



**Texas Concept-Based Curriculum
MCC ADN Program**

McLennan
C O M M U N I T Y
COLLEGE

WACO, TEXAS

COURSE SYLLABUS

AND

INSTRUCTOR PLAN

HEALTH CARE CONCEPTS III

RNSG 1538.01

MICHELE GROETZINGER, MSN, RN, FNP, SANE, MBA

DR. AMANDA SANSOM, DNP, RN

JENNA WARF, MSN, RN, VA-BC

NOTE: This is a 16-week course.

NOTE: This is a Blended/Hybrid course.

.AN EQUAL OPPORTUNITY INSTITUTION SPRING 2021

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COVID 19 Notice:

McLennan Community College is committed to providing you with every resource you need to reach your academic goals. We are also concerned for your safety. We are working through COVID-19 guidelines to make sure we offer a safe environment for you and our faculty. This will include smaller class sizes to manage social distancing and proper cleaning techniques. You will have the advantage of a physical classroom experience but may also need to work part of the time online as we adjust to limited classroom capacity. This will also allow us the flexibility to move online if so directed by federal, state and/or local COVID 19 guidelines. Faculty and staff are preparing now to ensure that you have the best experience in the midst of these uncertain times.

HEALTH CARE CONCEPTS III

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Course Description:

In-depth coverage of health care concepts with nursing application through selected exemplars. Concepts include cellular regulation, end of life, immunity, interpersonal relationships, grief, human development, intracranial regulation, mood/affect, comfort, sexuality, mobility, and reproduction. Provides continuing opportunities for development of clinical judgment skills. This course lends itself to a concept-based approach.

Semester Hours: 5 (4 lec/4 lab).

Prerequisites and/or Corequisites:

Prerequisites: RNSG 1126, RNSG 1533, RNSG 2362, and BIOL 2420.

Corequisites: RNSG 1137, RNSG 2363, and PSYC 2314.

Course Notes and Instructor Recommendations:

1. Students must demonstrate competency in the use of learning management system (LMS), Brightspace, to access, read, and respond to various course components within LMS.
2. Concept syllabi and diagrams from the Texas Concept-Based Consortium (CBC) will be posted to LMS in respective folders.
3. Other supplemental learning materials may be posted to LMS at the discretion of each professor.
4. Students should monitor LMS and student e-mail daily for announcements or notices to avoid missing time-sensitive or important messages.
5. A student's failure to read official communications sent to the student's college assigned e-mail address in a timely manner does not absolve the student from knowing and complying with the content of the official communication.
6. Students must demonstrate basic computer competency in Microsoft Office software for all written assignments.
7. Students should always keep a backup electronic or hard copy of their submitted work.
8. It is the student's responsibility to have copies of all work submitted.
9. All written work becomes the property of the program and may not be returned to the student.
10. Electronic devices in the classroom are for course and classwork only. Students using social media or other internet websites while in class but not related to course or classwork will turn the device off, and may be asked to leave the learning environment.

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Instructor Information:

Instructor Name: Michele Groetzinger, MSN, RN, FNP, SANE, MBA

MCC E-mail: mgroetzinger@mclellan.edu

Office Phone Number: (254) 299-8399

Office Location: HPN 230

Office/Teacher Conference Hours: Monday 0800-1000; Tuesday 0800-0900, 1200-1400

Instructor Name: Dr. Amanda Sansom, DNP, RN

MCC E-mail: asansom@mclellan.edu

Office Phone Number: (254) 299-8486

Office Location: HPN 231

Office/Teacher Conference Hours: Monday 0800-1000; Tuesday 0800-0900, 1200-1400

Instructor Name: Jenna Warf, MSN, RN, VA-BC (Team Leader)

MCC E-mail: jwarf@mclellan.edu

Office Phone Number: (254) 299-8359

Office Location: HPN 225

Office/Teacher Conference Hours: Monday 0800-1000; Tuesday 0800-0900, 1200-1400

Required Text & Materials:

Books:

HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.). (2020). St. Louis, MO: Elsevier.

Silvestri, L. A. (2020). *Saunders Comprehensive Review for the NCLEX-RN Examination* (8th ed.). St. Louis, MO: Elsevier.

Websites:

ADN Student Handbook: https://www.mclellan.edu/health-professions/associate-degree-nursing/pdfs/ADN_Student_Handbook.pdf

Elsevier: Evolve: <https://evolve.elsevier.com/cs/>

Highlander Guide: <http://www.mclellan.edu/highlander-guide/>

Materials:

Earphones/Earbuds (for HESI Examinations)

MCC Bookstore Website: <http://www.mclennan.edu/bookstore/>

Methods of Teaching and Learning:

Theory consists of lectures, class discussions, case studies, group projects, written reports/papers, exams, quizzes, simulations, and tutorial software. Refer to the course calendar and LMS for specific dates, times, and assigned activities. Each student is expected to come to class prepared to participate in the class presentation and therefore is expected to have completed assigned reading prior to class. See curriculum outline in the ADN Student Handbook for courses and hours.

The Faculty: Expectations are that the student will be a self-motivated learner and by the end of the semester will have met the learning objectives, transitioning to successful program outcomes. The faculty will provide a context and environment that supports thoughtful curriculum that guides investigative self-learning. The faculty expects student preparation and active involvement in the learning environment. Teaching strategies are designed to stimulate critical thinking and active classroom learning. Examples include interactive lecture, course readings, class discussion, case-studies, pre-class or post-class assignments, and research findings.

The Students: Students will commit to an environment of full class participation taking an active role in the learning experience by completing assignments, participating in class discussions, being actively involved in group activities such as projects and presentations, related to current and previously mastered content. The students will be expected to perform, discuss, communicate, and present themselves in a professional manner always.

Course Objectives and/or Competencies:

Upon completion of this course the student will:

1. Utilize a systematic process to analyze selected health care concepts (SLO #1, #6).
2. Prioritize nursing management of care for selected health care concepts (SLO #1, #3, #4).
3. Apply the learned concepts to other concepts or exemplars (SLO #1, #2).
4. Examine the interrelatedness among health care concepts to make clinical judgements for optimum patient care outcomes (SLO #1, #4, #5, #7).

End-of-Program Student Learning Outcomes (SLOs)

The graduate will be able to:

1. Use clinical reasoning and knowledge based on the nursing program of study, evidence-based practice outcomes, and research-based policies and procedures as the basis for decision-making and comprehensive, safe patient-centered care.

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2. Demonstrate skills in using patient care technologies and information systems that support safe nursing practice.
 3. Promote safety and quality improvement as an advocate and manager of nursing care.
 4. Coordinate, collaborate and communicate with diverse patients, families and the interdisciplinary health care team to plan, deliver, and evaluate care that promotes quality of life.
 5. Adhere to standards of practice within legal, ethical, and regulatory frameworks of the professional nurse.
 6. Demonstrate knowledge of delegation, management, and leadership skills.
 7. Demonstrate behavior that reflects the values and ethics of the nursing profession, including a spirit of inquiry.

Course Outline or Schedule:

HEALTH CARE CONCEPTS – BIOPHYSICAL:

Cellular Regulation

- Solid Tumors
- Lymphoproliferative Disorder
- Cancer Survivorship

Comfort (within other concepts)

- Cancer Pain (Cellular Regulation)
- Labor Pain (Reproduction)
- Neonatal Pain (Reproduction) (circumcision, procedural pain, e.g., chest tube or ET tube insertion)
- Rheumatoid Arthritis (Immunity)
- Trauma (Mobility) (fractures/ musculoskeletal injuries (acute pain); amputation (acute and phantom limb/ neuropathic pain)

End of Life

- Senescence (aging)
- Persistent Vegetative State (PVS)
- Amyotrophic Lateral Sclerosis (ALS) (chronic disease ending in death)
- Pancreatic Cancer/Hospice (palliative care)
- Pediatric

Grief

- Prenatal Diagnosis of Congenital Defect
- Stillborn

- Amputation
- Sudden Infant Death Syndrome (SIDS)
- Myocardial Infarction
- Terminal Illness

Human Development

- Downs Syndrome
- Attention-Deficit Hyperactivity Disorder (ADHD & ADD)
- Autism Spectrum Disorders
- Developmental Delay
- Menopause
- Aging
- Social Anxiety disorder

Immunity

- Tuberculosis (TB)
- Anaphylaxis
- Systemic Lupus Erythematosus (SLE)
- Rheumatoid Arthritis (RA)
- Multiple Sclerosis (MS)
- Inflammatory Bowel Disease (IBD)

Interpersonal Relationships

- Aging of Family Members
- Disability of Family Member
- Expanding Family (birth, adoption, blended family)

Intracranial Regulation

- Seizure Disorder
- Stroke
- Traumatic Brain Injury/Organ Donation/Brain Death
- Post-Concussion Syndrome
- Brain Tumor
- Meningitis
- Hydrocephalus
- Parkinson's Disease

Mobility

- Cerebral Palsy
- Spinal Cord Injury
- Musculoskeletal Trauma (fractures/musculoskeletal injuries, amputation, compartment syndrome)

Mood Affect

- Bipolar Disorder
- Major Depressive Disorder
- Suicide
- Post-Partum Depression

Reproduction

- Contraception/Family Planning
- Infertility
- Pregnancy (includes birth process)
- Placental Complications
- Preterm Labor
- Newborn (includes neonate)
- Rh Incompatibility
- Genetics (Down Syndrome, Huntington's, breast cancer, Sickle Cell)

Sexuality

- Dyspareunia
- Erectile Dysfunction
- Sexually Transmitted Infections
- Altered Libido
- Gender Dysphoria/Body Image

Course Grading Information:

*** Refer to ADN Student Handbook for further details, including the ADN Examination Policy and HESI Testing.**

In order to successfully pass Level III, the following criteria MUST be met:

- Grade of "C" or better in theory courses (RNSG 1137 and RNSG 1538).
- Grade of "CR" (Credit) in clinical (RNSG 2363).
- Score of 875 or higher on the Level III HESI Exam by the second attempt.

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Grading and percentages for RNSG 1538:

Exam 1 – 25%

Exam 2 – 25%

Exam 3 – 25%

HESI (Final Exam) – 23%

Simulation – 2%

ADN Grading Scale:

90 – 100 = A

80 – 89 = B

75 – 79 = C

65 – 74 = D

Below 65 = F

Grade Calculations: All unit exams are calculated by a percentage computed to two decimal places. Exam grades will be figured to the tenth. The final exam for the course will be computed to two decimal places. The final course grade will be rounded off to a whole number.

Final Examinations: A HESI Level 3 Exam will be given at the termination of the course as the final exam. All regular examination policies apply to the final exam. The final exam grade will not be rounded off. The final course grade will be rounded to a whole number.

Withdrawal from Nursing Courses: Due to the inter-relationship of nursing courses taught each semester, if a withdrawal from one nursing course is necessary, the student must withdraw from all nursing courses. Each semester's nursing courses are concurrent courses. A student with a failure in a nursing course that is granted re-admission to the program and the failed semester is required to take all the related courses for that specific semester. At no time, may a student take only the theory course(s) or clinical course(s) independent from the related courses.

HESI Testing:

- Any student who makes less than the required score on the HESI for the Level (Level 1-800, Level 2-850, Level 3-875) will not be eligible to progress to the next level. **This is considered a nursing course failure and will result in a grade of "F" being assigned.** If the student is eligible for readmission, the student may apply for readmission. If failing to achieve the required score on the HESI for the level results in a second failure for a nursing course, the policy for a second failure applies (see Readmission Policy).

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PROGRESSION REQUIREMENTS:

In order for the student to progress in the nursing program, the following requirements must be met:

1. Achievement of a grade of "C" or better in all nursing and identified pre - requisite courses in the curriculum.
2. Pre-requisites to each nursing course have been successfully completed.
3. Achievement of the grade of "Credit" in the clinical area.
4. Current CPR course for Healthcare Providers certification.
5. Documentation of TB skin test and/or chest x-ray must be current throughout program of study.
6. Required score on HESI Concept Comprehensive Exam for each level.

Late Work, Attendance, and Make Up Work Policies:

*** Please refer to the course calendar for exam dates and assignment due dates.**

Late Work:

Written work for a grade is completed for Simulation Lab and accounts for 2% of the overall grade. Please refer to the Simulation Lab Instructor Plan for further details.

Lab assignments on Evolve are not for a grade, but are counted towards the student's attendance. Failure to complete the assignment by 2359 on the due date as established on the course calendar and Evolve assignments list will be considered an absence. Thus, late work will not be accepted.

Attendance:

Role will be recorded daily on Brightspace at the beginning of class. It is the student's responsibility to notify the instructor if they are late to class and want a late attendance recorded. Students are expected to be in class, on time. For security reasons, the doors to the classroom will remain locked from the outside and will remain locked after class starts. If the student cannot be in the classroom by the time class starts, they must wait until break-time to enter class. If the student must leave the classroom for an emergency, the student will quietly pick up course materials and leave the classroom. Since the doors are locked from the outside, the student will not be able to come back into the class. The students' cooperation is required and appreciated. Students will be allowed entry/re-entry into class at break times.

MCC Attendance Policy:

Regular and punctual attendance is expected of all students, and each instructor should maintain a complete record of attendance for the entire length of each course. Students will be counted absent from class meetings missed, beginning with the first official day

of classes. Students, whether present or absent, are responsible for all material presented or assigned for a course and will be held accountable for such materials in the determination of course grades. In the case of online and hybrid courses, attendance will be determined in terms of participation, as described in the course Instructor Plan.

ADN Program Theory Attendance/Absences (Includes Theory and Skills Lab)**Policy:**

Absence from 25 percent of scheduled lecture and/or laboratory meetings will be taken as evidence that a student does not intend to complete the course. Unless an instructor has reason to believe the student will complete the course, the student will be withdrawn from the course with a grade of W. The instructor may reinstate the student if satisfied that the student will resume regular attendance and will complete the course. If the student's 25 percent absences are reached after the official drop date (the 60 percent point in the semester or term), the instructor may assign a W if the student is passing and requests to be withdrawn. However, if a student who is not passing reaches the 25 percent point after the official drop date, the student will receive an F. In extenuating circumstances, the instructor may assign a W to a student who is not passing. Each absence will count toward attendance requirements in each course. Students will be permitted to make up class work and assignments missed due to absences caused by (1) authorized participation in official college functions, (2) personal illness, (3) an illness or a death in the immediate family, or (4) the observance of a religious holy day. Also, the instructor has the prerogative of determining whether a student may make up work missed due to absences for other reasons. It is the student's responsibility to inform the instructor of the reason for an absence and to do so in a timely fashion. A student not present during the taking of attendance at the beginning of class has the responsibility to notify the faculty/instructor BEFORE leaving the scheduled class period. If the student fails to notify the faculty/instructor BEFORE leaving the class period, the absence will remain and will count as part of the 25 per cent of theory absence. The student is the only one that may verify that he/she is present. At NO TIME may one student sign in for another student.

Make-Up Work:

Students are expected to take all exams on the scheduled dates and times as indicated on course calendars or in course instructor plans. There are no makeup unit exams. If a student misses a HESI exam, it will be rescheduled for a later date. The ADN department reserves the right to make changes in the scheduling of exams to meet unexpected circumstances that might occur.

- a. If a student is unable to take a scheduled exam, the student must contact a course faculty or advisor per MCC email, prior to the exam start time.

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- i. The final exam grade will replace the missed unit exam grade.
 - ii. Ten points will be deducted from the missed exam grade for failure to notify a course faculty or advisor per policy.
 - iii. If a student is unable to take the scheduled HESI Exam and has missed an exam during the current semester, the student will receive a zero for the missed exam grade.
 - iv. If a student is unable to take the scheduled HESI Exam and has not missed an exam during the current semester, the student will receive an incomplete in WebAdvisor.
 - v. The student must take the missed HESI exam and earn a passing course grade to progress in the program.
 - vi. The student may only miss one unit exam within the semester.

Student Behavioral Expectations or Conduct Policy:

Professional Expectations:

- 1. Be on time and remain throughout class. Arrive at least 10 minutes prior to class starting.
- 2. Be in class every day and ready to learn. Should some unforeseen incident occur preventing your attendance, contact your advisor.
- 3. Be a professional. Maintain a professional attitude and be positive. Maintain classroom civility which includes respect for other students and for the faculty. Civility is expected in all verbal and electronic interactions with peers, professors, and college administrators.
- 4. Know your course expectations. Read your concept syllabi and course instructional plans, check your course calendar, the LMS (Brightspace), and MCC email daily.
- 5. Collegiality: Be a positive and productive influence in your work/learning environment, communicating and working professionally, safely, and legally.
- 6. Know your ethical responsibility to your chosen profession, and the public you will serve.
- 7. Collaboration: As a professional you will collaborate with clients, their families, other professionals in the health career arena. Be positive, civil, open to new ideas, and research to promote the healing environment.
- 8. Additional student behavioral expectations are in the ADN Student Handbook.

Reference:

Billings, D. M., Halstead, J. A., (2016). Teaching in Nursing: A guide for faculty. St. Louis, MO. Elsevier. 14:236.

*** [Click Here for the MCC Academic Integrity Statement](http://www.mclennan.edu/academic-integrity)**
(www.mclennan.edu/academic-integrity)

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The link above will provide you with information about academic integrity, dishonesty, and cheating.

*** [Click Here for the MCC Attendance/Absences Policy](https://www.mclennan.edu/highlander-guide/policies.html)**

(<https://www.mclennan.edu/highlander-guide/policies.html>)

Click on the link above for the college policies on attendance and absences. Your instructor may have additional guidelines specific to this course.

** You will need to access each link separately through your Web browser (for example: Mozilla Firefox, Chrome, Microsoft Edge or Safari) to print each link's information.*

McLennan

C O M M U N I T Y

COLLEGE

ACADEMIC RESOURCES/POLICIES

Student Support/Resources:

MCC provides a variety of services to support student success in the classroom and in your academic pursuits to include counseling, tutors, technology help desk, advising, financial aid, etc. A listing of these and the many other services available to our students is available at <http://www.mclennan.edu/campus-resource-guide/>

College personnel recognize that food, housing, and transportation are essential for student success. If you are having trouble securing these resources or want to explore strategies for balancing life and school, we encourage you to contact a success coach by calling (254) 299-8226. Students can visit the Completion Center Monday-Friday from 8 a.m.-5 p.m. to schedule a meeting with a success coach and receive additional resources and support to help reach academic and personal goals. Paulanne's Pantry (MCC's food pantry) provides free food by appointment to students, faculty and staff based on household size. Text (254) 870-7573 to schedule a pantry appointment. The Completion Center and pantry are located on the Second Floor of the Student Services Center (SSC).

MCC Foundation Emergency Grant Fund:

Unanticipated expenses, such as car repairs, medical bills, housing, or job loss can affect us all. Should an unexpected expense arise, the MCC Foundation has an emergency grant fund that may be able to assist you. Please go to <https://www.mclennan.edu/foundation/scholarships-and-resources/emergencygrant.html> to find out more about the emergency grant. The application can be found at https://www.mclennan.edu/foundation/docs/Emergency_Grant_Application.pdf.

Minimum Technical Skills:

Students should have basic computer skills, knowledge of word processing software, and a basic understanding of how to use search engines and common web browsers.

Backup Plan for Technology:

In the event MCC's technology systems are down, you will be contacted/notified through your MCC student email address. Please note that all assignments and activities will be due on the date specified in the Instructor Plan, unless otherwise noted by the instructor.

* [Click Here for the Minimum System Requirements to Utilize MCC's D2L|Brightspace](https://www.mclennan.edu/center-for-teaching-and-learning/Faculty%20and%20Staff%20Commons/requirements.html)
(<https://www.mclennan.edu/center-for-teaching-and-learning/Faculty%20and%20Staff%20Commons/requirements.html>)

Click on the link above for information on the minimum system requirements needed to reliably access your courses in MCC's D2L|Brightspace learning management system.

Email Policy:

McLennan Community College would like to remind you of the policy (<http://www.mclennan.edu/employees/policy-manual/docs/E-XXXI-B.pdf>) regarding college email. All students, faculty, and staff are encouraged to use their McLennan email addresses when conducting college business.

A student's McLennan email address is the preferred email address that college employees should use for official college information or business. Students are expected to read and, if needed, respond in a timely manner to college emails.

Instructional Uses of Email:

Faculty members can determine classroom use of email or electronic communications. Faculty should expect and encourage students to check the college email on a regular basis. Faculty should inform students in the course syllabus if another communication method is to be used and of any special or unusual expectations for electronic communications.

If a faculty member prefers not to communicate by email with her/his students, it should be reflected in the course syllabus and information should be provided for the preferred form of communication.

Email on Mobile Devices:

The College recommends that you set up your mobile device to receive McLennan emails.

Forwarding Emails:

You may forward the emails that come to your McLennan address to alternate email addresses; however, the College will not be held responsible for emails forwarded to an alternate address that may become lost or placed in junk or spam filters.

Accommodations/ADA Statement

Any student who is a qualified individual with a disability may request reasonable accommodations to assist with providing equal access to educational opportunities. Students should contact the Accommodations Coordinator as soon as possible to provide documentation and make necessary arrangements. Once that process is completed, appropriate verification will be provided to the student and instructor. Please note that instructors are not required to provide classroom accommodations to students until appropriate verification has been provided by the Accommodations Coordinator. Instructors should not provide accommodations unless approved by the Accommodations Coordinator. For additional information, please visit mclennan.edu/disability.

Students with questions or who require assistance with disabilities involving physical, classroom, or testing accommodations should contact:

disabilities@mclennan.edu

254-299-8122

Room 319, Student Services Center

* [Click Here for more information about Title IX](http://www.mclennan.edu/titleix)
(www.mclennan.edu/titleix)

We care about your safety, and value an environment where students and instructors can successfully teach and learn together. If you or someone you know experiences unwelcomed behavior, we are here to help. Individuals who would like to report an incident of sexual misconduct are encouraged to immediately contact the Title IX Coordinator at

titleix@mclennan.edu or by calling Dr. Drew Canham (Chief of Staff for Equity & Inclusion/Title IX) at 299-8645. Individuals also may contact the MCC Police Department at 299-8911 or the MCC Student Counseling Center at MCC by calling 299-8210. The MCC Student Counseling Center is a confidential resource for students. Any student or employee may report sexual harassment anonymously by visiting the following website: <http://www.lighthouse-services.com/mclennan/>.

McLennan's Title IX webpage (<http://www.mclennan.edu/titleix/>) contains more information about definitions, reporting, confidentiality, resources, and what to do if you or someone you know is a victim of sexual misconduct, gender-based violence or the crimes of rape, acquaintance rape, sexual assault, sexual harassment, stalking, dating violence, or domestic violence.

** You will need to access each link separately through your web browser (for example Mozilla Firefox, Chrome, Microsoft Edge, or Safari) to print each link's information.*