

McLennan C O M M U N I T Y C O L L E G E

WACO, TEXAS

COURSE SYLLABUS AND INSTRUCTOR PLAN

**ABNORMAL PSYCHOLOGY
PSYC_2320-01**

SHELLY ROGERS-SHARER

NOTE: This is an 16-week course.

COVID 19 Notice:

McLennan Community College is committed to providing you with every resource you need to reach your academic goals including your safety. We will continue to monitor the evolving situation with COVID 19 and adjust our safety guidelines to make sure we offer a safe environment for you and our faculty. Please make sure to consult your faculty and the MCC website at <https://www.mclennan.edu/crisis-management/coronavirus-updates/index.html> on any changes to these guidelines.

ABNORMAL PSYCHOLOGY

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Course Description:

This course introduces the psychological, biological and socio-cultural factors involved in the development, diagnosis and treatment of psychological disorders. It includes a review of the historical understanding of abnormal behavior and the development of modern diagnostic systems. It includes discussion of psychological research and practice as it relates to mental health and psychological functioning, as well as legal and ethical issues. (Psyc. 2320 is included in the Psychology Field of Study.) Hours: 3 (3 lec.)

Prerequisites and/or Corequisites:

Completion of 2301 General Psychology with a grade of a C or better.

Course Notes and Instructor Recommendations:

Students will be expected to read all material thoroughly. This includes information in both Brightspace and Connect. Students are also encouraged to download course schedule, Power Points, and study guides provided in Brightspace. Grades are also available on Brightspace, and announcements here should be checked regularly as well.

Instructor Information:

Instructor Name: Shelly Rogers-Sharer

MCC E-mail: srogers-sharer@mclellan.edu

Office Phone Number: 254-299-8965

Office Location: MAC 327

Office Conference Hours: Tuesday & Thursday 8:30-9:30am, 12:30-1:00pm, and 2:20-3:20pm

Zoom meetings by appointment ONLY. (*Send me an email to schedule a virtual meeting*)

Other Instruction Information: Cell phone: 254-644-8267 (call or text during business hours)

Required Text & Materials:

Title: Abnormal Psychology, 8th Ed

Author: Susan Nolen-Hoeksema

Edition: 8th Edition

Publisher: McGraw Hill

Connect Access Card ONLY: ISBN 9781260426090 **OR**

Bundle Text w/ Connect Access Code: ISBN 9781260694956

Note: The Connect Access Code is INCLUDED with your registration fee and does NOT require an additional purchase. This code contains an online version of the textbook and gives access to class assignments. Instructions for accessing these resources will be given on the first day of class. Please do NOT purchase this code. A hard copy loose leaf version of the textbook is available if you are a student who prefers a tangible textbook, but it is not required for the course.

MCC Bookstore Website: <http://www.mclennan.edu/bookstore/>

Methods of Teaching and Learning:

Lecture and/or videos, along with the following:

Assignments/Activities

- Various assignments, activities, and discussion boards will be completed during class modules that are intended to expand and enhance the student's understanding about important topics.

Objective Quizzes/Exams

- These assessments will include objective questions in various formats over the primary characteristics (e.g. definitions, parts/features, relationships, etc.) of course topics from each chapter.

Connect Practice Sets

- Connect Practice Sets are 25 concept assessments over the student's reading of the textbook chapters. These are conducted online through the McGraw Hill Connect portal.

Course Objectives and/or Competencies:

Courses in this category focus on the application of empirical and scientific methods that contribute to the understanding of what makes us human. Courses involve the exploration of behaviors and interactions among individuals, groups, institutions, and events, examining their impact on the individual, society, and culture.

- **Critical Thinking (CT)** -- to include creative thinking, innovation, inquiry, and analysis, evaluation, and synthesis of information.
- **Communications Skill (COM)** -- to include effective written, oral, and visual communication.
- **Empirical & Quantitative Skills (EQS)** -- to include applications of scientific and mathematical concepts.
- **Social Responsibility (SR)** -- to include intercultural competency, civic knowledge, and the ability to engage effectively in regional, national, and global

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Learning Outcomes:

Upon successful completion of this course, students will be able to:

1. **Describe some of the prominent perspectives and approaches used in the study of abnormal psychology.** (CT, COM, EQS, SR.) *Taught through lectures, assigned reading, and class discussions assessed by objective exams, written assignment, and/or class projects.*
2. **Use terminology unique to the study of psychology.** (CT, COM, EQS, SR.) *Taught through lectures, assigned reading, and class discussions assessed by objective exams, written assignment, and/or class projects.*
3. **Describe accepted approaches and standards in psychological assessment and evaluation of abnormal human behavior.** (CT, COM, EQS, SR.) *Taught through lectures, assigned reading, and class discussions assessed by objective exams, written assignment, and/or class projects.*
4. **Identify factors in physiological and psychological processes involved in abnormal human behavior.** (CT, COM, EQS, SR.) *Taught through lectures, assigned reading, and class discussions assessed by objective exams, written assignment, and/or class projects.*
5. **Describe the historical influences and early schools of thought that shaped the field of abnormal psychology.** (CT, COM, EQS, SR.) *Taught through lectures, assigned reading, and class discussions assessed by objective exams, written assignment, and/or class projects.*
6. **Identify various research methods and their characteristics used in the scientific study of abnormal psychology.** (CT, COM, EQS, SR.) *Taught through lectures, assigned reading, and class discussions assessed by objective exams, written assignment, and/or class projects.*

Course Outline or Schedule:

DATE	REQUIRED READING	ASSIGNMENTS / TASKS
08-23-22	Print off Syllabus	Syllabus
08-25-22	Chapter 1 – pgs 2-21	Begin Chapter 1 – Looking at Abnormality
08-30-22	Chapter 1 – pgs 2-21	Finish Chapter 1 – Looking at Abnormality
09-01-22	Chapter 3 – pgs 58-79	Chapter 3 – Assessing and Diagnosing Abnormality
09-06-22	Chapter 4 – pgs 80-101	Chapter 4 – The Research Endeavor
09-08-22	Brightspace Test	Take Test #1 on Brightspace (Due Friday 09-09)
09-09-22	Friday Due Date!	Test #1 (Chapters 1, 3 & 4) is due! Connect Practice Sets 1, 3, & 4 are due!
09-13-22	Chapter 5 – pgs 102-145	Begin Chapter 5 – Trauma, Anxiety, OCD, and Related Disorders
09-15-22	Chapter 5 – pgs 102-145	Finish Chapter 5 – Trauma, Anxiety, OCD, and Related Disorders
09-20-22	Chapter 6 – pgs 146-167	Chapter 6 – Motor Development & Sensation & Perception
09-22-22	Chapter 7 – pgs 168-209	Begin Chapter 7 – Mood Disorders and Suicide
09-27-22	Chapter 7 – pgs 168-209	Finish Chapter 7 – Mood Disorders and Suicide

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09-29-22	Brightspace Test	Take Test #2 on Brightspace (Due Friday 09-30)
09-30-22	<i>Friday Due Date!</i>	Test #2 (Chapters 5-7) is due! Connect Practice Sets 5-7 are due!
10-04-22	Chapter 8 – pgs 210-241	Chapter 8 – Schizophrenia Spectrum and Other Psychotic Disorders
10-06-22	Chapter 9 – pgs 242-272	Begin Chapter 9 – Personality Disorders
10-11-22	Chapter 9 – pgs 242-272	Finish Chapter 9 – Personality Disorders
10-13-22	Chapter 10 – pgs 274-309	Begin Chapter 10 – Neurodevelopmental / Neurocognitive Disorders
10-18-22	Chapter 10 – pgs 274-309	Finish Chapter 10 – Neurodevelopmental / Neurocognitive Disorders
10-20-22	Brightspace Test	Take Test #3 on Brightspace (Due Friday 10-21)
10-21-22	<i>Friday Due Date!</i>	Test #3 (Chapters 8-10) is due! Connect Practice Sets 8-10 are due!
10-25-22	Chapter 11 – pgs 310-327	Chapter 11 – Disruptive, Impulse-Control, and Conduct Disorders
10-27-22	Chapter 12 – pgs 328-353	Chapter 12 – Eating Disorders
11-01-22	Chapter 13 – pgs 354-383	Chapter 13 – Sexual Disorders and Gender Diversity PAPERS ARE DUE!
11-03-22	Chapter 14 – pgs 384-419	Begin Chapter 14 – Substance Use and Gambling Disorders
11-08-22	Chapter 14 – pgs 384-419	Finish Chapter 14 – Substance Use and Gambling Disorders
11-10-22	Brightspace Test	Take Test #4 on Brightspace (Due Friday 11-11)
11-11-22	<i>Friday Due Date!</i>	Test #4 (Chapters 11-14) is due! Connect Practice Sets 11-14 are due!
11-15-22	Chapter 2 – pgs 22-56	Begin Chapter 2 – Theories and Treatment of Abnormality
11-17-22	Chapter 2 – pgs 22-56	Continue Chapter 2 – Theories and Treatment of Abnormality
11-22-22	Chapter 2 – pgs 22-56	Finish Chapter 2 – Theories and Treatment of Abnormality
11-24-22	<i>NO CLASS!!!</i>	<i>Thanksgiving Day!!!!</i>
11-29-22	Chapter 15 – pgs 420-451	Chapter 15 – Health Psychology
12-01-22	Chapter 16 – pgs 452-470	Chapter 16 – Mental Health and the Law
12-02-22	<i>Friday Due Date!</i>	Connect Practice Sets 2, 15-16 are due! Study for the Final!!!
12-08-22	Study for the Final Exam	Final Exam (Cumulative, emphasis on Chapters 2, 15 & 16) Bring Scantron 882-E!!!

Course Grading Information:

The final grade will be based on the student's average of 4 test scores, a final exam, 16 Connect Practice Sets, a paper/presentation, and class participation and attendance.

Tests: The 4 unit tests will be conducted on Brightspace. **COMPLETION OF TESTS BY DUE DATES IS MANDATORY!!** If a student is unable to complete a test, the student must inform the instructor prior to the due date. **ONLY 1 TEST MAY BE MADE-UP! If a second test is missed, it will be considered an automatic 0 for the grade.** No project can replace a(n) test/exam score. If these guidelines are not followed, the instructor has the right to reduce possible grades and/or fail the student for lack of compliance with course requirements. The instructor also holds the right for alternatives at her discretion. Each test will be weighted at 10% of the final grade.

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Final Exam: The final exam will be held on Thursday, December 8. This exam will be given **IN CLASS**. Attendance is mandatory and final exams will **NOT** be given early. Students must bring a **scantron 882-E** with them for this exam. The final exam is comprehensive with emphasis on chapters 2, 15 & 16. The final exam will be weighted at 20% of the final grade.

Connect Practice Sets: The average of 16 chapter quizzes will make up another 20% of the final grade. The quizzes are conducted online through Connect. It is the student's responsibility to obtain a Connect registration code with their book. **Quizzes have strict due dates and therefore CANNOT be made up!!!** Due dates for these can be found on the course calendar.

Paper/Presentation: Students will choose to write a paper or complete a presentation as a requirement for this course, which will comprise 10% of their total grade. The student will choose a disorder from the DSM-5. The student will then research this topic, answering 5 questions: 1) What criteria must be met to diagnosis this disorder? 2) What are 4-5 struggles a person given this diagnosis might experience in every day life? 3) What is the explanation of this diagnosis from a Psychoanalytic perspective? From a Cognitive/Behavioral perspective? And from an Humanistic perspective? 4) What exaplantion best fits your personal view of the disorder? 5) What treatments might be effective for this disorder based on the perspective of your choosing?

If the student chooses to write a paper, it must be formatted APA style, with a cover page and works cited page. It must be 3-5 typed pages in length (in addition to the cover and works cited page) and answer all the questions, **due November 1**. If the student chooses to complete a presentation, the date of the presentation will be scheduled the 3rd week of class for a future date during the semester. The presentation must be 5-10 minutes in length, answer all the questions, and have some form of visual aide to accompany it.

Grade based on the following rubric: 20% on accurate description of criteria and explanation of the struggles of the selected disorder, 20% for the 3 explanations from different perspectives, 10% on the personal perspective from the student's viewpoint, 10% on possible treatment options, 10% on timely completion according to due dates, 15% on appropriate length (whether paper or presentation), and 15% on either correct APA formatting for papers or visual aide for presentations.

Attendance and Participation: The last 10% of the final grade will be determined by the student's attendance and participation. This **includes** timeliness of coming to class, staying until class is dismissed, and coming prepared for learning and discussing the material of each class period.

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Grading Summary:

Test 1 (Chapters 1, 3 & 4) =	10%
Test 2 (Chapters 5-7) =	10%
Test 3 (Chapters 8-10) =	10%
Test 4 (Chapters 11-14) =	10%
Final Exam (Cumulative, emphasis on Chapters 2, 15&16)	20%
16 Connect Chapter Quizzes Average =	20%
Paper/Presentation =	10%
Attendance and Participation =	10%
FINAL GRADE =	100%

The traditional score equivalency will be used in this class:

A = 90-100%
B = 80-89%
C = 70-79%
D = 60-69%
F = BELOW 60%

Late Work, Attendance, and Make Up Work Policies:

No assignment, DB, or practice set is allowed to be made up after its due date and only 1 test may be made up with instructor permission. The final exam MUST be attended as scheduled.

Incomplete Grade:

Only students who have completed and passed 80% of the course requirements will be eligible for an incomplete. Illness, death in the family, or other extenuating circumstances needs to be present; and consultation with the instructor is mandatory.

Student Behavioral Expectations or Conduct Policy:

Each student is strongly recommended to participate in class. Due to the diversity of the students, many different viewpoints will be held. Students may not only disagree with each other at times, but the students and instructor may also find that they have different views on sensitive and volatile topics. It is my hope that these differences will enhance the class and create an atmosphere where students and instructor alike will be more encouraged to think and learn. Therefore, be assured that your grade will not be adversely affected by any beliefs and/or ideas expressed in class or assignments. Respect will be given for the views of others when

expressed in classroom discussions. The instructor expects students to also treat each other with respect and manifest appropriate classroom behavior.

If the instructor becomes aware of cheating or plagiarism, an automatic 0 will be given for that task. These behaviors will be reported as per MCC policy. See MCC's policy on Academic Integrity for more information.

Attendance:

Regular and punctual attendance is expected of all students, and each instructor will maintain a complete record of attendance for the entire length of each course, including online and hybrid courses. Students will be counted absent from class meetings missed, beginning with the first official day of classes. Students, whether present or absent, are responsible for all material presented or assigned for a course and will be held accountable for such materials in the determination of course grades. Instructor will follow the MCC attendance policy strictly, dropping students after 25% of classes are missed. For this class, the student will be dropped after missing 8 class periods. Attendance WILL be taken each class period.

[Click Here for the MCC Attendance/Absences Policy](https://www.mclennan.edu/highlander-guide/policies.html)

(<https://www.mclennan.edu/highlander-guide/policies.html>)

Click on the link above for the college policies on attendance and absences. Your instructor may have additional guidelines specific to this course.

** You will need to access each link separately through your Web browser (for example: Mozilla Firefox, Chrome, Microsoft Edge or Safari) to print each link's information.*

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ACADEMIC RESOURCES/POLICIES

Accommodations/ADA Statement:

Any student who is a qualified individual with a disability may request reasonable accommodations to assist with providing equal access to educational opportunities. Students should contact the Accommodations Coordinator as soon as possible to provide documentation and make necessary arrangements. Once that process is completed, appropriate verification will be provided to the student and instructor. Please note that instructors are not required to provide classroom accommodations to students until appropriate verification has been provided by the Accommodations Coordinator. For additional information, please visit <https://www.mclennan.edu/disability/>.

Students with questions or who require assistance with disabilities involving physical, classroom, or testing accommodations should contact:

disabilities@mclennan.edu

254-299-8122

Room 319, Student Services Center

Title IX:

We care about your safety, and value an environment where students and instructors can successfully teach and learn together. If you or someone you know experiences unwelcomed behavior, we are here to help. Individuals who would like to report an incident of sexual misconduct are encouraged to immediately contact the Title IX Coordinator at titleix@mclennan.edu or by calling Dr. Drew Canham (Chief of Staff for Diversity, Equity & Inclusion/Title IX) at (254) 299-8645. Individuals also may contact the MCC Police Department at 299-8911 or the MCC Student Counseling Center at MCC at (254) 299-8210. The MCC Student Counseling Center is a confidential resource for students. Any student or employee may report sexual harassment anonymously by visiting <https://www.lighthouse-services.com/mclennan/incidentLandingPageV2-MCC.asp>.

Go to McLennan's Title IX webpage at <https://www.mclennan.edu/titleix/>. It contains more information about definitions, reporting, confidentiality, resources, and what to do if you

or someone you know is a victim of sexual misconduct, gender-based violence or the crimes of rape, acquaintance rape, sexual assault, sexual harassment, stalking, dating violence, or domestic violence.

Student Support/Resources:

MCC provides a variety of services to support student success in the classroom and in your academic pursuits to include counseling, tutors, technology help desk, advising, financial aid, etc. A listing of these and the many other services available to our students is available at <http://www.mclennan.edu/campus-resource-guide/>.

College personnel recognize that food, housing, and transportation are essential for student success. If you are having trouble securing these resources or want to explore strategies for balancing life and school, we encourage you to contact a Success Coach by calling (254) 299-8226 or emailing SuccessCoach@mclennan.edu. Students may visit the Completion Center Monday-Friday from 8 a.m.-5 p.m. to schedule a meeting with a Success Coach and receive additional resources and support to help reach academic and personal goals. Paulanne's Pantry (MCC's food pantry) provides free food by appointment to students, faculty and staff based on household size. Text (254) 870-7573 to schedule a pantry appointment. The Completion Center and pantry are located on the Second Floor of the Student Services Center (SSC).

MCC Foundation Emergency Grant Fund:

Unanticipated expenses, such as car repairs, medical bills, housing, or job loss can affect us all. Should an unexpected expense arise, the MCC Foundation has an emergency grant fund that may be able to assist you. Please go to <https://www.mclennan.edu/foundation/scholarships-and-resources/emergencygrant.html> to find out more about the emergency grant. The application can be found at https://www.mclennan.edu/foundation/docs/Emergency_Grant_Application.pdf.

MCC Academic Integrity Statement:

Go to <https://www.mclennan.edu/academic-integrity/> for information about academic integrity, dishonesty, and cheating.

Minimum System Requirements to Utilize MCC's D2L|Brightspace:

Go to <https://www.mclennan.edu/center-for-teaching-and-learning/Faculty-and-Staff-Commons/requirements.html> for information on the minimum system requirements needed to reliably access your courses in MCC's D2L|Brightspace learning management system.

Minimum Technical Skills:

Students should have basic computer skills, knowledge of word processing software, and a basic understanding of how to use search engines and common web browsers.

Backup Plan for Technology:

In the event MCC's technology systems are down, you will be notified via your MCC student email address. Please note that all assignments and activities will be due on the date specified in the Instructor Plan, unless otherwise noted by the instructor.

Email Policy:

McLennan Community College would like to remind you of the policy regarding college email, which can be found at <https://www.mclennan.edu/employees/policy-manual/docs/E-XXXI-B.pdf>. All students, faculty, and staff are encouraged to use their McLennan email addresses when conducting college business.

A student's McLennan email address is the preferred email address that college employees should use for official college information or business. Students are expected to read and, if needed, respond in a timely manner to college emails. For more information about your student email account, go to <https://www.mclennan.edu/student-email/>.

Instructional Uses of Email:

Faculty members can determine classroom use of email or electronic communications. Faculty should expect and encourage students to check the college email on a regular basis. Faculty should inform students in the course syllabus if another communication method is to be used and of any special or unusual expectations for electronic communications.

If a faculty member prefers not to communicate by email with their students, it should be reflected in the course syllabus and information should be provided for the preferred form of communication.

Email on Mobile Devices:

The College recommends that you set up your mobile device to receive McLennan emails. If you need assistance with set-up, you may email Helpdesk@mclennan.edu for help.

You can find help on the McLennan website about connecting your McLennan email account to your mobile device:

- [Email Setup for iPhones and iPads](#)
- [Email Setup for Androids](#)

Forwarding Emails:

You may forward emails that come to your McLennan address to alternate email addresses; however, the College will not be held responsible for emails forwarded to an alternate address that may be lost or placed in junk or spam filters.

For more helpful information about technology at MCC, go to [MCC's Tech Support Cheat Sheet](#) or email helpdesk@mclennan.edu.

Disclaimer:

The resources and policies listed above are merely for informational purposes and are subject to change without notice or obligation. The College reserves the right to change policies and other requirements in compliance with State and Federal laws. The provisions of this document do not constitute a contract.