

WACO, TEXAS

AND INSTRUCTOR PLAN

Anatomy & Physiology I BIOL 2401-005

Dr. Jacqueline Dove

Monday & Wednesday 11:10-2:05

Monday-LECTURE: Sciences Lecture Classroom 117

Wednesday- LAB: Sciences Laboratory Classroom 127

NOTE: This is a 16-week course. NOTE: This is a Face-to-Face course.

Course Description:

Anatomy and Physiology I is the first part of a two course sequence. In BIOL2401 we study of the structure and function of the human body including cells, tissues and organs of the following systems: integumentary, skeletal, muscular, nervous, and special senses, with emphasis on interrelationships among systems and regulation of physiological functions involved in maintaining homeostasis. The lab provides a hands-on learning experience for exploration of human system components and basic physiology. Systems to be studied include integumentary, skeletal, muscular, nervous, and special senses.

Prerequisites and/or Corequisites:

None

Course Notes and Instructor Recommendations:

- Check your MCC email for class communication.
 - Send all emails from your MCC student account.
 - Identify the course name and time in the subject line. (For example, MW8 A&P1).
 - Proper format is not required. Quick emails are fine.
- Important communication MUST be emailed.
 - This includes requests to be dropped or other requests regarding changes in class.
- Students with Accommodations who wish to take Unit Lecture Exams in The Testing Center must inform me in writing in email.
 - The Testing Center requires a 24-hour notice for scheduling.
- Please make an appointment to cover important topics. A discussion between classes is NOT a meeting.
- Check Brightspace for Powerpoints, Attendance, Grades, and Assignments.

Instructor Information:

Instructor Name: Dr. Jacqueline Dove MCC E-mail: jdove@mclennan.edu
Office Phone Number: (254) 299-8582
Office Location: Health Professions 231

- HP is located next to Science and is across from Nursing (HPN).
 - Enter the building and take the hallway facing the Science building

Office/Teacher Conference Hours: Monday/Wednesday 2:30-3:30, Fridays: 12:00-3:00.

Please contact for appointments. Friday mornings are also available

Other Instruction Information: Appointments can also be scheduled on Zoom

Required Text & Materials: (included in tuition- don't buy separately)

Human Anatomy & Physiology (LL)

Author: Marieb **Edition:** 11th

ISBN: 9780135161944 Copyright Year: 2019 Publisher: Pearson

MCC Bookstore Website: http://www.mclennan.edu/bookstore/

Methods of Teaching and Learning:

I use a lecture format to cover information from the text. The book is the foundational guide but I supplement information based on current research as needed. Powerpoints are provided and provide a summary and outline of the material. Classroom discussion is encouraged.

- **Lecture Presentations:** PowerPoint lectures will cover anatomical structures, physiological concepts, and related terminology.
- Lab Activities/Assignments: Laboratory will include the identification of anatomical models, diagrams, images, and discussion boards.

Course Objectives and/or Competencies:

This course teaches students:

- 1. **Critical Thinking (CT):** to include creative thinking, innovation, inquiry and analysis, evaluation and synthesis of information.
- Taught through daily discussion and assessed using lecture exams with a coursewide bank of CT questions and laboratory exercises that challenge students to answer more complicated real-life questions and predict outcomes using what they have learned in lecture.
- 2. Communication Skill (COM): to include effective written, oral, and visual communication.
- Taught through formal or information presentation (including oral, written and visual components), class discussion and assessment via common rubric or use of scientific language, clarity, and understanding. Also taught using scientific articles or current events within face-to-face or online discussion groups.
- 3. **Empirical and Quantitative Skills (EQS):** to include applications of scientific and mathematical concepts.
- Taught using specific laboratory exercises involving measurements and very basic data collection (for example measuring arm length among each group, tallying the data, and then analyzing it by gender and height).
- 4. **Teamwork:** To include the ability to consider different points of view and to work effectively with others to support a shared purpose or goal.
- Taught using specific laboratory or homework exercises and/or through class or online discussion groups.

Learning Outcomes (Lecture)

Upon successful completion of this course, students will:

- 1. Use anatomical terminology to identify and describe locations of major organs of each system covered.
- 2. Explain interrelationships among molecular, cellular, tissue, and organ functions in each system.
- 3. Describe the interdependency and interactions of the systems.
- 4. Explain contributions of organs and systems to the maintenance of homeostasis.
- 5. Identify causes and effects of homeostatic imbalances.
- 6. Describe modern technology and tools used to study anatomy and physiology.

Learning Outcomes (Lab)

- 1. Apply appropriate safety and ethical standards.
- 2. Locate and identify anatomical structures.
- Appropriately utilize laboratory equipment, such as microscopes, dissection tools, general lab ware, physiology data acquisition systems, and virtual simulations.
- 4. Work collaboratively to perform experiments.
- 5. Demonstrate the steps involved in the scientific method.
- 6. Communicate results of scientific investigations, analyze data and formulate conclusions
- 7. Use critical thinking and scientific problem-solving skills, including, but not limited to, inferring, integrating, synthesizing, and summarizing, to make decisions, recommendations and predictions.

Course Attendance/Participation Guidelines:

If a student is not in attendance in accordance with the policies/guidelines of the class as outlined in the course syllabus as of the course census date, faculty are required to drop students from their class roster prior to certifying the respective class roster. A student's financial aid will be reevaluated accordingly and the student will only receive funding for those courses attended as of the course census date.

Before the 60% point of the semester, a student who is absent for 25% or more of a face-to-face or blended course or who misses 25% or more of assigned work for an online course will be withdrawn from the course with a grade of W. A student may also request to be withdrawn with a grade of W before the 60% point of the semester. After the 60% point of the semester, the student may request to be withdrawn if the student is passing, or be assigned the final grade earned at the end of the semester after grades have been updated to reflect missing work.

Attendance & Participation Grade

Attendance will be taken in face-to-face meetings! This information can be reviewed in Brightspace.

- ❖ Students must attend 75% of the classes in order to get credit.
 - Excused absences due to illness or emergencies allow for the make-up of missed material. It does not erase the absence.
 - 75% attendance is still required.
 - Do NOT schedule the HESI or other entrance exams on exam dates. That is not an excused absence.
- ❖ Do not squander your absences. There are 30 classroom days plus the final. Allowed absences give time for unforeseen events.
 - ❖ I am not distracted by tardies. Don't be shy or miss class if you are late! Being late is better than being absent. Your presence in class is valuable and adds to the class atmosphere.
 - Please let me know if you need to leave class early.
 - If class is canceled, attendance will be based on Discussion Board participation
 - Work is not an excused absence.

Click Here for the MCC Attendance/Absences Policy

(https://www.mclennan.edu/highlander-guide/policies.html)

Click on the link above for the college policies on attendance and absences. Your instructor may have additional guidelines specific to this course.

<u>Course Outline or Schedule:</u> Lab Practical 3 and the Final Exam are hard dates that will not change. The rest of the schedule is tentative and may change as needed.

WEEK	DATE	TOPIC	
1	M: Jan 08	UNIT 1	
	W: Jan 10*online	Ch. 01: The Human Body: An Orientation	
2	M: JAN 15: HOLIDAY	Ch. 02: Chemistry	
	W: Jan 17	Ch. 03: Cell Physiology	
3	M: Jan 22	Ch. 04: Tissues Ch. 05: Integumentary System	
	W: Jan 24		
4	M: Jan 29	UNIT 1 LAB PRACTICAL & UNIT 1 EXAM (Ch. 1-5)	
	W: Jan 31	Approximately week 5-6	
5	M: Feb 05		
	W: Feb 07		
6	M: Feb 12	UNIT 2	
	W: Feb 14	Ch. 06: Bone Physiology	
7	M: Feb 19	Ch. 07: The Skelton	
	W: Feb 21	Ch 08: Joints	
8	M: Feb 26	Ch. 09: Muscle Physiology	
	W: Feb 28	Ch. 10: The Muscular System	
9	M: Mar 11	UNIT 2 LAB PRACTICAL & UNIT 1 EXAM (Ch. 1-5)	
	W: Mar 13	Approximately week 10-11	
10	M: Mar 18		
	W: Mar 21*	60% date is 3/21	
11	M: Mar 25		
	W: Mar 27		
12	M: Apr 01	UNIT 3	
	W: Apr 03	Ch. 11: Fundamentals of the Nervous System and Nervous	
13	M: Apr 08* REMOTE	Tissue	
	W: Apr 10	Ch. 12: The Central Nervous System	
14	M: Apr 15	Ch. 13: Peripheral Nervous System	
	W: Apr 17	Ch. 14 Autonomic Nervous System	
15	M: Apr 22	Ch. 15: Special Senses	
	W: Apr 24	Lab Practical 3: Nervous System & Special Senses	
16	M: Apr 29	FINAL EXAM 11:10-1:10	

HOLIDAYS: MLK 1/15, Spring Break 3/4-3/8
REMOTE: 1/10, 4/8

Course Grading Information:

Requirement*	Percentage
Lecture Exams	30%
Lab Exams	30%
Assignments	40%

GRADING SCALE	Grade
100-90%	Α
89-80%	В
79-70%	С
69-60%	D
Below 60% or > 7 absences	F

Exam Policy

Exams are 60% of the Final Grade. This includes lecture exams (30%) and lab practicals (30%). Exams have the most significant impact on your grade.

- Make-up Exams will only be allowed with an EXCUSED absence
 - o Thus includes **documented** illness, emergencies, or travel for MCC athletes
- Students must inform Dr. Dove in writing if they will miss an exam BEFORE the exam
 date.
- All make-up exams must be scheduled within 1-week of the missed exam.
- All make-ups must be taken before Lab Practical3.

Unit Lecture Exams

Lecture exams include 75-100 questions and consist of multiple choice, matching and short-answer questions.

- Scantron (form 882-E) is required for each multiple choice lecture exam
- Bring a number 2 pencil and good quality eraser.
 - Please do NOT use a mechanical pencil for essay questions or the lab practicals.
 These pencils are too light for my vision.
 - Pens are allowed for essay exams.
- Exam1: Chapters 1-5: Human Body, Chemistry, Cells, Tissues, Integumentary.
- Exam2: Chapters 6-10: Bone and Skeletal Tissues, Joints, Muscles and Muscle tissue
- **FINAL:** Chapters 11-15 plus comprehensive: Fundamentals of the Nervous System and Nervous Tissue, Nervous system divisions, Special senses
 - Approximately 80% of the exam will be from Chapters 11-15. The remaining 20% includes questions from previous exams.

Unit Lab Exams

Lab Practicals are Recall Exams which consists of 50 questions on identification of anatomical structures and their functions. Students will identify structures on anatomical models, line diagrams, and PowerPoint slides.

Lab exams will be divided into 3 areas of study.

- Lab Exam 1: Practical exam. The cell, Tissue identification, Integumentary.
- Lab Exam 2: Practical exam. Skeletal system and Joints, Muscular system
- Lab Exam 3: Practical exam. Nervous system, Special senses.

Anatomy & Physiology I

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Worksheets and Lab Assignments:

Assignments are 40% of the total grade. The **Assignments Grade** includes lab work, assignments and discussion boards.

- ❖ Because assignments coincide with lectures, late assignments will not be accepted.
 - Due dates are hard dates.

Discussion Boards

Discussion Boards provide an opportunity to reinforce material we are covering in the Unit. Explaining a concept is a robust way to learn material. It also reinforces teamwork and the classroom community.

- Students will post on the assignment prompt and then discuss the topic with at least 2 classmates.
 - Discussion with classmates must show understanding of the physiological or anatomical concepts
 - Failure to engage with other classmates will result in an automatic 5 point deduction (2.5 points each)
 - This deduction is a penalty for not following directions
- However, the TOTAL Grade is based on discussion which demonstrates understanding of physiological concepts covered in the Unit.
 - Bonus points are possible

Extra Credit Opportunities:

Extra credit will be awarded throughout the semester. Extra points can be awarded during exams and in the Discussion Boards.

Late Work, and Make Up Work Policies:

Late Work and Make Up Work Policies:

Students must contact Dr. Dove if there are circumstances that impact completing an assignment.

- Missed Lab work will only be accepted with excused absences.
- No extensions will be given if it's been over a week without communication
 - It is the student's responsibility to contact Dr. Dove
- Brightspace Assignments generally have over a week to complete. Do not wait until the
 last minute to avoid potential technical problems. Assignments coincide with lectures and
 will not be accepted late.

Student Behavioral Expectations or Conduct Policy:

A classroom is a professional environment and should be approached accordingly.

- Students are expected to maintain classroom decorum that includes respect for other students and the instructor, prompt and regular attendance, and an attitude that seeks to take full advantage of the education opportunity.
- The classroom community must facilitate learning with an atmosphere that is respectful and free from harm. Harassment of individuals in or outside of the classroom will be reported to university personnel. Avoid making comments to insult or belittle. Bullying and cyberbullying are degrading behaviors and against the student conduct policy.
- When meeting face-to-face, electronics etiquette must be maintained.
 - Cell phones must be turned off/silenced. Texting and/or calls must be limited to emergency situations. Students who repeatedly partake in texting or staying on their phones will be asked to leave the classroom and marked absent for that day.
 - o Computer use in the classroom is limited to A&P content ONLY.
 - To avoid distractions, students with computers may be placed in a computer section in the classroom.
- Sleeping in the classroom is a distraction from the learning environment. Please come to class prepared to learn.

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ACADEMIC RESOURCES/POLICIES

Accommodations/ADA Statement:

Any student who is a qualified individual with a disability may request reasonable accommodations to assist with providing equal access to educational opportunities. Students should contact the Accommodations Coordinator as soon as possible to provide documentation and make necessary arrangements. Once that process is completed, appropriate verification will be provided to the student and instructor. Please note that instructors are not required to provide classroom accommodations to students until appropriate verification has been provided by the Accommodations Coordinator. For additional information, please visit www.mclennan.edu/disability

Students with questions or who require assistance with disabilities involving physical, classroom, or testing accommodations should contact:

disabilities@mclennan.edu (254)299-8122 Room 319. Student Services Center

Title IX:

We care about your safety, and value an environment where students and instructors can successfully teach and learn together. If you or someone you know experiences unwelcomed behavior, we are here to help. Individuals who would like to report an incident of sexual misconduct are encouraged to immediately contact the Title IX Coordinator at titleix@mclennan.edu or by calling, Dr. Claudette Jackson, (Accommodations/Title IX) at (254) 299-8465. MCC employees are mandatory reporters and must report incidents immediately to the Title IX Coordinator. Individuals may also contact the MCC Police Department at (254) 299-8911 or the MCC Student Counseling Center at (254) 299-8210. The MCC Student Counseling Center is a confidential resource for students. Any student may report sexual harassment anonymously by visiting http://www.lighthouse-services.com/mclennan/

Additionally, Title IX provides rights and protections for pregnant and newly parenting students. Go to McLennan's Title IX webpage at www.mclennan.edu/titleix/. It contains more information about definitions, reporting, confidentiality, resources, and what to do if you or someone you know is a victim of sexual misconduct, gender-based violence or the crimes of rape, acquaintance rape, sexual assault, sexual harassment, stalking, dating violence, or domestic violence.

Student Support/Resources:

MCC provides a variety of services to support student success in the classroom and in your academic pursuits to include counseling, tutors, technology help desk, advising, financial aid, etc. A listing of these and the many other services available to our students is available at http://www.mclennan.edu/campus-resource-quide/

Academic Support and Tutoring is here to help students with all their course-related needs. Specializing in one-on-one tutoring, developing study skills, and effectively writing essays. Academic Support and Tutoring can be found in the Library and main floor of the Learning Commons. This service is available to students in person or through Zoom. You can contact the Academic Support and Tutoring team via Zoom or email (ast@mclennan.edu) by going to our website (https://www.mclennan.edu/academic-support-and-tutoring/)

College personnel recognize that food, housing, and transportation are essential for student success. If you are having trouble securing these resources or want to explore strategies for balancing life and school, we encourage you to contact either MCC CREW – Campus Resources Education Web by calling (254) 299-8561 or by emailing crew@mclennan.edu or a Success Coach by calling (254) 299-8226 or emailing success@mclennan.edu.

Paulanne's Pantry (MCC's food pantry) provides free food by appointment to students, faculty and staff. To schedule an appointment, go to https://calendly.com/paulannespantry-mcc/15min.

The CREW, Success Coaches, and Paulanne's Pantry are all located on the second floor of the Student Services building in Success Coaching Services.

MCC Foundation Emergency Grant Fund:

Unanticipated expenses, such as car repairs, medical bills, housing, or job loss can affect us all. Should an unexpected expense arise, the MCC Foundation has an

emergency grant fund that may be able to assist you. Please go to https://www.mclennan.edu/foundation/scholarships-and-resources/emergencygrant.html to find out more about the emergency grant. The application can be found at https://www.mclennan.edu/foundation/docs/Emergency Grant Application.pdf

MCC Academic Integrity Statement:

Please view our <u>Academic integrity statement</u> for more information about academic integrity, dishonesty, and cheating. The unauthorized use of artificial intelligence (AI) for classwork can be a violation of the College's General Conduct Policy. Whether AI is authorized in a course and the parameters in which AI can be used in a course will be outlined by each instructor.

Minimum System Requirements to Utilize MCC's D2L|Brightspace:

Go to https://www.mclennan.edu/center-for-teaching-and-learning/Faculty-and-Staff-Commons/requirements.html for information on the minimum system requirements needed to reliably access your courses in MCC's D2L|Brightspace learning management system.

Minimum Technical Skills:

Students should have basic computer skills, knowledge of word processing software, and a basic understanding of how to use search engines and common web browsers.

Backup Plan for Technology:

In the event MCC's technology systems are down, you will be notified via your MCC student email address. Please note that all assignments and activities will be due on the date specified in the Instructor Plan, unless otherwise noted by the instructor.

Email Policy:

McLennan Community College would like to remind you of the policy (http://www.mclennan.edu/employees/policy-manual/docs/E-XXXI-B.pdf) regarding college email. All students, faculty, and staff are encouraged to use their McLennan email addresses when conducting college business.

A student's McLennan email address is the preferred email address that college employees should use for official college information or business. Students are expected to read and, if needed, respond in a timely manner to college emails. For more information about your student email account, go to www.mclennan.edu/studentemail.

Instructional Uses of Email:

Faculty members can determine classroom use of email or electronic communications. Faculty should expect and encourage students to check the college email on a regular basis. Faculty should inform students in the course syllabus if another communication method is to be used and of any special or unusual expectations for electronic communications.

If a faculty member prefers not to communicate by email with their students, it should be reflected in the course syllabus and information should be provided for the preferred form of communication.

Email on Mobile Devices:

The College recommends that you set up your mobile device to receive McLennan emails. If you need assistance with set-up, you may email Helpdesk@mclennan.edu for help.

You can find help on the McLennan website about connecting your McLennan email account to your mobile device:

- Email Setup for iPhones and iPads
- Email Setup for Androids

Forwarding Emails:

You may forward emails that come to your McLennan address to alternate email addresses; however, the College will not be held responsible for emails forwarded to an alternate address that may be lost or placed in junk or spam filters.

For more helpful information about technology at MCC, go to MCC's Tech Support or email helpdesk@mclennan.edu.

Disclaimer:

The resources and policies listed above are merely for informational purposes and are subject to change without notice or obligation. The College reserves the right to change policies and other requirements in compliance with State and Federal laws. The provisions of this document do not constitute a contract.