



WACO, TEXAS

**COURSE SYLLABUS
AND
INSTRUCTOR PLAN**

Transition to Professional Nursing Competencies

RNSG 1118

INSTRUCTORS

Angela Mathis, MSN, RN

Tiffanie Elbrecht, MSN, RN-BC, CHSE, EMT-B

Angelina Rodriguez, APRN, MSN, AGNP-C

NOTE: This is a Summer 1 & 2 course.

Transition to Professional Nursing Competencies

RNSG 1118-01

Course Description:

Transition to professional nursing competencies in the care of patients throughout the lifespan. Validates proficiency in psychomotor skills and clinical reasoning in the performance of nursing procedures related to the concepts of: clinical judgment, comfort, elimination, fluid and electrolytes, nutrition, gas exchange, safety, functional ability, immunity, metabolism, mobility, and tissue integrity. Includes health assessment and medication administration. This course lends itself to a concept-based approach.

Prerequisites and/or Corequisites:

PREREQUISITES: Admission to ADN Program

COREQUISITES: RNSG 1128, 1324

Course Notes and Instructor Recommendations:

- Students are responsible for materials placed on Brightspace and Evolve by faculty daily.
- Many announcements are also sent out via students' MCC email.
- Due to inter-relationship of nursing courses taught each semester, if a withdrawal from one nursing course is necessary, the student must withdraw from all nursing courses. A student with a failure in a nursing course who is granted re-admission to that semester will take all the courses for that specific semester even if they were successful in one or more courses for that semester previously. Each semester's nursing courses are concurrent courses. At no time may a student take only the theory course(s) or clinical course(s).
- Students are expected to check their MCC email and Brightspace announcements daily for changes and updates.
- Posting of PowerPoint presentations, lecture notes, and other materials are at the discretion of each individual instructor.
- Communication with the student's assigned faculty advisor and/or clinical instructor will occur through MCC email only.
- See ADN Student Handbook posted on Brightspace within the course.

Instructor Information:

Instructor: Angela Mathis, MSN, RN

MCC E-mail: amathis@mclennan.edu

Office Phone Number: 254-299-8405

Office Location: HPN 229

Cell: 254-715-1657

Office/Teacher Conference Hours: See instructor door schedule

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Instructor: Tiffanie Elbrecht MSN, RN-BC, CHSE, EMT-B
MCC E-mail: telbrecht@mclennan.edu
Office Phone Number: 254-299-8352
Cell: 830-265-7836
Office/Teacher Conference Hours: See instructor door schedule

Instructor: Angelina Rodriguez, APRN, MSN, AGNP-C
MCC E-mail: arodriguez@mclennan.edu
Office Phone Number: 254-299-8353
Office Location: HPN 122
Cell: 337-718-2416
Office/Teacher Conference Hours: See instructor door schedule

Please use email as first attempt of contact to Instructors. Instructor cell phone numbers may be used after email has been attempted, but please be respectful by keeping texts or calls between 7 am and 5 pm. Please allow 24 hours for response. An exception to this rule may involve clinical days in the hospital.

Required Text & Materials:

Evolve/Elsevier: <https://evolve.elsevier.com/cs/>

Texas State Board of Nurses: <http://www.bon.state.tx.us/nursinglaw/npa.html>

MCC Bookstore Website: <http://www.mclennan.edu/bookstore/>

Recommended Text & Materials:

Saunders Comprehensive Review for the NCLEX-PN (w/Access Code)

Student Support/Resources:

MCC provides a variety of services to support student success in the classroom and in your academic pursuits to include counseling, tutors, technology help desk, advising, financial aid, etc. A listing of these and the many other services available to our students is available at <http://www.mclennan.edu/campus-resource-guide/>

College personnel recognize that food, housing, and transportation are essential for student success. If you are having trouble securing these resources, we encourage you to contact a success coach by calling (254) 299-8226. Students can visit the Completion Center Monday-Friday from 8:00 a.m.-5:00 p.m. to meet with a success coach and receive additional resources and support to help reach academic and personal goals. Paulanne's Pantry (MCC's food pantry)

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is open 12:00 p.m.-1:00 p.m., Monday-Friday, without an appointment. The Completion Center and pantry are located on the Second Floor of the Student Services Center (SSC).

Minimum Technical Skills:

Students should have basic computer skills, knowledge of word processing software, and a basic understanding of how to use search engines and common web browsers.

Backup Plan for Technology:

In the event MCC's technology systems are down, you will be contacted/notified through your MCC student email address. Please note that all assignments and activities will be due on the date specified in the Instructor Plan, unless otherwise noted by the instructor.

*** [Click Here for the Minimum System Requirements to Utilize MCC's D2L|Brightspace](https://www.mclennan.edu/center-for-teaching-and-learning/Faculty%20and%20Staff%20Commons/requirements.html) (<https://www.mclennan.edu/center-for-teaching-and-learning/Faculty%20and%20Staff%20Commons/requirements.html>)**

Click on the link above for information on the minimum system requirements needed to reliably access your courses in MCC's D2L|Brightspace learning management system.

MCC

1. *Semester Instructor Plan* (Available in course on Brightspace).
2. [*Associate Degree Nursing Program Student Handbook*](#)

Methods of Teaching and Learning:

Lecture, discussion groups, group projects, field trips, lab exercises, projects, service learning assignments, student performances/presentations, portfolio, written reports/papers, exams, quizzes, simulations, and/or tutorial software.

Course Objectives and/or Competencies:

1. Apply concepts and principles necessary for the performance of professional nursing skills across the lifespan: Student Learning Outcomes (SLO)s 1,2,3,4,5,6,7
2. Demonstrate competency/clinical reasoning in the performance of selected professional nursing skills: SLO's: 1,2,3,5,6,7
3. Demonstrate a complete head to toe and a focused health assessment. SLO's: 2,4,5,7
4. Demonstrate safe medication administration: SLO's: 2,4,5,7

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Course Outline or Schedule:

PART 1: BASIC SKILLS

1. Immunity & Safety
 - A. Handwashing
 - B. Personal protective equipment
 - C. Cleaning blood spill
2. Thermoregulation
 - A. Temperature
 - B. Heat therapy
 - C. Cold therapy
3. Perfusion & Gas Exchange
 - A. Radial Pulse
 - B. Respirations
 - C. Blood pressure
 - D. CPR (Completed prior to first day of class; not reviewed during class)
 - 1) Performance of CPR
 - 2) Foreign body airway obstruction (FBAO)
 - 3) Automatic external defibrillation (AED)
 - 4) Use of bag-valve mask
4. Mobility & Safety
 - A. Positioning
 - B. Moving/transferring a patient
 - C. Applying restraints
 - D. Ambulation/ambulatory devices
5. Comfort
 - A. Bed bath/personal hygiene
 - B. Sitz bath
 - C. Bedmaking
6. Elimination & Nutrition
 - A. Assisting with elimination
 - B. Assisting with eating
7. Tissue Integrity
 - A. Bandages & binders

PART 2: ADVANCED SKILLS

1. Safety
 - A. General culture of safety & National Patient Safety Goals
 - B. First Aid

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- C. Immunity
 - 1) Sterile gloves and sterile field
 - 2) Isolation techniques
 - 3) Surgical hand scrub
 - 2. Clinical Judgment - Assessment
 - A. Head to toe physical assessment
 - B. Heart and breath sounds
 - C. Locating pulses & apical heart rate
 - D. Functional ability assessment
 - E. Diagnostic tests
 - 1) Specimen collection
 - 2) Glucose monitoring
 - 3. Patient Education
 - A. Preop teaching
 - 4. Nutrition
 - A. Nasogastric tube insertion/irrigation/removal
 - B. Tube feedings
 - 5. Elimination
 - A. Bowel
 - 1) Enema
 - 2) Removing fecal impaction
 - 3) Ostomy care
 - B. Urinary
 - 1) Catheterization
 - 6. Tissue Integrity
 - A. Suture and staple removal
 - B. Sterile dressing change
 - C. Drainage evacuation
 - D. Wound Irrigation
 - 7. Medication Safety
 - A. Oral and topical
 - B. Injections
 - C. Intravenous piggyback medications (IVPB)
 - D. Intravenous push medications (IVP)
 - E. Insulin
 - 8. Fluids & Electrolytes
 - A. Intake and output
 - B. Venipuncture

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- C. IV initiation and management
 - 9. Gas Exchange
 - A. Oxygenation
 - 1) Pulse oximeter
 - 2) Oxygen administration
 - 3) Incentive spirometer
 - 10. Clinical Judgment
 - A. Situational assessments

Course Grading Information:

The student is required to:

1. Individually demonstrate competency in performing all required nursing skills in a laboratory setting.
2. Students will receive the following grade for skills check-off:
 - a. Successful on the first attempt: 100
 - b. Successful on the second attempt: 75
 - c. Unsuccessful on the second attempt: 0; student fails course and will be removed from the program and all co-requisites: RNSG 1128 and 1324.
3. Regardless of class average, to be successful in RNSG 1118, **ALL** critical skill check offs must be completed satisfactory (75 or greater).

Skills competencies, quizzes and assignments are weighted as follows:

Seven Critical Skills:

<u>Vital Signs Skill</u>		
	Assignment 1a	=3%
	Check off	=10%
<u>Complete Physical Assessment Skill</u>		
	Assignment 2a	=3%
	Check off	=10%
<u>Medication Administration</u>		
	Assignment 3a	=3%
	P.O. Medication Skill	=10%
	Assignment 3b	=3%
	IM and Sub Q injections Skill	=10%
%	<u>Urinary catheter insertion and removal</u>	
	Assignment 4a	= 3%
	Assignment 4b	= 3%
	Check off	= 10%
	<u>IV insertion and removal</u>	
	Assignment 5a	= 3%
	Assignment 5b	= 3%
	Check off	= 10%

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IV Piggy Back and IV Push

Assignment 6a	= 3%
Assignment 6b	= 3%
Check off	= 10%
Total Course Grade	=100%

4. Successfully pass the dosage-calculation **math examination** with a 90% average or better (**within 3 scheduled attempts**.) If unsuccessful on 3rd attempt, student will be removed from the program and all co-requisites: RNSG 1128, 1324

Skills Lab Entry/Exit

Students are expected to be in Skills Lab, on time. For security reasons, the doors to the classroom will remain locked from the outside and will remain locked after class starts. If the student arrives late, the student will need to knock on the door to be allowed in by the instructor. If the student must leave class due to unforeseen circumstances, or if the student must step outside the classroom during active practice time, the student should let the instructor know they are leaving. The students' cooperation is required and appreciated.

Student Tardiness - Skills Lab

Tardiness and/or failure to notify the appropriate supervisor (Skills Lab faculty) in advance of an absence or expected tardiness will be considered unprofessional. The student is expected to be in Skills Lab prepared to begin assignments at the designated time.

A student not present during the taking of attendance at the beginning of class and arrives PAST the roll taking, will be considered tardy. The first tardy event will result in a Professional Action Plan "warning", unless student has already received a warning for another offense. A second tardy event occurring within the same semester will result in a second Professional Action Plan with a written assignment and referral to *Insight Resource Center*.

Student Absences – Skills Lab

All absences from Skills Lab (entire day or partial), whether excused or unexcused, requires the student to make up missed hours. This policy aligns with MCC's ADN Student Handbook, *Theory Attendance/Absences* (p. 77). See the Student Handbook for more detailed information.

The makeup assignment(s) will be at the discretion of Skills Lab faculty and will be specifically designed to foster learning of the theory and skill(s) missed, as well as serve to provide a method to make up hours as required by MCC student policy and ADN Program.

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Student Behavioral Expectations or Conduct Policy:

Professional Expectations:

1. Be on time and remain throughout class. Arrive at least 10 minutes early to class.
2. Be in class every day and ready to learn. Should some unforeseen incident occur preventing your attendance, contact the course leader, Mrs. Mathis, amathis@mclellan.edu or 254-299-8405.
3. Be a professional. Maintain a professional attitude and be positive. Maintain classroom civility, which includes respect for other students and for the faculty. Civility is expected in all verbal and electronic interactions with peers, professors, and college administrators.
4. Know your course expectations. Read the course "Instructor Plan". Check course calendar, the learning management system (Brightspace) and MCC email daily.
5. Collegiality: Be a positive and productive influence in your work/learning environment, communicating and working professionally, safely, and legally.
6. Know your ethical responsibility to your chosen profession, and the public you will serve.
7. Collaboration: As a professional, you will collaborate with clients, their families, other professionals in the health career arena. Be civil, and open to new ideas and research that promote the healing environment.
8. At all times, uniforms and lab coats will be clean, freshly laundered and pressed if needed. Uniforms will be worn when students are engaged in nursing class activities in Skills Lab. Student will wear full uniform except in situations where they are specifically instructed not to do so.
9. Additional student behavioral expectations are in the ADN Student Handbook.

Reference:

Billings, D. M., Halstead, J. A., (2016). Teaching in Nursing: A guide for faculty. St. Louis, MO. Elsevier. 14:236.

Student's Unprofessional Behavior – Skills Lab

The Center for Academic Integrity, of which McLennan Community College (MCC) is a member, defines ACADEMIC INTEGRITY as a "commitment, even in the face of adversity, to five fundamental values: **honesty, trust, fairness, respect** and **responsibility**. *Responsibility* is defined as the adherence to policies/procedures and guidelines.

A first violation of *Student Behavioral Expectations or Conduct Policy* will result in the student receiving a written *Professional Action Warning*, which will not require a written assignment. A second violation of *Student Behavioral Expectations or Conduct Policy* will result in a written *Professional Action Plan*, which will include a written assignment.

Student Behavioral Expectations or Conduct Policy Violations:

Gum or hard candy	Cell phone use or ringing in class
Tattoo exposure	Hair not neatly arranged and falling in face
Nose/tongue pendent	More than one earring in a single ear

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Incivility to faculty or peer

No uniform/badge

Communication (improper or lack of verbal, nonverbal, written)

Tardy (covered under Late Work, Attendance, and Make-Up Work Policies)

The student is expected to correct the behavior immediately.

Official E-mail Communication Policy:

Scope

This policy applies to all students enrolled at McLennan Community College (MCC) and to all MCC employees. All students, staff, and faculty will use their official college e-mail addresses when conducting college business. It is MCC's policy to assign all students, upon registration, an official e-mail address, which may remain in effect up to twelve months after students are no longer enrolled at MCC. MCC student e-mail addresses will be the only e-mail authorized to communicate. Students are expected to read and, if needed, respond in a timely manner to college e-mails.

Students need to check their college e-mail daily to avoid missing time-sensitive or important college messages. Students may forward college e-mails to alternate e-mail addresses; however, MCC will not be held responsible for e-mails forwarded to alternate addresses. A student's failure to receive or read official communication sent to the student's assigned e-mail address in a timely manner does not absolve the student from knowing and complying with the content of the official communication.

Quizzes

See calendar in RNSG 1118 Brightspace for access and due dates.

Once started, a quiz must be completed in one sitting. Quizzes are set for "forced completion", which means the system will save and submit automatically when time expires. Failure to complete the quiz by the due date and time will result in the computer-assigned grade. Student will receive credit for only the questions answered correctly.

Skills Guidelines

1. Students will be assigned to a group and must remain with their assigned teammates at their assigned time for skills practices, activities, and peer check-offs.
2. Students will be **individually evaluated and graded** on the following skills:

P.O. Medication	Complete Physical Assessment
Vital Signs	Urinary catheter insertion and removal
IV insertion and removal	IV Piggy Back and IV Push
IM and Sub Q injections	
3. Practice is required for **ALL** skills. Home practice and Instructor Guided Practice is to be completed with assigned groups.
 - a. Individual practice outside of scheduled skills lab time must be set up with Skills Lab staff by appointment only. Please use instructor email:

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amathis@mclennan.edu

- b. Students are required to use lab supplies found in their bags for practice in Skills Lab and must exhaust this supply prior to requesting replacement.
 - c. Good stewardship of **ALL** supplies is expected, which means some items may require repackaging by the student
4. Students will be limited to a **maximum of two attempts** at any one skill.
- a. The student will receive the following grade for the check-off:
 - i. Successful on the first attempt: 100
 - ii. Successful on the second attempt: 75
 - iii. **Unsuccessful on the second attempt**: 0; student will be removed from the program and all co-requisites: RNSG 1128, 1324.
 - b. **The second attempt may** be evaluated by multiple faculty and/or by video. The student will be deemed satisfactory if the majority of the team agrees.
 - c. Students must successfully complete each check-off within **20 minutes**, except for the **physical assessment and urinary catheter**, which must be completed within **30 minutes**. During this time, the student may start over, but must perform the skill satisfactorily during the remaining time.
 - d. If a student is called to check-off and states that he/she is not ready, it will be counted as the first attempt.
 - e. If a student is not successful with a first check-off, he/she will be required to complete remediation with Skills Lab staff within three business days. When a student completes remediation, the remedial instructor will sign the rubric indicating remediation was completed.
 - f. Students must verbalize the steps from the rubric that they are implementing by memory during all check-offs. The student must also verbalize the documentation of the skill performed. (Documentation is NOT counted as part of the skills check-off performance **time**.) The student will either document on paper outside the skills check-off area and submit to the instructor within 20 minutes after completing the skill, or document electronically per the instructor's instruction. The student will be made aware of the documentation method prior to the skill check-off.
 - g. If a student is unsuccessful on the first attempt, he/she will have **five business days** to complete the 2nd attempt, unless otherwise approved by Skills Lab faculty.
 - h. If the student is unsuccessful on the second attempt, he/she **fails** that skill, and thus, **fails** the skills course. He/she will be removed from the program and all co-requisites RNSG 1324, 1128,.

Official E-mail Communication Policy:
Scope

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Students need to check their college e-mail daily to avoid missing time-sensitive or important college messages. Students may forward college e-mails to alternate e-mail addresses; however, MCC will not be held responsible for e-mails forwarded to alternate addresses. A student's failure to receive or read official communication sent to the student's assigned e-mail address in a timely manner does not absolve the student from knowing and complying with the content of the official communication.

*** [Click Here for the MCC Academic Integrity Statement](http://www.mclennan.edu/academic-integrity)**

(www.mclennan.edu/academic-integrity)

The link above will provide you with information about academic integrity, dishonesty, and cheating.

*** [Click Here for the MCC Attendance/Absences Policy](https://www.mclennan.edu/highlander-guide/policies.html)**

(<https://www.mclennan.edu/highlander-guide/policies.html>)

Click on the link above for the college policies on attendance and absences. Your instructor may have guidelines specific to this course.

Accommodations/ADA Statement

Any student who is a qualified individual with a disability may request reasonable accommodations to assist with providing equal access to educational opportunities. Students should contact the Accommodations Coordinator as soon as possible to provide documentation and make necessary arrangements. Once that process is completed, appropriate verification will be provided to the student and instructor. Please note that instructors are not required to provide classroom accommodations to students until appropriate verification has been provided by the Accommodations Coordinator. Instructors should not provide accommodations unless approved by the Accommodations Coordinator. For additional information, please visit mclennan.edu/disability.

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Students with questions or who require assistance with disabilities involving physical, classroom, or testing accommodations should contact:

disabilities@mclennan.edu

254-299-8122

Room 319, Student Services Center

*** [Click Here for more information about Title IX](#)**

(www.mclennan.edu/titleix)

We care about your safety, and value an environment where students and instructors can successfully teach and learn together. If you or someone you know experiences unwelcomed behavior, we are here to help. Individuals who would like to report an incident of sexual misconduct are encouraged to immediately contact the Title IX Coordinator at titleix@mclennan.edu or by calling Dr. Drew Canham (Vice President for Student Success) at 299-8645. Individuals also may contact the MCC Police Department at 299-8911 or the MCC Student Counseling Center at MCC by calling 299-8210. The MCC Student Counseling Center is a confidential resource for students.

McLennan's Title IX webpage (<http://www.mclennan.edu/titleix/>) contains more information about definitions, reporting, confidentiality, resources, and what to do if you or someone you know is a victim of sexual misconduct, gender-based violence or the crimes of rape, acquaintance rape, sexual assault, sexual harassment, stalking, dating violence or domestic violence.

** You will need to access each link separately through your Web browser (for example: Internet Explorer, Mozilla, Chrome, or Safari) to print each link's information.*