



WACO, TEXAS

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**COURSE SYLLABUS  
AND  
INSTRUCTOR PLAN**

**ABNORMAL PSYCHOLOGY  
PSYC\_2320-O080**

**SHELLY ROGERS-SHARER**

**NOTE: This is an 16-week Online course.**

# ABNORMAL PSYCHOLOGY

PSYC 2320 – O080

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## **Course Description:**

This course introduces the psychological, biological and socio-cultural factors involved in the development, diagnosis and treatment of psychological disorders. It includes a review of the historical understanding of abnormal behavior and the development of modern diagnostic systems. It includes discussion of psychological research and practice as it relates to mental health and psychological functioning, as well as legal and ethical issues. (Psyc. 2320 is included in the Psychology Field of Study.) Hours: 3 (3 lec.)

## **Prerequisites and/or Corequisites:**

Completion of 2301 General Psychology with a grade of a C or better.

## **Course Notes and Instructor Recommendations:**

Students will be expected to read all material thoroughly. This includes information in both Brightspace and Connect. Students are also encouraged to download course schedule, Power Points, and study guides provided in Brightspace. Grades are also available on Brightspace, and announcements here should be checked regularly as well.

## **Instructor Information:**

Instructor Name: Shelly Rogers-Sharer

MCC E-mail: [srogers-sharer@mclellan.edu](mailto:srogers-sharer@mclellan.edu)

Office Phone Number: 254-299-8965

Office Location: MAC 327

Office Conference Hours: F2F on Tuesday & Thursday 8:30-9:30am and 12:30-1:00pm

Wednesday 9:30am-12:30pm

Zoom meetings by appointment ONLY. (*Send me an email to schedule a virtual meeting*)

Other Instruction Information: Cell phone: 254-644-8267 (call or text during business hours)

## **Required Text & Materials:**

Title: Abnormal Psychology, 8<sup>th</sup> Ed

Author: Susan Nolen-Hoeksema

Edition: 8<sup>th</sup> Edition

Publisher: McGraw Hill

Connect Access Card ONLY: ISBN 9781260426090 **OR**

Bundle Text w/ Connect Access Code: ISBN 9781260694956

**Note: The Connect Access Code is INCLUDED with your registration fee and does NOT require an additional purchase. This code contains an online version of the textbook and gives access to class assignments. Instructions for accessing these resources will be given on the first day of class. Please do NOT purchase this code. A hard copy loose leaf version of the textbook is available if you are a student who prefers a tangible textbook, but it is not required for the course.**

**MCC Bookstore Website:** <http://www.mclennan.edu/bookstore/>

**Methods of Teaching and Learning:**

Lecture and/or videos, along with the following:

**Assignments/Activities**

- Various assignments, activities, and discussion boards will be completed during class modules that are intended to expand and enhance the student's understanding about important topics.

**Objective Quizzes/Exams**

- These assessments will include objective questions in various formats over the primary characteristics (e.g. definitions, parts/features, relationships, etc.) of course topics from each chapter.

**Connect Practice Sets**

- Connect Practice Sets are 25 concept assessments over the student's reading of the textbook chapters. These are conducted online through the McGraw Hill Connect portal.

**Course Objectives and/or Competencies:**

Courses in this category focus on the application of empirical and scientific methods that contribute to the understanding of what makes us human. Courses involve the exploration of behaviors and interactions among individuals, groups, institutions, and events, examining their impact on the individual, society, and culture.

- **Critical Thinking (CT)** -- to include creative thinking, innovation, inquiry, and analysis, evaluation, and synthesis of information.
- **Communications Skill (COM)** -- to include effective written, oral, and visual communication.
- **Empirical & Quantitative Skills (EQS)** -- to include applications of scientific and mathematical concepts.
- **Social Responsibility (SR)** -- to include intercultural competency, civic knowledge, and the ability to engage effectively in regional, national, and global

**Learning Outcomes:**

Upon successful completion of this course, students will be able to:

1. **Describe some of the prominent perspectives and approaches used in the study of abnormal psychology.** (CT, COM, EQS, SR.) *Taught through lectures, assigned reading, and class discussions assessed by objective exams, written assignment, and/or class projects.*
2. **Use terminology unique to the study of psychology.** (CT, COM, EQS, SR.) *Taught through lectures, assigned reading, and class discussions assessed by objective exams, written assignment, and/or class projects.*
3. **Describe accepted approaches and standards in psychological assessment and evaluation of abnormal human behavior.** (CT, COM, EQS, SR.) *Taught through lectures, assigned reading, and class discussions assessed by objective exams, written assignment, and/or class projects.*
4. **Identify factors in physiological and psychological processes involved in abnormal human behavior.** (CT, COM, EQS, SR.) *Taught through lectures, assigned reading, and class discussions assessed by objective exams, written assignment, and/or class projects.*
5. **Describe the historical influences and early schools of thought that shaped the field of abnormal psychology.** (CT, COM, EQS, SR.) *Taught through lectures, assigned reading, and class discussions assessed by objective exams, written assignment, and/or class projects.*
6. **Identify various research methods and their characteristics used in the scientific study of abnormal psychology.** (CT, COM, EQS, SR.) *Taught through lectures, assigned reading, and class discussions assessed by objective exams, written assignment, and/or class projects.*

**Course Attendance/Participation Guidelines:**

If a student is not in attendance in accordance with the policies/guidelines of the class as outlined in the course syllabus as of the course census date, faculty are required to drop students from their class roster prior to certifying the respective class roster. A student's financial aid will be re-evaluated accordingly and the student will only receive funding for those courses attended as of the course census date.

Before the 60% point of the semester, a student who is absent for 25% or more of a face-to-face or blended course or who miss 25% or more of assigned work for an online course will be withdrawn from the course with a grade of W. A student may also request to be withdrawn with a grade of W before the 60% point of the semester. After the 60% point of the semester, the student may request to be withdrawn if the student is passing, or be assigned the final grade earned at the end of the semester after grades have been updated to reflect missing work.

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## Course Outline or Schedule:

Week # ____	Dates for the Week	Material Covered	Weekly Tasks & Their Location	Due Date for Each Week
<b>Week #1</b>	Aug 21 – Aug 27	Orientation & Syllabus	Orientation Assignment (#1) ( <i>Brightspace</i> ) Introduction Discussion ( <i>Brightspace</i> ) Smartbook Orientation Video ( <i>Connect</i> )	Sun, 8-27-23
<b>Week #2</b>	Aug 28 – Sept 3	Chapter 1 ( <i>Looking at Abnormality</i> )	Read Chapter 1 PP & Module Overview Chapter 1 Practice Set ( <i>Connect</i> ) Unit 1 Discussion Board ( <i>Brightspace</i> )	Sun, 9-03-23
<b>Week #3</b>	Sept 4 – Sept 10	Chapters 3-4 ( <i>Assess/Diagnose &amp; Research</i> )	Read Chapters 3-4 PP & Module Overview Chapters 3 & 4 Practice Set ( <i>Connect</i> ) Chapters 3 & 4 Assignment (#2) ( <i>Brightspace</i> )	Sun, 9-10-23
<b>Week #4</b> <b>Wk 4 Cont</b>	Sept 11 – Sept 17	<b>Test #1</b> Chapters 5 ( <i>Trauma, Anxiety, &amp; OCD</i> )	<b>Test #1 (Chapters 1, 3, &amp; 4)</b> ( <i>Brightspace</i> ) Read Chapter 5 PP & Module Overview Chapter 5 Practice Set ( <i>Connect</i> ) Chapter 5 Assignment (#3) ( <i>Brightspace</i> )	<b>Fri, 9-15-23</b> <b>Test Deadline!</b> Sun, 9-17-23 (All other tasks)
<b>Week #5</b>	Sept 18 – Sept 24	Chapter 6 ( <i>Somatic &amp; Dissociative DO</i> )	Read Chapter 6 PP & Module Overview Chapter 6 Practice Set ( <i>Connect</i> ) Unit 2 Discussion Board ( <i>Brightspace</i> )	Sun, 9-24-23
<b>Week #6</b>	Sept 25 – Oct 1	Chapter 7 ( <i>Mood DOs &amp; Suicide</i> )	Read Chapter 7 PP & Module Overview Chapter 7 Practice Set ( <i>Connect</i> ) Chapter 7 Assignment (#4) ( <i>Brightspace</i> )	Sun, 10-01-23
<b>Week #7</b>	Oct 2 – Oct 8	<b>Test #2</b> Chapter 8 ( <i>Schizophrenia</i> )	<b>Test #2 (Chapters 5-7)</b> ( <i>Brightspace</i> ) Read Chapter 8 PP & Module Overview Chapter 8 Practice Set ( <i>Connect</i> ) Chapter 8 Assignment (#5) ( <i>Brightspace</i> )	<b>Fri, 10-06-23</b> <b>Test Deadline!</b> Sun, 10-08-23 (All other tasks)
<b>Week #8</b>	Oct 9 – Oct 15	Chapter 9 ( <i>Personality Disorders</i> )	Read Chapter 9 PP & Module Overview Chapter 9 Practice Set ( <i>Connect</i> ) Unit 3 Discussion Board ( <i>Brightspace</i> )	Sun, 10-15-23
<b>Week #9</b>	Oct 16 – Oct 22	Chapter 10 ( <i>Neurodevelopmental Disorders</i> )	Read Chapter 10 PP & Module Overview Chapter 10 Practice Set ( <i>Connect</i> ) Chapter 10 Assignment (#6) ( <i>Brightspace</i> )	Sun, 10-22-23
<b>Week #10</b>	Oct 23 – Oct 29	<b>Test #3</b> Chapters 11 & 12 ( <i>Impulse Control &amp; Eating DOs</i> )	<b>Test #3 (Chapters 8-10)</b> ( <i>Brightspace</i> ) Read Chapters 11&12 PP & Module Overview Chapters 11 & 12 Practice Set ( <i>Connect</i> ) Chapters 11&12 Assignment (#7) ( <i>Brightspace</i> )	<b>Fri, 10-27-23</b> <b>Test Deadline!</b> Sun, 10-29-23 (All other tasks)
<b>Week #11</b>	Oct 30 – Nov 5	Chapter 13 ( <i>Sexual DOs &amp; Gender</i> )	Read Chapter 13 PP & Module Overview Chapter 13 Practice Set ( <i>Connect</i> ) Chapter 13 Assignment (#8) ( <i>Brightspace</i> )	Sun, 11-05-23

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<b>Week #12</b>	Nov 6 – Nov 12	Chapter 14 ( <i>Substance Abuse &amp; Gambling</i> )	Read Chapter 14 PP & Module Overview Chapter 14 Practice Set ( <i>Connect</i> ) Unit 4 Discussion Board ( <i>Brightspace</i> )	Sun, 11-12-23
<b>Week #13</b>	Nov 13 – Nov 19	<b>Test #4</b> ( <i>Theories &amp; Treatment</i> )	<b>Test #4 (Chapters 11-14) (<i>Brightspace</i>)</b> Read Chapter 2 PP & Module Overview Chapter 2 Practice Set ( <i>Connect</i> ) Chapter 2 Assignment (#9) ( <i>Brightspace</i> )	<b>Fri, 11-17-23 Test Deadline!</b> Sun, 11-19-23 (All other tasks)
<b>Week #14</b>	Nov 20 – Nov 26	Chapter 15 ( <i>Health Psychology</i> )	Read Chapter 15 PP & Module Overview Chapter 15 Practice Set ( <i>Connect</i> ) Unit 5 Discussion Board ( <i>Brightspace</i> )	Sun, 11-26-23
<b>Week #15</b>	Nov 27 – Dec 3	Chapter 16 ( <i>Mental Health &amp; the Law</i> )	Read Chapter 16 PP & Module Overview Chapter 16 Practice Set ( <i>Connect</i> ) Chapter 16 Assignment (#10) ( <i>Brightspace</i> )	Sun, 12-03-23
<b>Week #16</b>	<b>Dec 4 – Dec 5</b>	<b>Final Exam</b>	<b>Final Exam (75% Chapters 2, 15, &amp; 16 &amp; 25% Cumulative Questions) (<i>Brightspace</i>)</b>	<b>Tues, 12-05-23 Test Deadline!</b>

## Course Grading Information:

The final grade will be based on the student's average of 4 test scores, a cumulative final exam, 15 Connect Tasks/Practice Sets, 10 Assignments, and 6 Discussion Boards. Each week will have 2 tasks over the material covered for that week, although some weeks required completion of a unit test in addition to your other tasks.

*Tests:* The 4 unit tests will be conducted on Brightspace. **COMPLETION OF TESTS BY DUE DATES IS MANDATORY!!** If a student is unable to complete a test, the student must inform the instructor prior to the due date. **ONLY 1 TEST MAY BE MADE-UP! If a second test is missed, it will be considered an automatic 0 for the grade.** No project can replace a(n) test/exam score. If these guidelines are not followed, the instructor has the right to reduce possible grades and/or fail the student for lack of compliance with course requirements. The instructor also holds the right for alternatives at her discretion. Each test will be weighted at 10% of the final grade.

*Final Exam:* The final exam will cover the lessons, power points, and reading of 3 chapters (chapters 2, 15, & 16). However, 25% of this final will also cover previous material and be cumulative of the course. The final will be available after the material has been covered and will be due at midnight on Tuesday, Dec 5. **No exceptions will be made for taking this test early or late!** The final exam will comprise 10% of the student's final grade.

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*Connect Practice Sets:* The average of a Smartbook Orientation Assignment and 14 Chapter Practice Sets will make up another 20% of the final grade. The Practice Sets are conducted online through Connect. Access to Connect is included in your registration fees and no additional purchase is required. **Practice Sets have strict due dates and therefore CANNOT be made up!!!** Due dates for these can be found on the course calendar.

*Discussion Boards:* This course has an introductory discussion board and 5 other discussion boards (one in each unit). Each DB requires a 100-word primary post and TWO 50-word reply posts. Each DB is worth 100 points (50 points for the primary post and 25 points for each reply post). You will be unable to read classmate's posts or write a reply post until you have posted a primary post for each DB. The average of these 6 DBs comprises 15% of the student's overall grade. **DBs will NOT be reopened or visible after they close!**

*Assignments:* The final 15% of your final grade will be the average of your scores from your weekly assignments. These are various assignments (i.e. short quizzes, individual projects, etc.) that you complete by Sunday night of each week. They are usually connected to some topic or activity to be covered during the week. Each assignment is worth 100 points and the average of these 10 assignments will make up 15% of your total, final grade. **Assignments also CANNOT be made up past their due date!**

## **Grading Summary:**

Test 1 (Chapters 1, 3 & 4) =	10%
Test 2 (Chapters 5-7) =	10%
Test 3 (Chapters 8-10) =	10%
Test 4 (Chapters 11-14) =	10%
Final Exam (Cumulative, 75% over Chapters 2, 15&16) =	10%
15 Connect Tasks (1 Orientation & 14 Practice Sets) =	20%
6 Discussion Boards =	15%
<u>10 Chapter Assignments =</u>	<u>15%</u>
<b>FINAL GRADE =</b>	<b>100%</b>

The traditional score equivalency will be used in this class:

A = 90-100%

B = 80-89%

C = 70-79%

D = 60-69%

F = BELOW 60%

## **Late Work, Attendance, and Make Up Work Policies:**

No assignment, DB, or practice set is allowed to be made up after its due date and only 1 test may be made up with instructor permission. The final exam MUST be attended as scheduled.

**Incomplete Grade:**

Only students who have completed and passed 80% of the course requirements will be eligible for an incomplete. Illness, death in the family, or other extenuating circumstances needs to be present; and consultation with the instructor is mandatory.

**Student Behavioral Expectations or Conduct Policy:**

Each student is strongly recommended to participate in class. Due to the diversity of the students, many different viewpoints will be held. Students may not only disagree with each other at times, but the students and instructor may also find that they have different views on sensitive and volatile topics. It is my hope that these differences will enhance the class and create an atmosphere where students and instructor alike will be more encouraged to think and learn. Therefore, be assured that your grade will not be adversely affected by any beliefs and/or ideas expressed in class or assignments. Respect will be given for the views of others when expressed in classroom discussions. The instructor expects students to also treat each other with respect and manifest appropriate classroom behavior.

If the instructor becomes aware of cheating or plagiarism, an automatic 0 will be given for that task. These behaviors will be reported as per MCC policy. See MCC's policy on Academic Integrity for more information.

**Attendance:**

Regular and punctual attendance is expected of all students. The instructor will maintain a complete record of attendance for the entire length of each course. Students will be counted absent from class meetings missed, beginning with the first official day of classes. Students, whether present or absent, are responsible for all material presented or assigned for a course and will be held accountable for such materials in the determination of course grades. Instructor will follow the MCC attendance policy strictly. For this semester, the 60% course date is October, 23, 2023. A student who has missed 9 graded tasks (of any kind) by this date will be automatically withdrawn with a W. Students who miss more than 25% of course work (9 tasks) after this date will receive the grade earned in the class once all completed work is graded and all missed assignments have been graded as 0. A student may only be withdrawn from this class after the 60% date by student request, and at the discretion of the instructor.

**[Click Here for the MCC Attendance/Absences Policy](https://www.mclennan.edu/highlander-guide/policies.html)**

**(<https://www.mclennan.edu/highlander-guide/policies.html>)**

Click on the link above for the college policies on attendance and absences. Your instructor may have additional guidelines specific to this course.

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Updated 07/18/2023



## **ACADEMIC RESOURCES/POLICIES**

### **Accommodations/ADA Statement:**

Any student who is a qualified individual with a disability may request reasonable accommodations to assist with providing equal access to educational opportunities. Students should contact the Accommodations Coordinator as soon as possible to provide documentation and make necessary arrangements. Once that process is completed, appropriate verification will be provided to the student and instructor. Please note that instructors are not required to provide classroom accommodations to students until appropriate verification has been provided by the Accommodations Coordinator. For additional information, please visit [www.mclennan.edu/disability](http://www.mclennan.edu/disability).

Students with questions or who require assistance with disabilities involving physical, classroom, or testing accommodations should contact:

[disabilities@mclennan.edu](mailto:disabilities@mclennan.edu) 2542998122 Room  
319, Student Services Center

### **Title IX:**

We care about your safety, and value an environment where students and instructors can successfully teach and learn together. If you or someone you know experiences unwelcomed behavior, we are here to help. Individuals who would like to report an incident of sexual misconduct are encouraged to immediately contact the acting Title IX Coordinator at [titleix@mclennan.edu](mailto:titleix@mclennan.edu) or by calling, Dr. Claudette Jackson, (Accommodations/Title IX) at (254) 299-8465. MCC employees are mandatory reporters and must report incidents immediately to the Title IX Coordinator. Individuals may also contact the MCC Police Department at (254) 299-8911 or the MCC Student Counseling Center at (254) 299-8210. The MCC Student Counseling Center is a

confidential resource for students. Any student or employee may report sexual harassment anonymously by visiting <http://www.lighthouse-services.com/mclennan/>. Go to McLennan's Title IX webpage at [www.mclennan.edu/titleix/](http://www.mclennan.edu/titleix/). It contains more information about definitions, reporting, confidentiality, resources, and what to do if you or someone you know is a victim of sexual misconduct, gender-based violence or the crimes of rape, acquaintance rape, sexual assault, sexual harassment, stalking, dating violence, or domestic violence.

### **Student Support/Resources:**

MCC provides a variety of services to support student success in the classroom and in your academic pursuits to include counseling, tutors, technology help desk, advising, financial aid, etc. A listing of these and the many other services available to our students is available at <http://www.mclennan.edu/campus-resource-guide/>

Academic Support and Tutoring is here to help students with all their course-related needs. Specializing in one-on-one tutoring, developing study skills, and effectively writing essays. Academic Support and Tutoring can be found in the Library and main floor of the Learning Commons. This service is available to students in person or through Zoom. You can contact the Academic Support and Tutoring team via Zoom or email ([ast@mclennan.edu](mailto:ast@mclennan.edu)) by going to our website (<https://www.mclennan.edu/academic-support-and-tutoring/>).

College personnel recognize that food, housing, and transportation are essential for student success. If you are having trouble securing these resources or want to explore strategies for balancing life and school, we encourage you to contact either MCC CREW – Campus Resources Education Web by calling (254) 299-8561 or by emailing [crew@mclennan.edu](mailto:crew@mclennan.edu) or a Success Coach by calling (254) 299-8226 or emailing [SuccessCoach@mclennan.edu](mailto:SuccessCoach@mclennan.edu). Both are located in the Completion Center located on the second floor of the Student Services Center (SSC) which is open Monday-Friday from 8 a.m.-5 p.m.

Paulanne's Pantry (MCC's food pantry) provides free food by appointment to students, faculty and staff. To schedule an appointment, go to [https://mclennan.co1.qualtrics.com/jfe/form/SV\\_07byXd7eB8iTqJg](https://mclennan.co1.qualtrics.com/jfe/form/SV_07byXd7eB8iTqJg). Both the Completion Center and Paulanne's Pantry are located on the second floor of the Student Services Center (SSC).

### **MCC Foundation Emergency Grant Fund:**

Unanticipated expenses, such as car repairs, medical bills, housing, or job loss can affect us all. Should an unexpected expense arise, the MCC Foundation has an emergency grant fund that may be able to assist you. Please go to

<https://www.mclennan.edu/foundation/scholarships-and-resources/emergencygrant.html>

to find out more about the emergency grant. The application can be found at

[https://www.mclennan.edu/foundation/docs/Emergency\\_Grant\\_Application.pdf](https://www.mclennan.edu/foundation/docs/Emergency_Grant_Application.pdf).

**MCC Academic Integrity Statement:**

Go to [www.mclennan.edu/academic-integrity](http://www.mclennan.edu/academic-integrity) for information about academic integrity, dishonesty, and cheating. The unauthorized use of artificial intelligence (AI) for classwork can be a violation of the College's General Conduct Policy. Whether AI is authorized in a course and the parameters in which AI can be used in a course will be outlined by each instructor.

**Minimum System Requirements to Utilize MCC's D2L|Brightspace:**

Go to <https://www.mclennan.edu/center-for-teachingandlearning/FacultyandStaffCommons/requirements.html> for information on the minimum system requirements needed to reliably access your courses in MCC's D2L|Brightspace learning management system.

**Minimum Technical Skills:**

Students should have basic computer skills, knowledge of word processing software, and a basic understanding of how to use search engines and common web browsers.

**Backup Plan for Technology:**

In the event MCC's technology systems are down, you will be notified via your MCC student email address. Please note that all assignments and activities will be due on the date specified in the Instructor Plan, unless otherwise noted by the instructor.

**Email Policy:**

McLennan Community College would like to remind you of the policy (<http://www.mclennan.edu/employees/policy-manual/docs/E-XXXI-B.pdf>) regarding college email. All students, faculty, and staff are encouraged to use their McLennan email addresses when conducting college business.

A student's McLennan email address is the preferred email address that college employees should use for official college information or business. Students are

expected to read and, if needed, respond in a timely manner to college emails. For more information about your student email account, go to [www.mclennan.edu/studentemail](http://www.mclennan.edu/studentemail).

**Instructional Uses of Email:**

Faculty members can determine classroom use of email or electronic communications. Faculty should expect and encourage students to check the college email on a regular basis. Faculty should inform students in the course syllabus if another communication method is to be used and of any special or unusual expectations for electronic communications.

If a faculty member prefers not to communicate by email with their students, it should be reflected in the course syllabus and information should be provided for the preferred form of communication.

**Email on Mobile Devices:**

The College recommends that you set up your mobile device to receive McLennan emails. If you need assistance with set-up, you may email [Helpdesk@mclennan.edu](mailto:Helpdesk@mclennan.edu) for help.

You can find help on the McLennan website about connecting your McLennan email account to your mobile device:

- [Email Setup for iPhones and iPads](#)
- [Email Setup for Androids](#)

**Forwarding Emails:**

You may forward emails that come to your McLennan address to alternate email addresses; however, the College will not be held responsible for emails forwarded to an alternate address that may be lost or placed in junk or spam filters.

For more helpful information about technology at MCC, go to [MCC's Tech Support Cheat Sheet](#) or email [helpdesk@mclennan.edu](mailto:helpdesk@mclennan.edu).

**Disclaimer:**

The resources and policies listed above are merely for informational purposes and are subject to change without notice or obligation. The College reserves the right to change policies and other requirements in compliance with State and Federal laws. The provisions of this document do not constitute a contract.