

**Texas Concept-Based Curriculum
McLennan Community College
ADN Program
RNSG 1125 – Professional Nursing
Concepts I
Spring 2023**

**COURSE SYLLABUS
AND
INSTRUCTOR PLAN RNSG 1125
PROFESSIONAL NURSING CONCEPTS 1**

Kimberly McCoy, MSN, APRN, WHNP-BC
Linda Rynearson, DNP, RN, CMSRN, NPD-BC
Alyse Simons, MSN, RN, CCRN

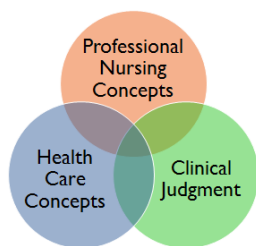
NOTE: THIS IS A 16-WEEK COURSE

COVID-19 Notice:

McLennan Community College is committed to providing you with every resource you need to reach your academic goals including your safety. We will continue to monitor the evolving situation with COVID-19 and adjust our safety guidelines to make sure we offer a safe environment for you and our faculty. Please make sure to consult your faculty and the MCC website at <https://www.mclennan.edu/crisis-management/coronavirus-updates/index.html> on any changes to these guidelines.

AN EQUAL OPPORTUNITY INSTITUTION

SPRING 2023



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SEMESTER HOURS:	1
CONTACT HOURS:	LECTURE: 1
PREREQUISITES:	ADMISSION TO ADN PROGRAM. BIOL 2401, PSY 2301, ENG 1301
COREQUISITES:	RNSG 1128, 1430, 1216, 1161

Course Description

Introduction to professional nursing concepts and exemplars within the professional nursing roles: Member of Profession, Provider of Patient-Centered Care, Patient Safety Advocate, and Member of the Health Care Team. Content includes clinical judgment, communication, ethical-legal, evidence-based practice, health promotion, health information technology, patient-centered care, patient education, professionalism, safety, and team/collaboration. Emphasizes role development of the professional nurse. This course lends itself to a concept-based approach.

Course Notes and Instructor Recommendations:

Students are responsible for materials placed on D2L|Brightspace and Elsevier/Evolve websites by faculty daily. Many announcements are also sent out via students' MCC email. Students are expected to check their MCC email and D2L|Brightspace announcements daily for changes and updates. Posting power point presentations, lecture notes, and other materials are at the discretion of each individual instructor. Communication with the student's assigned faculty advisor and/or clinical instructor will occur through MCC email only. No other email addresses will be used. Please refer to the ADN Student Handbook for additional information.



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Instructor Information:

Instructor Name: Kimberly McCoy, MSN, APRN, WHNP-BC
MCC E-mail: kmccoy@mclennan.edu
Office Phone Number: 254-299-8407
Office Location: HPN 221
Office/Teacher Conference Hours: See Instructor Door Schedule

Instructor Name: Linda Rynearson, DNP, RN, CMSRN, NPD-BC
MCC E-mail: lrynearson@mclennan.edu
Office Phone Number: 254-299-8351
Office Location: HPN 230
Office/Teacher Conference Hours: See Instructor Door Schedule

Instructor Name: Alyse Simons, MSN, RN, CCRN
MCC E-mail: esimons@mclennan.edu
Office Phone Number: 254-299-8394
Office Location: HPN 222
Office/Teacher Conference Hours: See Instructor Door Schedule

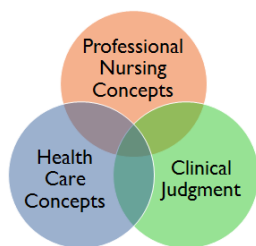
Required Text & Materials:

Elsevier: <https://evolve.elsevier.com/cs/>

HESI: <https://evolve.elsevier.com>

Texas State Board of Nurses: <http://www.bon.state.tx.us/nursinglaw/npa.html>

MCC Bookstore Website: <http://www.mclennan.edu/bookstore/>



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Methods of Teaching and Learning:

Lectures, discussion boards, group work/projects, literature reviews, lab exercises, service-learning assignments, student performances/presentations, portfolios, written reports/papers, exams, quizzes, simulators, and/or tutorial software.

****Course teaching methods subject to change as per guidelines for the management of COVID-19****

Course Objectives and/or Competencies:

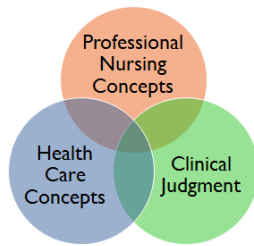
Upon completion of this course, the student will:

1. Describe the attributes and roles of the professional nurse. (SLO: 4, 5, 6, 7)
2. Explain the use of a systematic problem-solving process for the development of clinical judgment. (SLO: 1, 2, 3, 4)
3. Identify the IOM's six competencies for improving health care quality: (SLO: 1, 2, 3, 4)
4. Discuss the legal-ethical parameters for professional nursing practice including the Nursing Practice Act and the ANA code of ethics. (SLO: 5)
5. Describe professional communication techniques. (SLO: 4)
6. Identify health promotion needs for patients across the lifespan. (SLO: 4)

STUDENT LEARNING OUTCOMES (SLO)

The graduate will be able to:

1. Use clinical reasoning and knowledge based on the nursing program of study, evidence-based practice outcomes, and research-based policies and procedures as the basis for decision-making and comprehensive, safe patient-centered care.
2. Demonstrate skills in using patient care technologies and information systems that support safe nursing practice.
3. Promote safety and quality improvement as an advocate and manager of nursing care.
4. Coordinate, collaborate, and communicate with diverse patients, families, and the interdisciplinary health care team to plan, deliver, and evaluate care.
5. Adhere to standards of practice within legal, ethical, and regulatory frameworks of the professional nurse.
6. Demonstrate knowledge of delegation, management, and leadership skills.
7. Demonstrate behavior that reflects the values and ethics of the nursing profession, including a spirit of inquiry.



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Course Outline

Clinical Judgment

- Scenarios Applying the Nursing Process

Patient Education

- Discharge Planning
- Formal (Examples related to Course Content)
- Informal Patient Teaching (Examples related to Course Content)

Professionalism

- Attributes of the Profession
- Service Excellence

Patient-Centered Care

- Advocacy
- Prioritizing Individualized Care

Safety

- Standard Precautions
- National Patient Safety Goals
- Environmental Safety & Medication Administration (Skills)

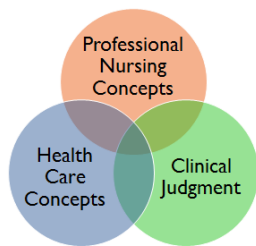
Teamwork & Collaboration

- Interdisciplinary Plan of Care
- Group work
- Chain of Command

Ethics & Legal Practice

- Nursing Practice Act
- Patient Confidentiality (HIPAA and Social Media)
- ANA Code of Ethics
- Patient Rights

Health Information Technology*



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Communication

- Interpersonal
- Inter-professional
SBAR
Electronic Healthcare Records
- Intra-personal

Evidence-Based Practice*

Health Promotion

- Injury Prevention
- Health Care Screening
- Obesity Management
- Social Determinants of Health

* Only the concept is covered – no exemplars

Course Assignment Schedule:

Concepts are taught according to the dates and times outlined in the course calendar located under tabs RNSG 1125 in D2L|Brightspace.

Exam:

Terminology Exam: 01/25/23

Assignments Due Dates: due at 11:59 pm

Case Study 1 (Sensory Function): **Due 02/12/23**

Discussion Board #1 (Process Recording): **Initial post due: 2/16/23, Discussion responses due 2/19/23**

Case Study 2 (Sleep Patterns): **Due 02/26/23**

Case Study 3 (Pain): **Due 03/05/23**

Discussion Board #2 (Evidence Based Patient Teaching) **Initial post due:3/16/23, Responses 3/19/23**

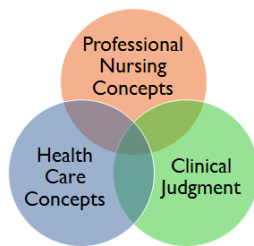
Discussion Board #3 (Evidence-Based Policies and Procedures): **Initial post:4/6/23, Responses 4/9/23**

Case Study 4 (Constipation): **Due 04/16/23**

Final Assignment: **05/01/23**

****Case studies can be taken multiple times. The best score recorded.**

****You may NOT use previously submitted discussion board content for these assignments**



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Some assignments will require that you use Turnitin to check for plagiarism.

For full credit, your Turnitin similarity score must be 15% or less.

Point deductions for similarity scores greater than 15 % will be given as follows:

- 16-20% minus 5 points
- 21-25% minus 10 points
- 26-30% minus 15 points

A similarity score of over 30% will result in a zero for the assignment.

Course Grading Information:

Learning for this course will be assessed using written assignments, case studies, and a terminology exam. The student is expected to participate in class, simulation, and other lab activities, and complete all assignments to pass the course. The student must have a passing average to pass the course.

The grade for RNSG 1125 will be determined by average of grades on:

Terminology Exam: 15%

Case Study 1: 10%

Case Study 2: 10%

Case Study 3: 10%

Case Study 4: 10%

Discussion Board #1: 10%

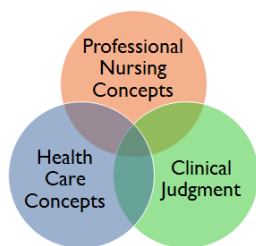
Discussion Board #2: 10%

Discussion Board #3: 10%

Final Assignment: 15%

The ADN grading system is:

90 – 100 = A	
80 – 89 = B	
75 – 79 = C	A passing average is 75
65 – 74 = D	
Below 65 = F	



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Late Work, Attendance, and Make-up Work Policies:

1. Students must complete the daily self-assessment before coming to campus.
2. Any COVID-19 symptoms or exposures to must be reported through the MCC self-reporting portal and your instructor. Students must be cleared before returning to campus.
3. COVID-19 – Any absences due to COVID-19 will be addressed on a case-by-case basis.
4. Graded written work submitted past the date due will have 10% of the total points deducted per each day it is late. **The Final Assignment will not be accepted after the due date and a grade of “0” will be given unless prior approval has been given by the instructor.**
5. The ADN program attendance policy is in the student handbook.

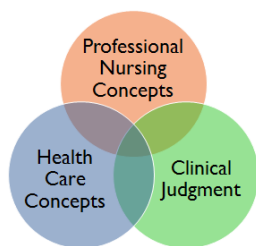
Withdrawal from Nursing Courses

Due to the inter-relationship of nursing courses taught each semester, if a withdrawal from one nursing course is necessary, the student must withdraw from all nursing courses. Each semester’s nursing courses are concurrent courses. A student with a failure in a nursing course that is granted re-admission to the program and the failed semester is required to take all related courses for that specific semester. At no time may a student take only the theory course(s) or clinical course(s) independent from the related courses.

Student Behavioral Expectations or Conduct Policy:

Professional Expectations:

1. Be on time and remain throughout the class. Arrive at least 10 minutes prior to class start.
2. Be in class every day and ready to learn. Should some unforeseen incident occur preventing your attendance, contact your instructor.
3. Be a professional. Maintain a professional attitude and be positive. Maintain classroom civility which includes respect for other students and for the faculty. Civility is expected in all verbal and electronic interactions with peers, professors, and college administrators.
4. Know your course expectations. Read your concept syllabi and course instructional plans, and check your course calendar, the learning management system (D2L|Brightspace), and MCC email daily.
5. Collegiality: Be a positive and productive influence in your work/learning environment, communicating and working professionally, safely, and legally.



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6. Know your ethical responsibility to your chosen profession, and the public you will serve.
 7. Collaboration: As a professional, you will collaborate with clients, their families, and other professionals in the health career arena. Be positive, civil, and open to new ideas, and research to promote a healing environment.
 8. Additional student behavioral expectations are in the ADN Student Handbook.

Reference:

Billings, D. M., Halstead, J. A., (2016). Teaching in Nursing: A guide for faculty.
St. Louis, MO. Elsevier. 14:236.

Classroom expectations:

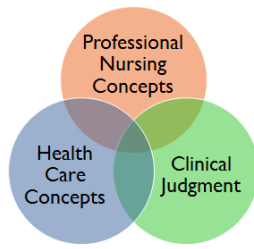
Students are expected to be in class on time. For security reasons, the **doors to the classroom will remain locked from the outside and will remain locked after class starts.** If the student cannot be in the classroom by the time class starts, or if the student must leave the classroom for an emergency, the student will quietly pick up course materials and leave the classroom. Since the doors are locked from the outside, the student will not be able to come back into the class. **The students' cooperation is required and appreciated.** Students will be allowed entry/re-entry into class at break times.

It is possible we may ask you to social distance for management of Covid 19. We will monitor and adjust according to campus guidelines.

Please refer to MCC's website regarding Covid-19. <https://www.mclennan.edu/crisis-management/coronavirus-updates/index.html>

*** Click Here for the MCC Academic Integrity Statement**
(www.mclennan.edu/academic-integrity)

The link above will provide you with information about academic integrity, dishonesty, and cheating.



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*** [Click Here for the MCC Attendance/Absences Policy](https://www.mclennan.edu/highlander-guide/policies.html)**

(<https://www.mclennan.edu/highlander-guide/policies.html>)

Click on the link above for the college policies on attendance and absences. Your instructor may have guidelines specific to this course.

** You will need to access each link separately through your Web browser (for example: Mozilla Firefox, Chrome, Microsoft Edge or Safari) to print each link's information.*

Updated 11/04/2022

McLennan
C O M M U N I T Y
COLLEGE

ACADEMIC RESOURCES/POLICIES

Accommodations/ADA Statement:

Any student who is a qualified individual with a disability may request reasonable accommodations to assist with providing equal access to educational opportunities. Students should contact the Accommodations Coordinator as soon as possible to provide documentation and make necessary arrangements. Once that process is completed, appropriate verification will be provided to the student and instructor. Please note that instructors are not required to provide classroom accommodations to students until appropriate verification has been provided by the Accommodations Coordinator. For additional information, please visit www.mclennan.edu/disability.

Students with questions or who require assistance with disabilities involving physical, classroom, or testing accommodations should contact:

disabilities@mclennan.edu 254-299-
8122
Room 319, Student Services Center

Title IX:

We care about your safety, and value an environment where students and instructors can successfully teach and learn together. If you or someone you know experiences unwelcomed behavior, we are here to help. Individuals who would like to report an incident of sexual misconduct are encouraged to immediately contact the acting Title IX Coordinator at titleix@mclennan.edu or by calling, Dr. Claudette Jackson, (Diversity, Equity & Inclusion/Title IX) at (254) 299-8465. MCC employees are mandatory reporters and must report incidents immediately to the Title IX Coordinator. Individuals may also contact the MCC Police Department at (254) 299-8911 or the MCC Student Counseling Center at (254) 299-8210. The MCC Student Counseling Center is a confidential resource for students. Any student or employee may report sexual harassment anonymously by visiting <http://www.lighthouse-services.com/mclennan/>.

Go to McLennan's Title IX webpage at www.mclennan.edu/titleix/. It contains more information about definitions, reporting, confidentiality, resources, and what to do if you or someone you know is a victim of sexual misconduct, gender-based violence or the

crimes of rape, acquaintance rape, sexual assault, sexual harassment, stalking, dating violence, or domestic violence.

Student Support/Resources:

MCC provides a variety of services to support student success in the classroom and in your academic pursuits to include counseling, tutors, technology help desk, advising, financial aid, etc. A listing of these and the many other services available to our students is available at <http://www.mclennan.edu/campus-resource-guide/>

Academic Support and Tutoring is here to help students with all their course-related needs. Specializing in one-on-one tutoring, developing study skills, and effectively writing essays. Academic Support and Tutoring can be found in the Library and main floor of the Learning Commons. This service is available to students in person or through Zoom from 7:30 am - 6:00 pm Monday through Thursday and 7:30 am - 5:00 pm on Friday. You can contact the Academic Support and Tutoring team via Zoom (<https://mclennan.zoom.us/j/2542998500>) or email (ast@mclennan.edu) during the above mentioned times.

College personnel recognize that food, housing, and transportation are essential for student success. If you are having trouble securing these resources or want to explore strategies for balancing life and school, we encourage you to contact either MCC CREW – Campus Resources Education Web by calling (254) 299-8561 or by emailing crew@mclennan.edu or a Success Coach by calling (254) 299-8226 or emailing SuccessCoach@mclennan.edu. Both are located in the Completion Center located on the second floor of the Student Services Center (SSC) which is open Monday-Friday from 8 a.m.-5 p.m.

Paulanne's Pantry (MCC's food pantry) provides free food by appointment to students, faculty and staff. To schedule an appointment, go to https://mclennan.co1.qualtrics.com/jfe/form/SV_07byXd7eB8iTqJg. Both the Completion Center and Paulanne's Pantry are located on the second floor of the Student Services Center (SSC).

MCC Foundation Emergency Grant Fund:

Unanticipated expenses, such as car repairs, medical bills, housing, or job loss can affect us all. Should an unexpected expense arise, the MCC Foundation has an emergency grant fund that may be able to assist you. Please go to <https://www.mclennan.edu/foundation/scholarships-and-resources/emergencygrant.html> to find out more about the emergency grant. The application can be found at https://www.mclennan.edu/foundation/docs/Emergency_Grant_Application.pdf.

MCC Academic Integrity Statement:

Go to www.mclennan.edu/academic-integrity for information about academic integrity, dishonesty, and cheating.

Minimum System Requirements to Utilize MCC's D2L|Brightspace:

Go to <https://www.mclennan.edu/center-for-teaching-and-learning/Faculty-andStaffCommons/requirements.html> for information on the minimum system requirements needed to reliably access your courses in MCC's D2L|Brightspace learning management system.

Minimum Technical Skills:

Students should have basic computer skills, knowledge of word processing software, and a basic understanding of how to use search engines and common web browsers.

Backup Plan for Technology:

In the event MCC's technology systems are down, you will be notified via your MCC student email address. Please note that all assignments and activities will be due on the date specified in the Instructor Plan, unless otherwise noted by the instructor.

Email Policy:

McLennan Community College would like to remind you of the policy (<http://www.mclennan.edu/employees/policy-manual/docs/E-XXXI-B.pdf>) regarding college email. All students, faculty, and staff are encouraged to use their McLennan email addresses when conducting college business.

A student's McLennan email address is the preferred email address that college employees should use for official college information or business. Students are expected to read and, if needed, respond in a timely manner to college emails. For more information about your student email account, go to www.mclennan.edu/studentemail.

Instructional Uses of Email:

Faculty members can determine classroom use of email or electronic communications. Faculty should expect and encourage students to check the college email on a regular basis. Faculty should inform students in the course syllabus if another communication method is to be used and of any special or unusual expectations for electronic communications.

If a faculty member prefers not to communicate by email with their students, it should be reflected in the course syllabus and information should be provided for the preferred form of communication.

Email on Mobile Devices:

The College recommends that you set up your mobile device to receive McLennan emails. If you need assistance with set-up, you may email Helpdesk@mclennan.edu for help.

You can find help on the McLennan website about connecting your McLennan email account to your mobile device:

- [Email Setup for iPhones and iPads](#)
- [Email Setup for Androids](#)

Forwarding Emails:

You may forward emails that come to your McLennan address to alternate email addresses; however, the College will not be held responsible for emails forwarded to an alternate address that may be lost or placed in junk or spam filters.

For more helpful information about technology at MCC, go to [MCC's Tech Support Cheat Sheet](#) or email helpdesk@mclennan.edu.

Disclaimer:

The resources and policies listed above are merely for informational purposes and are subject to change without notice or obligation. The College reserves the right to change policies and other requirements in compliance with State and Federal laws. The provisions of this document do not constitute a contract.