

WACO, TEXAS

# AND INSTRUCTOR PLAN

**Pharmacology of Addiction** 

DAAC 1304.01 Catie Capp-Hays, LCSW

**NOTE:** This is a 16-week, face to face course.

#### **COVID 19 Notice:**

McLennan Community College is committed to providing you with every resource you need to reach your academic goals including your safety. We will continue to monitor the evolving situation with COVID 19 and adjust our safety guidelines to make sure we offer a safe environment for you and our faculty. Please make sure to consult your faculty and the MCC website at <a href="https://www.mclennan.edu/crisis-management/coronavirus-updates/index.html">https://www.mclennan.edu/crisis-management/coronavirus-updates/index.html</a> on any changes to these guidelines.

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#### **Course Description:**

Psychological, physiological, and sociological effects of mood altering substances and behaviors and their implications for the addiction process are discussed. Emphasis on pharmacological effects of tolerance, dependency/withdrawal, cross addiction, and drug addiction. (3 Lec.)

#### **Prerequisites and/or Corequisites:**

None

#### **Course Notes and Instructor Recommendations:**

This is a face to face course. To do well in this class, you must come to class, read the entire chapter, review the power points, study, and complete assignments and exams timely. ZOOMing into class is not longer allowed unless under special circumstances. If you need help, please reach out to me earlier- not later!

It is expected that the papers you submit for this class is one that was written solely for this class and not for another class. To write a paper and submit it for a grade in two different classes is highly unethical. Students caught doing this will receive a zero (0) for this assignment.

If you are retaking this course, you must submit a NEW documentary review and NEW response papers. Do not resubmit the papers that you submitted the first time that you took this course. If you resubmit an old paper, you will earn ZERO points for the paper.

#### **Instructor Information:**

Instructor Name: Catie Capp-Hays, LCSW
MCC Email: ccapp-hays@mclennan.edu

Office Phone Number: 254-299-8772 Office Location: CSC E, 129-E

Office/Teacher Conference Hours: See schedule on office door or Brightspace

Other Instruction Information: ZOOM Meeting ID: 356 478 0936

#### **Required Text & Materials:**

Title: Drugs Across the Spectrum

Authors: Raymond Goldberg and Pardess Mitchell

Edition: 8th

Publisher: Brooks/Cole ISBN: 978-1337557368

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MCC Bookstore Website: http://www.mclennan.edu/bookstore/

#### **Methods of Teaching and Learning:**

This is a face to face course. To do well in this class, you must come to class, read the entire chapter, review the power points, study, and complete assignments and exams timely. ZOOMing into class is not longer allowed unless under special circumstances. It is really important to communicate with me. If you need help, please reach out to me earlier- not later!

All Assignments will be submitted through Brightspace. All Exams will be completed in Brightspace outside of class. Please see the course schedule for the dates and times the Exams open and closed. Since the Exams are open for a total of 4 days, I will not reopen the Exams unless there is a legitimate reason. I determine what a legitimate reason is.

#### **Course Objectives and/or Competencies:**

Appropriate workplace competencies and foundation skills identified by the Council for Standards in Human Services Education (CSHSE) for the Associate's Degree level are integrated into the following objectives/competencies. Specifically, this course addresses these CSHSE standards:

- **Standard 12:** The curriculum shall include knowledge and theory of the interaction of human systems including: individual, interpersonal, group, family, organizational, community, and societal.
- **Standard 13:** The curriculum shall address the scope of conditions that promote or inhibit human functioning.
- **Standard 18:** The curriculum shall incorporate human services values and attitudes and promote understanding of human services ethics and their application in practice. In addition, the Mental Health/Social Work Dept. has identified the following **Student Learning Outcomes (SLOs)** for this course.

By the end of the semester, the student will be able to: differentiate and explain the stages of drug use and addiction; identify the components of the central nervous system and explain their general functions in relation to drug use; explain the physiological and psychological effects of drugs or addictive behavior on the major systems of the body; identify classes and schedules of psychoactive drugs; and define terms common to drug use, misuse, abuse and dependence.

\*\* Please note that SLO's are administered during the Fall only\*\*\*

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## **Course Outline or Schedule:**

Course schedule is subject to change based on student needs. Students will be notified by the professor of changes via Brightspace.

Please note... All Assignments MUST submitted via Brightspace. All Exams will be completed in Brightspace (outside of class).

Week/Date of Class	Topic	Assignments (Readings
Meetings		prior to class meetings
Week 1	Ice Breaker	Read Chapter 1
8/22 & 8/24	Introduction to the course +	
	syllabus review	
	APA	
	Start Chapter 1: Drugs in	
	Perspective	
Week 2	Finish Chapter 1	Read Chapter 2
8/29 & 8/31	Start Chapter 2: Impact of	
	Drugs in Society	Pre-Test DUE on or before
		8/29/22 by 8 pm
Week 3	Finish Chapter 2	Read Chapter 3
9/5 – Labor Day- NO CLASS		
9/7- WE HAVE CLASS		
Week 4	Chapter 3: Drugs and the Law	Read Chapter 4
9/12 & 9/14		
		<b>Documentary Review DUE</b>
		on or before 9/14 by 8 pm
		via Brightspace
Week 5	Chapter 4: The Pharmacology	Read Chapter 5
9/19 & 9/21	and Physiology of Drug Use	
Week 6	Chapter 5: Synthetic,	Read Chapter 6
9/26 & 9/28	Performance-Enhancing, and	
	Other Drugs	EXAM 1:
		covers chapters 1-5
		The exam will open on 9/29
		@ 8a and will close on 10/2
		@ <b>8p</b>

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Chapter 6: Alcohol	Read Chapter 7
	Reflection Paper 1 DUE on
	or before 10/5 by 8 pm
Chapter 7: Tobacco	Read Chapter 8
Chapter 8: Narcotics	Read Chapter 9
Chapter 9: Sedative-Hypnotic	Read Chapter 10
Drugs	EVAM 2.
	EXAM 2: covers chapters 6-9
	The exam will open on
	10/27 @ 8a and will close on
	10/30 @ 8p
Chapter 10:	Read Chapter 11
Psychotherapeutic Drugs	-
	<b>Reflection Paper 2 DUE on</b>
	or before 11/2 by 8p
Chapter 11: Stimulants:	Read Chapter 12
Cocaine, Amphetamines,	
Caffeine	
Chapter 12: Marijuana	Read Chapter 13
Chapter 13: Hallucinogens	Reflection Paper 3 DUE on
	or before 11/21 by 8p
Finish Chapter 13	
Final Exam Prep	
	Chapter 7: Tobacco  Chapter 8: Narcotics  Chapter 9: Sedative-Hypnotic Drugs  Chapter 10: Psychotherapeutic Drugs  Chapter 11: Stimulants: Cocaine, Amphetamines, Methamphetamines, and Caffeine  Chapter 12: Marijuana  Chapter 13: Hallucinogens

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FINAL EXAM	The final exam will open on	Final Exam Covers
	12/1 at 8 am and will close	Chapters 10-13
	on 12/5 at 8p. POST TEST	
	due on or before 12/5 by 8	
	pm	

#### **Course Grading Information:**

There are a total of 3 exams in this course. Exam 1 covers 5 chapters while Exam 2 and the Final Exam covers 4 chapters each. The final exam is NOT cumulative/comprehensive- it will cover the last 4 chapters in the course. All Exams will be taken via Brightspace (not during class time). The exam dates and when they will be opened in Brightspace are notated in the course outline and schedule above. Each exam will be 50 questions (multiple choice and true/false). Bonus questions will be included as well. All Exams will be timed (80 minutes). Professor will provide a study guide prior to each test. The study guides are be posted in Brightspace.

#### Pre/Post Tests FALL SEMESTER ONLY

As a part of our Student Learning Outcomes (SLO), we are asking students to take a test at the start of the course (pre-test) and another test at the end of the course (post-test). These are all generalized questions from the overall content of the course. All questions are Multiple Choice. Your scores on these 2 tests do not factor into your final grade for the course. They will be used for statistical purposes only.

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#### **Documentary Review**

- 1. Please watch the You Tube video: Chasing the Dragon: The Life of an Opiate Addict. https://www.youtube.com/watch?v=pzhD2MyelbY
- 2. Use the following headings and give your responses in your own words. Your paper will be graded partially based upon the inclusion of ALL points below. Please make sure you address each prompt:
  - 1. **Summary:** Tell me in 1 or 2 paragraphs what the documentary was about. This part should NOT take up the bulk of your paper.
    - (Most of your paper should consist of points 2 and 3)
  - 2. New Information Learned: Tell me 3 or more things you learned from the documentary that you did not know before. Be specific and explain your points. How can you use this knowledge? How will this new knowledge impact your future career?
  - 3. **Prior Knowledge:** Tell me 3 or more things you already knew and that the documentary confirmed.

Use double-spaced 12-point Times New Roman font. This review should be **2-3 pages** and must be submitted via Brightspace.

#### Reflection Papers

Three (3) times throughout the semester, students will complete papers in response to course content and discussion. The instructions and prompts for each paper will be posted on Brightspace. All papers must be submitted via Brightspace on or before the date listed on this syllabus. The intent of these papers is for students to demonstrate an ability to critically think about the course content and apply it to "real life" practice. Though there may at times not be a "right answer" on the response paper prompts, you are expected to demonstrate an ability to reason and logically back-up your responses. The Reflection Paper prompts are located at the end of the syllabus and in Brightspace.

It is expected that the papers you submit for this class is one that was written solely for this class and not for another class. To write a paper and submit it for a grade in two different classes is highly unethical. Students caught doing this will receive a zero (0) for this assignment.

If you are retaking this course, you must submit a NEW documentary review and NEW response papers. Do not resubmit the papers that you submitted the first time that you took this course. If you resubmit an old paper, you will earn ZERO points for the paper.

#### **Course Grading Information:**

Assessment Percentages	Total Percentage
Exams (3 @ 18% each)	54%
Reflection Papers (3 @ 10% each)	30%
Documentary Review	16%

Course grades are firm and will not be "curved" or "bumped." **Grades are based on actual performance, not amount of effort exerted, potential, hardships encountered during the semester, etc.** There is <u>no</u> extra credit in this course. In order to earn a C or above, students must stay current with readings and assignments and exhibit strong class performance.

A minimum final grade of C is required in all Mental Health/Social Work classes for graduation.

W WITHDREW - this grade is given for an instructor- or student-initiated course withdrawal through the 12th week of a semester (fourth week, Summer day term; sixth week, Summer nine-week term). After the 12th week or until the end of the semester (fourth week, Summer day term; sixth week, Summer nine-week term), if a student withdraws from a course the instructor will either assign a W if passing work was being accomplished or an F if the student was doing failing work).

I INCOMPLETE - is given when a course is incomplete because of a student's absence caused by reasons acceptable to the instructor. To be eligible, the student must have essentially completed the course. If work is not made up within the following long semester, the "I" will be changed to and "F" and the course must be repeated if credit is to be given.

#### Late Work, Attendance, and Make Up Work Policies:

No late work will be accepted in this class. All work not turned in by the due date will receive a "0." Regular attendance (face to face in the classroom) is expected of all students, and each instructor will maintain a complete record of attendance for the entire length of each course, including online and hybrid courses. Students will be counted absent from class meetings missed, beginning with the first official day of classes. Students, whether present or absent, are responsible for all material presented or assigned for a course and will be held accountable for such materials in the determination of course grades. For on-line classes, the instructor will evaluate attendance by participation in the weekly assignments. This means if a student completes the discussion board and quiz for the week, the student will be counted present for the class for the week.

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Students who are absent from 25% of scheduled class meetings (8 classes) may be withdrawn with a grade of W unless the professor has reason to believe the student will complete the course. However, if a student reaches the 25% point after the official drop date, the student will receive an F.

As stated in the Highlander Guide, "students will be permitted to make up class work and assignments missed due to absences caused by (1) authorized participation in official college functions, (2) personal illness, (3) an illness or a death in the immediate family, or (4) the observance of a religious holy day." All other reasons for late work will be considered at my discretion and will likely require documentation. It is your responsibility to inform me of any absences and their reasons in a timely manner. For this course, that means **you will be dropped on the 8**<sup>th</sup> **absence.** 

Assignment/Exam submission folders close as noted on Brightspace and/or in the syllabus and will not be reopened for any reason. Make sure you set aside enough time to complete your submissions on a timely basis while they're open if the professor asks that you submit an assignment in Brightspace.

<u>Attendance/Participation</u>: In this course, the student <u>will not receive a grade for attendance and participation</u>. However, attendance and participation are rewarded when it comes to calculating the student's final grade.

#### **Student Behavioral Expectations or Conduct Policy:**

Students are expected to maintain decorum that includes respect for other students and the professor, prompt and regular participation, and an attitude that seeks to take full advantage of the educational opportunity.

Students who willfully disrupt the learning environment or whose presence constitutes a substantial and material threat to the orderly operation of the premises may be involuntarily withdrawn. Students whose behavior is overtly disruptive to the learning environment will be asked to leave class at the professor's discretion and counted absent for the day. This may include, but is not limited to, eating in class, talking out of turn to classmates, and cell phone use during class. See the Highlander Guide for more information on this policy. For on-line classes, students who willfully disrupt the learning environment may be withdrawn from class.

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#### **Click Here for the MCC Attendance/Absences Policy**

#### (https://www.mclennan.edu/highlander-guide/policies.html)

Click on the link above for the college policies on attendance and absences. Your instructor may have additional guidelines specific to this course.

#### **Click Here for the MCC Academic Integrity Statement**

#### (www.mclennan.edu/academic-integrity)

The link above will provide you with information about academic integrity, dishonesty, and cheating.

Cheating will not be tolerated. Any student found to be cheating will be subject to grade reduction, re-doing of assignments, reported to the conduct department, and/or dismissed from the course. Examples of cheating include but are not limited to:

- Copying the work of another student
- Seeking excused absences/tardies under false pretenses
- Plagiarism (claiming as your own work the work of another)

<sup>\*</sup> You will need to access each link separately through your Web browser (for example: Mozilla Firefox, Chrome, Microsoft Edge or Safari) to print each link's information.

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# Pharmacology of Addiction Reflection Papers

You will complete three (3) reflection papers throughout the semester. These papers are an opportunity for you to demonstrate your ability to critically think about and apply the course material. Please read the guidelines for each paper before completing it, as the prompts are all different.

All of the response papers must meet the following criteria:

- APA format (this includes cover page and reference page)
- Typed
- Double-spaced
- 12-point font
- Times New Roman
- 1-inch margins
- 2 pages long (no more than 3 pages) If the reflection paper is less than 2 pages, there will be a MAJOR point deduction
- A total of 2 references: 1 textbook reference and 1 reference from another periodical). If you do not use at least 2 references (1 textbook and 1 periodical), there will be a MAJOR point deduction.

It is really important to follow all of the prompts listed below. Failure to do so will result in a MAJOR point deduction.

Writing in APA and using in-text citations is incredibly important. If you do not use in-text citations throughout your paper, you will earn a ZERO on the paper! If you do not include a reference page for this paper, you will earn a ZERO on the paper. If your paper has no in-text citations and no reference page, you will earn a ZERO on the paper.

<u>Grammar/punctuation/sentence structure</u>: The use of proper grammar, punctuation, and sentence structure is extremely important in college and when one enters the workforce. Good grammar keeps your readers or listeners focused on what you have to say, not on how you are saying it or why you are making mistakes. Using proper grammar, spelling, punctuation, and sentence structure is extremely important to this professor. **I will take up to 25 points off on any paper that has numerous grammatical, spelling, punctuation, etc errors.** If you need help with using correct grammar, punctuation, etc, please contact Academic Support and Tutoring @ ast@mclennan.edu or 254-299-8500.

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It is expected that the papers you submit for this class is one that was written solely for this class and not for another class. To write a paper and submit it for a grade in two different classes is highly unethical. Students caught doing this will receive a zero (0) for this assignment.

If you are retaking this course, you must submit a NEW documentary review and NEW response papers. Do not resubmit the papers that you submitted the first time that you took this course. If you resubmit an old paper, you will earn ZERO points for the paper.

#### **Chapter 5: Synthetic, Performance-Enhancing and Other Drugs**

A company called DanceSafe provides on-site drug (pill) testing. People bring their drugs to them and they are tested to determine what the drug contains. They believe college students want to experiment with drugs in a safe manner. They state when the results from the test come back, many students end up throwing away the drug because it contains substances they didn't want to consume. What are your thoughts regarding onsite drug testing? Should it be legal? Do you think it makes taking drugs like ecstasy more safe? Some say it promotes drug usage. What are your thoughts?

#### **Chapter 8: Narcotics**

Heroin is one of the most effective painkilling drugs available today, yet in the United States, it is not legal for physicians and hospitals to administer it. Do you think that physicians and hospitals should have the right to administer heroin if conditions warrant? Why or why not?

#### **Chapter 10: Psychotherapeutic Drugs**

Antipsychotic drugs are often effective in reducing symptoms associated with schizophrenia. Not everyone with schizophrenia, however, wants to take the medication. Should people be required to take antipsychotic drugs against their will? Or should they have the choice to decline treatment, even though the drugs may help?



# **ACADEMIC RESOURCES/POLICIES**

#### **Accommodations/ADA Statement:**

Any student who is a qualified individual with a disability may request reasonable accommodations to assist with providing equal access to educational opportunities. Students should contact the Accommodations Coordinator as soon as possible to provide documentation and make necessary arrangements. Once that process is completed, appropriate verification will be provided to the student and instructor. Please note that instructors are not required to provide classroom accommodations to students until appropriate verification has been provided by the Accommodations Coordinator. For additional information, please visit <a href="https://www.mclennan.edu/disability/">https://www.mclennan.edu/disability/</a>.

Students with questions or who require assistance with disabilities involving physical, classroom, or testing accommodations should contact:

disabilities@mclennan.edu 254-299-8122 Room 319, Student Services Center

#### Title IX:

We care about your safety, and value an environment where students and instructors can successfully teach and learn together. If you or someone you know experiences unwelcomed behavior, we are here to help. Individuals who would like to report an incident of sexual misconduct are encouraged to immediately contact the Title IX Coordinator at <a href="mailto:titleix@mclennan.edu">titleix@mclennan.edu</a> or by calling Dr. Drew Canham (Chief of Staff for Diversity, Equity & Inclusion/Title IX) at (254) 299-8645. Individuals also may contact the MCC Police Department at 299-8911 or the MCC Student Counseling Center at MCC at (254) 299-8210. The MCC Student Counseling Center is a confidential resource for students. Any student or employee may report sexual harassment anonymously by visiting <a href="https://www.lighthouse-services.com/mclennan/incidentLandingPageV2-MCC.asp.">https://www.lighthouse-services.com/mclennan/incidentLandingPageV2-MCC.asp.</a>

Go to McLennan's Title IX webpage at <a href="https://www.mclennan.edu/titleix/">https://www.mclennan.edu/titleix/</a>. It contains more information about definitions, reporting, confidentiality, resources, and what to do if you

or someone you know is a victim of sexual misconduct, gender-based violence or the crimes of rape, acquaintance rape, sexual assault, sexual harassment, stalking, dating violence, or domestic violence.

#### Student Support/Resources:

MCC provides a variety of services to support student success in the classroom and in your academic pursuits to include counseling, tutors, technology help desk, advising, financial aid, etc. A listing of these and the many other services available to our students is available at <a href="http://www.mclennan.edu/campus-resource-guide/">http://www.mclennan.edu/campus-resource-guide/</a>.

College personnel recognize that food, housing, and transportation are essential for student success. If you are having trouble securing these resources or want to explore strategies for balancing life and school, we encourage you to contact a Success Coach by calling (254) 299-8226 or emailing <a href="mailto:SuccessCoach@mclennan.edu">SuccessCoach@mclennan.edu</a>. Students may visit the Completion Center Monday-Friday from 8 a.m.-5 p.m. to schedule a meeting with a Success Coach and receive additional resources and support to help reach academic and personal goals. Paulanne's Pantry (MCC's food pantry) provides free food by appointment to students, faculty and staff based on household size. Text (254) 870-7573 to schedule a pantry appointment. The Completion Center and pantry are located on the Second Floor of the Student Services Center (SSC).

#### **MCC Foundation Emergency Grant Fund:**

Unanticipated expenses, such as car repairs, medical bills, housing, or job loss can affect us all. Should an unexpected expense arise, the MCC Foundation has an emergency grant fund that may be able to assist you. Please go to <a href="https://www.mclennan.edu/foundation/scholarships-and-resources/emergencygrant.html">https://www.mclennan.edu/foundation/scholarships-and-resources/emergencygrant.html</a> to find out more about the emergency grant. The application can be found at <a href="https://www.mclennan.edu/foundation/docs/Emergencygrant">https://www.mclennan.edu/foundation/docs/Emergencygrant</a> Grant Application.pdf.

#### MCC Academic Integrity Statement:

Go to https://www.mclennan.edu/academic-integrity/ for information about academic integrity, dishonesty, and cheating.

#### Minimum System Requirements to Utilize MCC's D2L|Brightspace:

Go to <a href="https://www.mclennan.edu/center-for-teaching-and-learning/Faculty-and-Staff-Commons/requirements.html">https://www.mclennan.edu/center-for-teaching-and-learning/Faculty-and-Staff-Commons/requirements.html</a> for information on the minimum system requirements needed to reliably access your courses in MCC's D2L|Brightspace learning management system.

#### **Minimum Technical Skills:**

Students should have basic computer skills, knowledge of word processing software, and a basic understanding of how to use search engines and common web browsers.

#### **Backup Plan for Technology:**

In the event MCC's technology systems are down, you will be notified via your MCC student email address. Please note that all assignments and activities will be due on the date specified in the Instructor Plan, unless otherwise noted by the instructor.

#### **Email Policy:**

McLennan Community College would like to remind you of the policy regarding college email, which can be found at <a href="https://www.mclennan.edu/employees/policy-manual/docs/E-XXXI-B.pdf">https://www.mclennan.edu/employees/policy-manual/docs/E-XXXI-B.pdf</a>. All students, faculty, and staff are encouraged to use their McLennan email addresses when conducting college business.

A student's McLennan email address is the preferred email address that college employees should use for official college information or business. Students are expected to read and, if needed, respond in a timely manner to college emails. For more information about your student email account, go to <a href="https://www.mclennan.edu/student-email/">https://www.mclennan.edu/student-email/</a>.

#### <u>Instructional Uses of Email:</u>

Faculty members can determine classroom use of email or electronic communications. Faculty should expect and encourage students to check the college email on a regular basis. Faculty should inform students in the course syllabus if another communication method is to be used and of any special or unusual expectations for electronic communications.

If a faculty member prefers not to communicate by email with their students, it should be reflected in the course syllabus and information should be provided for the preferred form of communication.

#### **Email on Mobile Devices:**

The College recommends that you set up your mobile device to receive McLennan emails. If you need assistance with set-up, you may email <a href="mailto:Helpdesk@mclennan.edu">Helpdesk@mclennan.edu</a> for help.

You can find help on the McLennan website about connecting your McLennan email account to your mobile device:

- Email Setup for iPhones and iPads
- Email Setup for Androids

#### **Forwarding Emails:**

You may forward emails that come to your McLennan address to alternate email addresses; however, the College will not be held responsible for emails forwarded to an alternate address that may be lost or placed in junk or spam filters.

For more helpful information about technology at MCC, go to MCC's Tech Support Cheat Sheet or email helpdesk@mclennan.edu.

## **Disclaimer:**

The resources and policies listed above are merely for informational purposes and are subject to change without notice or obligation. The College reserves the right to change policies and other requirements in compliance with State and Federal laws. The provisions of this document do not constitute a contract.