

WACO, TEXAS

INSTRUCTOR PLAN

ABNORMAL PSYCHOLOGY 2320_01

Dr. Deborah Brock

This is a 16-week Face-Face Course

COVID 19 Notice:

McLennan Community College is committed to providing you with every resource you need to reach your academic goals including your safety. We will continue to monitor the evolving situation with COVID 19 and adjust our safety guidelines to make sure we offer a safe environment for you and our faculty. Please make sure to consult your faculty and the MCC website on any changes to these guidelines.

Course Description:

This course introduces the psychological, biological and socio-cultural factors involved in the development, diagnosis and treatment of psychological disorders. It includes a review of the historical understanding of abnormal behavior and the development of modern diagnostic systems. It includes discussion of psychological research and practice as it relates to mental health and psychological functioning, as well as legal and ethical issues. (Psyc. 2320 is included in the Psychology Field of Study.) Prerequisite: Psych. 2301 with a grade of c or better. Semester Hours: 3 (3 lec.)

Prerequisites: Completion of 2301 General Psychology with a grade of a C or better.

Course Notes and Instructor Recommendations:

Reading chapters in preparing for class, exams and class symposiums. Since this course will be presented from a clinical perspective, assessment, and diagnosis will be the primary focal point of this course. Treatment will be addressed on a limited basis.

<u>Communicating with Dr. Brock:</u> Please include **your name** and **what course** you are in within the context of your email.

Instructor Information:

Instructor Name: Deborah Brock, Psy. D MCC E-mail: dbrock@mclennan.edu
Office Phone Number: 254-299-8933

Office Location: MAC 328

Office/Teacher Conference Hours: MW: 10:30-11 am,/12:30-1pm / 2: 30-3 PM

T/Th: 12-1PM

Required TEXTBOOK/McLennan IncludED

A CONNECT ACCESS CODE WAS PAID for WHEN YOU REGISTERED FOR THE COURSE. YOU ARE TO PAY NOTHING ELSE FOR YOUR BOOKS.

Here is how is supposed to work according to McGraw-Hill:

Go to Brightspace, click Connect, click any Reading or quiz assigned or the McGraw hill link provided. Click the assignment, and then complete the information to register- YOUR EMAIL. You should not need an access code or need to pay anything. If it doesn't work, then get a temporary registry and inform me of the problem immediately.

Here is how is supposed to work according to MCC Bookstore

The week before school starts students should receive an email from the MCC bookstore that will include an activation link or an email stating that Your Digital Books have Arrived which will contain the ACCESS CODE for Connect.

ACTIVATING McGraw- Hill CONNECT

Go to Brightspace, click any reading assignment or the McGraw-Hill Connect Link provided, register your account if you have never had a Connect account. <u>If it asks for payment, get a temporary access, and notify me immediately by email with name, course number and section.</u> Do not pay!! For more detail information watch the instructional video below on registering with McGraw Hill Connect.

Student Registration Instructions: http://video.mhhe.com/watch/dgiVkPnwz63U77eeq6MhqT

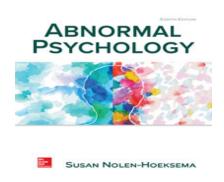
Required Text & Materials:

Title: Abnormal Psychology
Author: Susan Nolen-Hoeksema

Edition: 8 the ed.

Publisher: McGraw-Hill Higher Ed. ISBN: 9781260426083 for Connect

Access Card



MCC Bookstore Website: http://www.mclennan.edu/bookstore/

Methods of Teaching and Learning:

Lectures, Chapter reading assignments, exams, class discussions.

<u>Core Objectives for Social & Behavioral Sciences</u>: Courses in this category focus on the application of empirical and scientific methods that contribute to the understanding of what makes us human. Courses involve the exploration of behaviors and interactions among individuals, groups, institutions, and events, examining their impact on the individual, society, and culture.

- Critical Thinking (CT) -- to include creative thinking, innovation, inquiry, and analysis, evaluation, and synthesis of information
- Communications Skill (COM) -- to include effective written, oral, and visual communication.
- Empirical & Quantitative Skills (EQS) -- to include applications of scientific and mathematical concepts.
- Social Responsibility (SR) -- to include intercultural competency, civic knowledge, and the ability to engage effectively in regional, national, and global

Learning Outcomes: Upon successful completion of this course, students will be able to:

- 1. Describe some of the prominent perspectives and approaches used in the study of abnormal psychology. (CT, COM, EQS, SR.) Taught through lectures, assigned reading, and class discussions Assessed by objective exams, written assignment, and/or class projects.
- 2. Use terminology unique to the study of psychology. (CT, COM, EQS, SR.) Taught through lectures, assigned reading, and class discussions Assessed by objective exams, written assignment, and/or class projects.
- 3. Describe accepted approaches and standards in psychological assessment and evaluation of abnormal human behavior (CT, COM, EQS, SR). Taught through lectures, assigned reading, and class discussions Assessed by objective exams, written assignment, and/or class projects.
- 4. Identify factors in physiological and psychological processes involved in abnormal human behavior. (CT, COM, EQS, SR.) Taught through lectures, assigned reading, and class discussions Assessed by objective exams, written assignment, and/or class projects.
- 5. Describe the historical influences and early schools of thought that shaped the field of abnormal psychology. (CT, COM, EQS, SR) Taught through lectures, assigned reading, and class discussions Assessed by objective exams, written assignment, and/or class projects.
- 6. Identify various research methods and their characteristics used in the scientific study of abnormal psychology. (CT, COM, EQS, SR) Taught through lectures, assigned reading, and class discussions Assessed by objective exams, written assignment, and/or class projects.

COURSE SCHEDULE: This is tentative schedule. Any changes will be posted in Announcements of Brightspace.

Week	Date	Topics
UNIT ONE Week 1	Aug. 23	Orientation
	Aug 25	CH 1 ABNORMALITY
Week 2	Aug 30	CH 1 ABNORMALITY
	Sept 1	CH 3 DIAGNOSING & ASSESSMENT
Week 3	Sept. 6	LABOR DAY HOLIDAY
	Sept. 8	CH 3 DIAGNOSING & ASSESSMENT
Week 4	Sept. 13	CH 3 DIAGNOSING & ASSESSMENT
		CH. 5 ANXIETY DISORDER
	Sept. 15	CH. 5 ANXIETY DISORDERS
Week 5	Sept. 20	CH. 5 ANXIETY DISORDERS
	Sept. 22	EXAM 1 WED. OVER CH. 1,3 &5
UNIT TWO Week 6	Sept. 27	Ch. 6 Somatic Disorders
	Sept. 29	CH. 7 MOOD DO
Week 7	Oct 4	CH. 7 MOOD DO
		CH. 8 PSYCHOTIC DO
	Oct 6	CH. 8 PSYCHOTIC DO
Week 8	Oct. 11	CH. 8 PSYCHOTIC DO
		CH. 9 PERSONALITY DO
	Oct. 13	CH. 9 PERSONALITY DO

Week 9	Oct. 18	CH. 9 PERSONALITY DO
	Oct. 20	EXAM #2 WED. OVER CH. 6,7& 8 & 9
UNIT THREE Week 10	Oct 25	CH. 10 NEUROLOGICAL DO
	Oct 27	CH. 10 NEUROLOGICAL DO
Week 11	Nov 1	CH 11 DISRUPTIVE DO
	Nov 3	CH 11 DISRUPTIVE DO
Week 12	Nov 8	CH. 12 EATING DO
		CH. 13 SEXUAL DO
	Nov 10	CH. 13 SEXUAL DO
Week 13	Nov 15	CH. 13 SEXUAL DO
	Nov 17	EXAM 3 WED. OVER CH. 10,11,12,13
UNIT FOUR Week 14	Nov 22	CH. 14 ADDICTIONS DO
Holiday	Nov. 24	Thanksgiving Holidays begin
Week 15	Nov 29	CH. 14 ADDICTIONS DO
		CH. 16 ETHICS & MENTAL LAWS
	Dec 1	CH. 16 ETHICS & MENTAL LAWS
Week 16	Dec. 6	FINAL: IT IS COMPREHENSIVE
		All chapters covered

COURSE GRADING INFORMATION:

Grades are determined by a student's average on the following weighted percentages:

30% Reading Assignments: (based on 10 highest, 3 are dropped)

70% Exams: 3 exams and a Comprehensive Final exam

%100 =course grade

COURSE WORK:

Class Assignments: You will have <u>reading assignments that have questions to</u> answer to complete. All work must be submitted by <u>the due date and time</u>. Please refer to the Calendar located in Content of Brightspace for the course outline and due dates for work. Other sources are Connect and the main Brightspace calendar.

Brightspace: There are 4 Learning units in the table of contents of Brightspace. Each unit, except unit 4, contains 3-4 chapters. Within each chapter there are chapter reading assignments links, Ch. Quiz links and the Unit exam. Exams cover the chapters covered within the unit.

Reading Assignments: Grades are based on the questions answered within the Connect program. There is no time limit on the assignment, but it must be completed by the due date.

Exams: Students will take 3 exams and final. Exams are comprised of multiple choice, fill-in the blank, matching and short essay questions. The final will be comprehensive.

<u>If you miss an exam</u>, you must plan to make the exam up WITH IN 1 WEEK (extensions may be granted by the instructor) from the date of the exam. Taking an exam late allows for extra study time, which is not fair to those students who took the exam as scheduled. Because of the absence, <u>you will not be eligible for any additional points</u>, <u>such as curve or bonus points that most of the class may have received</u>. Make-up exams may also be essay and short-answer exams please meet with the instructor to discuss the specifics of your situation.

Late Work, Attendance, Extra Credit and Make up Work Policies:

Attendance: Attendance is taken at each class meeting.

Students who <u>miss 8 classes are eligible to being dropped</u> from the course. See the MCC attendance policy below for more detailed information about attendance

<u>Late Work:</u> No work is accepted after the due date. No extensions are granted.

Extra Credit: There is no extra credit.

Make-up Work: There is no make-up work

STUDENT BEHAVIORAL EXPECTATIONS OR CONDUCT POLICY:

It is recommended that you sanitize your desk before class.

Students are expected to minimize disruptions, be attentive in class and participate in class discussions. Students are expected to maintain comportment that includes respect for other students and the instructor. Prompt submission of work, and an attitude that seeks to take full advantage of the education opportunity is expected. Students are expected to be organized and self-disciplined as these skills are necessary for success in this course.

<u>Class Participation</u>: Students will present questions and comments during class Students are expected to be active participants by presenting their thoughts and opinions on topics and cases.

<u>TECHNOLOGY IN CLASS:</u> Students can use their computers and other devices for academic purposes only. Recording classes must be approved by the instructor. If a student is

using technology for purposes other than learning, then it is the prerogative of the instructor to ask them to leave.

Click Here for the MCC Attendance/Absences Policy

(https://www.mclennan.edu/highlander-guide/policies.html)

Click on the link above for the college policies on attendance and absences. Your instructor may have guidelines specific to this course.



ACADEMIC RESOURCES/POLICIES

Student Support/Resources:

MCC provides a variety of services to support student success in the classroom and in your academic pursuits to include counseling, tutors, technology help desk, advising, financial aid, etc. A listing of these and the many other services available to our students is available at http://www.mclennan.edu/campus-resource-guide/

College personnel recognize that food, housing, and transportation are essential for student success. If you are having trouble securing these resources or want to explore strategies for balancing life and school, we encourage you to contact a Success Coach by calling (254) 299-8226 or emailing SuccessCoach@mclennan.edu. Students may visit the Completion Center Monday-Friday from 8 a.m.-5 p.m. to schedule a meeting with a Success Coach and receive additional resources and support to help reach academic and personal goals. Paulanne's Pantry (MCC's food pantry) provides free food by appointment to students, faculty and staff based on household size. Text (254) 870-7573 to schedule a pantry appointment. The Completion Center and pantry are located on the Second Floor of the Student Services Center (SSC).

MCC Foundation Emergency Grant Fund:

Unanticipated expenses, such as car repairs, medical bills, housing, or job loss can affect us all. Should an unexpected expense arise, the MCC Foundation has an emergency grant fund that may be able to assist you. Please go to https://www.mclennan.edu/foundation/scholarships-and-resources/emergencygrant.html to find out more about the emergency grant. The application can be found at https://www.mclennan.edu/foundation/docs/Emergencygrant.html (Grant Application.pdf.

Minimum Technical Skills:

Students should have basic computer skills, knowledge of word processing software, and a basic understanding of how to use search engines and common web browsers.

Backup Plan for Technology:

In the event MCC's technology systems are down, you will be notified via your MCC student email address. Please note that all assignments and activities will be due on the date specified in the Instructor Plan, unless otherwise noted by the instructor.

Minimum System Rquirements to Utilize MCC's D2L|Brightspace:

Go to https://www.mclennan.edu/center-for-teaching-and-learning/Faculty%20and%20Staff%20Commons/requirements.html for information on the minimum system requirements needed to reliably access your courses in MCC's D2L|Brightspace learning management system.

Email Policy:

McLennan Community College would like to remind you of the policy (http://www.mclennan.edu/employees/policy-manual/docs/E-XXXI-B.pdf) regarding college email. All students, faculty, and staff are encouraged to use their McLennan email addresses when conducting college business.

A student's McLennan email address is the preferred email address that college employees should use for official college information or business. Students are expected to read and, if needed, respond in a timely manner to college emails.

Instructional Uses of Email:

Faculty members can determine classroom use of email or electronic communications. Faculty should expect and encourage students to check the college email on a regular basis. Faculty should inform students in the course syllabus if another communication method is to be used and of any special or unusual expectations for electronic communications.

If a faculty member prefers not to communicate by email with their students, it should be reflected in the course syllabus and information should be provided for the preferred form of communication.

Email on Mobile Devices:

The College recommends that you set up your mobile device to receive McLennan emails. If you need assistance with set-up, you may email Helpdesk@mclennan.edu for help.

Forwarding Emails:

You may forward emails that come to your McLennan address to alternate email addresses; however, the College will not be held responsible for emails forwarded to an alternate address that may be lost or placed in junk or spam filters.

MCC Academic Integrity Statement:

Go to <u>www.mclennan.edu/academic-integrity</u> for information about academic integrity, dishonesty, and cheating.

Accommodations/ADA Statement:

Any student who is a qualified individual with a disability may request reasonable accommodations to assist with providing equal access to educational opportunities. Students should contact the Accommodations Coordinator as soon as possible to provide documentation and make necessary arrangements. Once that process is completed, appropriate verification will be provided to the student and instructor. Please note that instructors are not required to provide classroom accommodations to students until appropriate verification has been provided by the Accommodations Coordinator. For additional information, please visit www.mclennan.edu/disability.

Students with questions or who require assistance with disabilities involving physical, classroom, or testing accommodations should contact:

disabilities@mclennan.edu 254-299-8122

Room 319, Student Services Center

Title IX:

We care about your safety, and value an environment where students and instructors can successfully teach and learn together. If you or someone you know experiences unwelcomed behavior, we are here to help. Individuals who would like to report an incident of sexual misconduct are encouraged to immediately contact the Title IX Coordinator at titleix@mclennan.edu or by calling Dr. Drew Canham (Chief of Staff for Diversity, Equity & Inclusion/Title IX) at (254) 299-8645. Individuals also may contact the MCC Police Department at 299-8911 or the MCC Student Counseling Center at MCC at (254) 299-8210. The MCC Student Counseling Center is a confidential resource for students. Any student or employee may report sexual harassment anonymously by visiting http://www.lighthouse-services.com/mclennan/.

Go to McLennan's Title IX webpage at www.mclennan.edu/titleix/. It contains more information about definitions, reporting, confidentiality, resources, and what to do if you or someone you know is a victim of sexual misconduct, gender-based violence or the crimes of rape, acquaintance rape, sexual assault, sexual harassment, stalking, dating violence, or domestic violence.

Disclaimer:

The resources and policies listed above are merely for informational purposes and are subject to change without notice or obligation. The College reserves the right to change policies and other requirements in compliance with State and Federal laws. The provisions of this document do not constitute a contract.