

WACO, TEXAS

# AND INSTRUCTOR PLAN

Anatomy and Physiology I BIOL 2401.87,90 Donna Ewing

NOTE: This is a 16-week course.

#### **COVID 19 Notice:**

McLennan Community College is committed to providing you with every resource you need to reach your academic goals including your safety. We will continue to monitor the evolving situation with COVID 19 and adjust our safety guidelines to make sure we offer a safe environment for you and our faculty. Please make sure to consult your faculty and the MCC website on any changes to these guidelines.

## Course Description:

Anatomy and Physiology I is the first part of a two course sequence. It is a study of the structure and function of the human body including cells, tissues and organs of the following systems: integumentary, skeletal, muscular, nervous and special senses. Emphasis is on interrelationships among systems and regulation of physiological functions involved in maintaining homeostasis. The lab provides a hands-on learning experience for exploration of human system components and basic physiology. Systems to be studied include integumentary, skeletal, muscular, nervous, and special senses.

Semester Hours 4(3 lec/3lab)

# Prerequisites and/or Corequisites:

Must have passed the reading and writing portion of the TSI Assessment or have credit for INRW 0402.

## Instructor Information:

Instructor Name: Donna Ewing

E-mail: dewing@mclennan.edu

Office Location: Science Building 243

Office/Teacher Conference Hours: Zoom by appointment

All textbook materials are available through Inclusive Access in the Brightspace Course. Students do not need to purchase anything additional from the bookstore.

Required: Computer that has Chrome installed with either a built in webcam or one purchased separately. This is required for proctored exams. Reliable internet is also required. Always have a plan B.

## Methods of Teaching and Learning:

Lectures, exams, labs, digital media and /or alternative means.

## Course Objectives and/or Competencies: Course Objectives:

- Critical Thinking (CT) -- to include creative thinking, innovation, inquiry, and analysis, evaluation and synthesis of information
  - o Taught through daily discussion and assessed using lecture exams with a course-wide bank of CT questions and laboratory challenge students to answer more complicated real-life questions and predict outcomes using what they've learned in lecture.
  - Communications Skill (COM)-- to include effective written, oral, and visual communication
  - o Taught through formal or informal presentation (including oral, written, and visual components), class discussion and assessment via common rubric for use of scientific language, clarity, and understanding. Also taught using scientific articles or current events within face-to-faceor

online discussion groups.

- Empirical & Quantitative Skills (EQS) -- to include applications of scientific and mathematical concepts.
  - o Taught using specific laboratory exercises involving measurements and very basic data collection. (E.g., measuring arm length among each group, tallying

the data, and then analyzing it by gender and height.).

- Teamwork to include the ability to consider different points of view and to work effectively
  with others to support a shared purpose or goal
  - Taught using specific laboratory or homework exercises and/or through class or online discussion of a given topic.

# Learning Outcomes (lecture):

Upon successful completion of this course, students will:

- $1. \quad Use an atomical terminology to identify and describe locations of major organs of$ 
  - each system covered.
- 2. Explain interrelationships among molecular, cellular, tissue, and organ functions in
  - each system.
  - 3. Describe the interdependency and interactions of the systems.
  - 4. Explain contributions of organs and systems to the maintenance of homeostasis.
    - 5. Identify causes and effects of homeostatic imbalances.
  - 6. Describe moderntechnology and tools used to study anatomy and physiology.

#### Learning Outcomes (laboratory):

Upon successful completion of this course, students will:

- 1. Apply appropriate safety and ethical standards.
  - 2. Locate ad identify anatomical structures.
- 3. Appropriately utilize laboratory equipment, such as microscopes, dissection tools, generallabware, physiology data acquisition systems, and virtual simulations.
  - 4. Work collaboratively to perform experiments.
  - 5. Demonstrate the steps involved in the scientific method.
  - 6. Communicate results of scientific investigations, analyze data and formulate conclusions.
- 7. Use critical thinking and scientific problem-solving skills, including, but not limited to, inferring, integrating, synthesizing, and summarizing, to make decisions, recommendations and predictions

# Course Schedule 2401 Fall 2022

	Course Unit	Assignment and Labs	Tests	Due Dates @ 11:59 pm CST
Week 1	Course Unit 1	Intro to A and P Smart Book- Intro	START IN BRIGHSPACE	Wed Aug 24
	Chap 1	SmartBook APR- Anatomy Physiology Revealed	Test Dates Subject to change	Sat Aug 27
Week 2	START IN	BRIGHTSPACE		
Week 2	Tissues Chap 5-	Smart Book		Wed Aug 31
	Tissues	Smart Book APR, Lab		Sat Sept 3
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Week 3	Course Unit 2	START IN	BRIGHTSPACE	
	Skin Chapter 6	SmartBook		Wed Sept 7
	Reviews	APR		Thursday Sept 8
		Chapter 1 and 5	TEST 1	Friday Sept 9-Sat Sept 10
Week 4	START IN	BRIGHTSPACE		
	Bones- Chapter 7	Smart Book APR		Wed Sept 14

		Smart Book-Part 2 Animations		Sat Sept 17
Week 5	LOT OF WORK	THIS WEEK	START IN	BRIGHTSPACE
	Skeletal- Chapter 8	Smart Book APR		Wed Sept 21
		Smart Book APR		Sat Sept 24
Week 6	Course Unit 3	START IN	BRIGHTSPACE	
	Joints 9	Smart Book APR		Wed Sept 28
		APR, Animations		Sat Oct 1
			Test 2	
Week 7				
	Muscle Tissue- 10	SmartBook		Wed Oct 5
		Smartibook-APR		Sat Oct 8
Week 8	Muscles-11	SmartBook, APR		Wed Oct 12
		SmartBook, APR		Sat Oct 15
Week 9			Test 3	Sat Oct 22
Week 10	Course Unit 4			
		SmartBook, APR		Wed Oct 26
	Nervous-12	SmartBook, APR		Sat Oct 29
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Week 11	Central Nervous- 12	Smartbook, APR		Wed Nov 2
		Smartbook, APR		Wed Nov 5
Week 12	Peripheral Nervous-13	Smartbook, APR		Wed Nov 9
		Smartbook, APR		Sat Nov 12
	Course Unit 5			
Week 13	Autonomic- 14	Smartbook, APR		Wed Nov 16
			Test 4	Sat Nov 19
	NEW CHAPTER	DUE SAT		
Week 14	Special Senses 15	Smartbook, APR		Wed Nov 23
				THANKSGIVING
		Review for	Exam	Wed Nov 30
Week 15		Final Exam	Final	Dec 3
		Final Lab Exam	Final	Dec 3
	NOTE: Schedule	subject to	change.	Updates In Brightspace.

Connect- SmartBook, APR, Labs 200 points

Exams – 800 points

# Late Work, Attendance, and Make Up Work Policies

Late work will not be accepted without special permission from instructor.
Follow the due dates on the Course Schedule.

# Life will happen. Please contact instructor at the first sign of a crisis.

All work in **CONNECT** counts for points! (Exeption - a few review assignments which are labeled review)

# Make up Work-

Everyone is busy and has life outside of class.

In order to be consistent, make up work will not be allowed except in extreme circumstances.

(death of immediate family member- does not include cousins, grandparents, etc)

You have 2 due dates each week. Do not wait until the weekend to get your work done. Something will happen. Plan ahead and work ahead. If you do have to go out of town on an emergency, be prepared to work on your class while gone. You are preparing for a health field career.

# Student Behavioral Expectations or Conduct Policy:

Student are expected to be respectful, professional, on time and conduct themselves as they would in their future health care program and career. Cursing, name calling, outbursts of any kind will not be tolerated. Students are expected to put forth the required effort to be successful in this class.

# This class requires your BEST EFFORT throughout the semester

It is fast. It is demanding. Plan accordingly.

Let your friends and family know you are taking this class.

You cannot just "fit it in" your current schedule.

#### **Click Here for the MCC Attendance/Absences Policy**

# (https://www.mclennan.edu/highlander-guide/policies.html)

The link above will provide you with information about academic integrity, dishonesty, and cheating. Cheating is not tolerated. You are preparing for your health career. You only shortchange yourself and you may be kicked out of class. Do your own work.



# **ACADEMIC RESOURCES/POLICIES**

# **Accommodations/ADA Statement:**

Any student who is a qualified individual with a disability may request reasonable accommodations to assist with providing equal access to educational opportunities. Students should contact the Accommodations Coordinator as soon as possible to provide documentation and make necessary arrangements. Once that process is completed, appropriate verification will be provided to the student and instructor. Please note that instructors are not required to provide classroom accommodations to students until appropriate verification has been provided by the Accommodations Coordinator. For additional information, please visit <a href="https://www.mclennan.edu/disability">www.mclennan.edu/disability</a>.

Students with questions or who require assistance with disabilities involving physical, classroom, or testing accommodations should contact:

disabilities@mclennan.edu 254-299-8122 Room 319, Student Services Center

## Title IX:

We care about your safety, and value an environment where students and instructors can successfully teach and learn together. If you or someone you know experiences unwelcomed behavior, we are here to help. Individuals who would like to report an incident of sexual misconduct are encouraged to immediately contact the Title IX Coordinator at <a href="mailto:titleix@mclennan.edu">titleix@mclennan.edu</a> or by calling Dr. Drew Canham (Chief of Staff for Diversity, Equity & Inclusion/Title IX) at (254) 299-8645. Individuals also may contact the MCC Police Department at 299-8911 or the MCC Student Counseling Center at MCC at (254) 299-8210. The MCC Student Counseling Center is a confidential resource for students. Any student or employee may report sexual harassment anonymously by visiting <a href="http://www.lighthouse-services.com/mclennan/">http://www.lighthouse-services.com/mclennan/</a>.

Go to McLennan's Title IX webpage at <a href="www.mclennan.edu/titleix/">www.mclennan.edu/titleix/</a>. It contains more information about definitions, reporting, confidentiality, resources, and what to do if you or someone you know is a victim of sexual misconduct, gender-based violence or the crimes of rape, acquaintance rape, sexual assault, sexual harassment, stalking, dating violence, or domestic violence.

# **Student Support/Resources:**

MCC provides a variety of services to support student success in the classroom and in your academic pursuits to include counseling, tutors, technology help desk, advising, financial aid, etc. A listing of these and the many other services available to our students is available at <a href="http://www.mclennan.edu/campus-resource-guide/">http://www.mclennan.edu/campus-resource-guide/</a>

College personnel recognize that food, housing, and transportation are essential for student success. If you are having trouble securing these resources or want to explore strategies for balancing life and school, we encourage you to contact a Success Coach by calling (254) 299-8226 or emailing <a href="SuccessCoach@mclennan.edu">SuccessCoach@mclennan.edu</a>. Students may visit the Completion Center Monday-Friday from 8 a.m.-5 p.m. to schedule a meeting with a Success Coach and receive additional resources and support to help reach academic and personal goals. Paulanne's Pantry (MCC's food pantry) provides free food by appointment to students, faculty and staff based on household size. Text (254) 870-7573 to schedule a pantry appointment. The Completion Center and pantry are located on the Second Floor of the Student Services Center (SSC).

# **MCC Foundation Emergency Grant Fund:**

Unanticipated expenses, such as car repairs, medical bills, housing, or job loss can affect us all. Should an unexpected expense arise, the MCC Foundation has an emergency grant fund that may be able to assist you. Please go to <a href="https://www.mclennan.edu/foundation/scholarships-and-resources/emergencygrant.html">https://www.mclennan.edu/foundation/scholarships-and-resources/emergencygrant.html</a> to find out more about the emergency grant. The application can be found at <a href="https://www.mclennan.edu/foundation/docs/Emergencygrant">https://www.mclennan.edu/foundation/docs/Emergencygrant</a> Application.pdf.

# **MCC Academic Integrity Statement:**

Go to <u>www.mclennan.edu/academic-integrity</u> for information about academic integrity, dishonesty, and cheating.

# Minimum System Requirements to Utilize MCC's D2L|Brightspace:

Go to <a href="https://www.mclennan.edu/center-for-teaching-and-learning/Faculty-and-Staff-Commons/requirements.html">https://www.mclennan.edu/center-for-teaching-and-learning/Faculty-and-Staff-Commons/requirements.html</a> for information on the minimum system requirements needed to reliably access your courses in MCC's D2L|Brightspace learning management system.

# **Minimum Technical Skills:**

Students should have basic computer skills, knowledge of word processing software, and a basic understanding of how to use search engines and common web browsers.

## **Backup Plan for Technology:**

In the event MCC's technology systems are down, you will be notified via your MCC student email address. Please note that all assignments and activities will be due on the date specified in the Instructor Plan, unless otherwise noted by the instructor.

# **Email Policy:**

McLennan Community College would like to remind you of the policy (<a href="http://www.mclennan.edu/employees/policy-manual/docs/E-XXXI-B.pdf">http://www.mclennan.edu/employees/policy-manual/docs/E-XXXI-B.pdf</a>) regarding college email. All students, faculty, and staff are encouraged to use their McLennan email addresses when conducting college business.

A student's McLennan email address is the preferred email address that college employees should use for official college information or business. Students are expected to read and, if needed, respond in a timely manner to college emails. For more information about your student email account, go to <a href="https://www.mclennan.edu/student-email">www.mclennan.edu/student-email</a>.

# **Instructional Uses of Email:**

Faculty members can determine classroom use of email or electronic communications. Faculty should expect and encourage students to check the college email on a regular basis. Faculty should inform students in the course syllabus if another communication method is to be used and of any special or unusual expectations for electronic communications.

If a faculty member prefers not to communicate by email with their students, it should be reflected in the course syllabus and information should be provided for the preferred form of communication.

# **Email on Mobile Devices:**

The College recommends that you set up your mobile device to receive McLennan emails. If you need assistance with set-up, you may email <a href="mailto:Helpdesk@mclennan.edu">Helpdesk@mclennan.edu</a> for help.

You can find help on the McLennan website about connecting your McLennan email account to your mobile device:

- Email Setup for iPhones and iPads (https://support.microsoft.com/en-us/office/set-up-an-outlook-account-in-the-ios-mail-app-b2de2161-cc1d-49ef-9ef9-81acd1c8e234?ui=en-us&rs=en-us&ad=us)
- Email Setup for Androids (https://support.microsoft.com/en-us/office/set-up-email-in-android-email-app-71147974-7aca-491b-978a-ab15e360434c?ui=en-us&rs=en-us&ad=us)

# **Forwarding Emails:**

You may forward emails that come to your McLennan address to alternate email addresses; however, the College will not be held responsible for emails forwarded to an alternate address that may be lost or placed in junk or spam filters.

For more helpful information about technology at MCC, go to MCC's Tech Support Cheat Sheet or email helpdesk@mclennan.edu.

# **Disclaimer:**

The resources and policies listed above are merely for informational purposes and are subject to change without notice or obligation. The College reserves the right to change policies and other requirements in compliance with State and Federal laws. The provisions of this document do not constitute a contract.