students and instructors can successfully teach and learn together. If you or someone you know experiences unwelcomed behavior, we are here to help. Individuals who would like to report an incident of sexual misconduct are encouraged to immediately contact the Title IX Coordinator at titleix@mclennan.edu or by calling Dr. Drew Canham (Vice President for Student Success) at 299-8645. Individuals also may contact the MCC Police Department at 299-8911 or the MCC Student Counseling Center at MCC by calling 299-8210. The MCC Student Counseling Center is a confidential resource for students. Any student or employee may report sexual harassment anonymously by visiting the following website: <http://www.lighthouse-services.com/mclennan/>.

McLennan's Title IX webpage (<http://www.mclennan.edu/titleix/>) contains more information about definitions, reporting, confidentiality, resources, and what to do if you or someone you know is a victim of sexual misconduct, gender-based violence or the crimes of rape, acquaintance rape, sexual assault, sexual harassment, stalking, dating violence or domestic violence.

** You will need to access each link separately through your Web browser (for example: Internet Explorer, Mozilla, Chrome, or Safari) to print each link's information.*